

Logan/Mason ROSC Meeting Notes

July 18, 2024

Attendance:

Kara Davis (Logan County Department of Public Health)
Jeanette Davis (Chestnut Health Systems-Logan/Mason ROSC)
Kendra Jo Day (Memorial Behavioral Health)
Kami Garrison (Chestnut Health Systems-Region 3 TA)
Amy Hopper (Volunteer-Logan County Community Member)
Grace Irvin (Chestnut Health Systems-Logan/Mason ROSC, Prevention, & Youth Impacted Project)
Molly McCain (Lincoln Memorial Hospital)
Brysen McFadden (Oxford House)
Tristan McGrew (Logan/Mason ROSC)
Marie Riley (Sangamon County Department of Public Health)
Kim Turner (Logan County Crime Stoppers, Drug Court, Veterans Court, Logan County Probation, & Hope on 5th Board Member)
Dominic Valenti (Chestnut Health Systems-Logan/Mason Prevention)
Colin Witt (Chestnut Health Systems-Youth Impacted Project)

Old Business:

- First hybrid/in-person meeting
- Logan/Mason ROSC Mission Statement: Improving access to health, wellness, and holistic recovery options for people who are at risk of, or suffering from, substance use disorders while educating and connecting Logan and Mason Counties to reduce stigma and improve recovery outcomes.
- Events: Third Fridays in Lincoln, First Fridays in Havana, and Second Fridays in Mount Pulaski
- Over 20 boxes of Naloxone & Testing Strips have been distributed

New Business:

- Partnering with Lincoln Memorial Hospital to bring new SMART Recovery Meetings
 - First Meetings starts July 19th, 2024, every Friday 11am-12:30
- Two New Veterans Groups to Meet Bi-Monthly.
 - Meetings every 2nd and 4th Wednesday of the month from 6pm-7pm @ Hope on 5th (Recovery Oriented)
 - Meetings Every 1st and 3rd Wednesday of the month from 6pm-7pm @ Hope on 5th (Peer Support)
 - Each Meeting will be held up on the Second Floor at Hope on 5th.

Guest Presenter: Recovery Talk – How does my Piece fit in the puzzle? Discussion for the ROSC.

- What ways can LMROSC support your organization?
 - Share 1 Suggestion to improve
 - Just letting people know we are here. Judgement free and get them to the places they need.
 - Inviting us to events ROSC do in the communities to give out the information. – Resource Tabling both giving information and opportunities to set up a table.
 - Sharing events and services through our social media channels or email blasts.
 - Sharing emails and adding one another to email lists.
 - Communicating changes to resources.
 - Updating and getting information out.
 - More training offered to the public/stakeholders.
- What ways can LMROSC support you?
 - Who is Missing?
 - Faith Community members, who's connected to get people here? – Jeff DeLaughter
 - Gateway
 - Mix of those who are PLE or supporters
 - Logan County Jail.
 - Law Enforcement
 - Carle
 - Heartland Community College.
- What ways can your organization support LMROSC?
 - What sector do I or My organization fit in?
 - Health care – More community oriented versus only medical care but the public more so views as health care.
 - Early Intervention – Dealing a lot more with DCFS, and all those kids are eligible for the program. Along with providing resources, like Narcan, testing strips, recovery resources, early intervention groups. Family based Perspectives. Getting to them as an intact family.
 - Public Health/Health Department
 - Recovery Housing
 - Service Provider/other

On-Going Projects:

- Harm Reduction Resources
 - Logan County
 - Logan County Health Department
 - Vending Machine in Family Custom Cleaners in Lincoln
 - Mt. Pulaski Library
 - Mason County
 - Havana Public Library
 - Mason County Health Department in Havana

- Forman Valley Public Library in Manito

Upcoming Events:

- Partnering with Lincoln Memorial Hospital to bring new SMART Recovery Meetings
 - First Meetings starts July 19th, 2024, every Friday 11am-12:30pm
- Events:
 - Third Friday in Lincoln - last event
- Summer Recovery Jam July 20th, 11am-3:00pm at Kickapoo Creek Park
- Jeff McFadden – Recovery Comedy August 14th and 16th at 6:30pm
- Harm Reduction Panel – August 31st (Facebook)
- Annual Walk 4 Recovery Events:
 - Lincoln - September 7th 11am – 1pm
 - Havana – September 14th 11am - 1pm
- Anti-Stigma Campaign – Focus groups

Recovery In Action:

- Next meeting is August 13th @ 4:30 PM at Hope on 5th, 2nd floor.
- 92 Resource bags have been made for the Logan County Jail at Mason District Hospital.

Member Updates:

- New Logan County Illinois Treatment and Recovery Resources cards from Lincoln Memorial Hospital are available – Molly McCain
- Fundraiser for Hope on 5th next week the Friday the 26th 6 P.M.
 - Community Meeting at Hope on 5th -
- Partnering with Salvation Army and Carle.

Contact Info:

- Jeanette Davis- Recovery Specialist
 - jedavis@chestnut.org ; 217-871-3208
- Grace Irvin- Prevention Coordinator
 - gcirvin@chestnut.org ; 309-451-7776
- Nadia Klekamp- Director of Integrated Community Education
 - nfklekamp@chestnut.org ; 309-824-3765

Next Meeting:

- Thursday, August 15th at 2:00 p.m. at Hope on 5th or via Zoom
 - Join Zoom Meeting:
<https://zoom.us/j/93561727220?pwd=TDVsWHRJdldYWnRnb2dnVFJTaTByQT09>
 - Meeting ID: 935 6172 7220 / Passcode: 395255

End of Meeting: 3:05 p.m.