

McLean County Recovery-Oriented Systems of Care (ROSC) Council Meeting Minutes

Tuesday, July 16th, 2024

Date: Tuesday, July 16th, 2024

Time: 3:30 – 4:30 pm

Location: Hybrid; In-person – Bloomington Public Library, 205 E Olive St, Bloomington 61701; Virtual via Zoom (<https://zoom.us/j/3729798714>)

Agenda:

- Introductions of new ROSC members/attendees
- Council Discussion Topic: FY25 ROSC Planning Process
- McLean ROSC Updates
- Agency Updates & Wrap Up

Attendees:

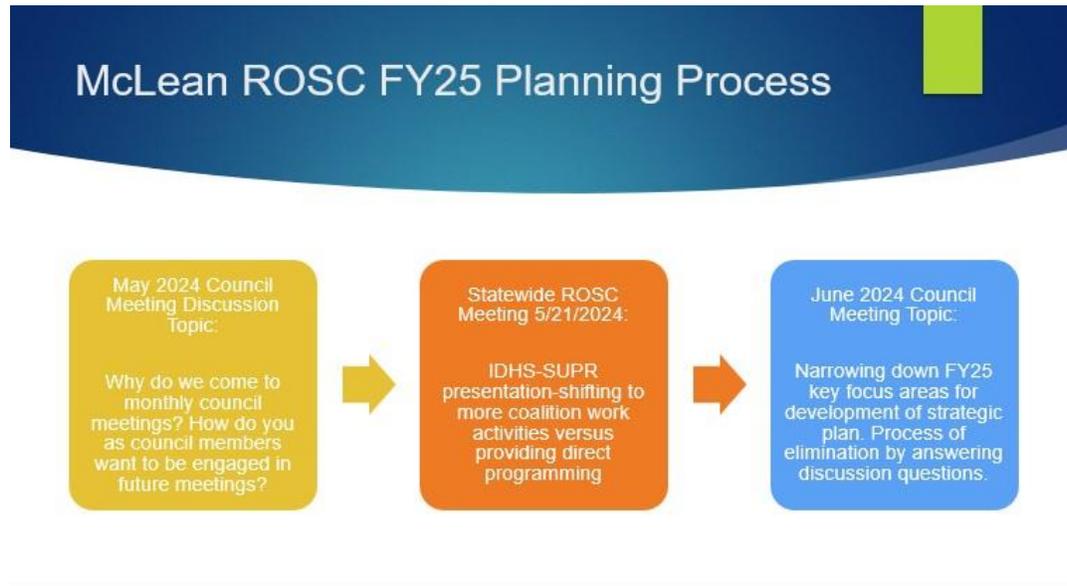
1. Barb Brumleve (McLean/Ford ROSC) *
2. Cat Hays (McLean ROSC) *
3. Kari Knapp (McLean ROSC/CCE) *
4. Emily Hartley (Brightpoint)
5. Natasha Nunoo-Ponder (The Center for Human Services)
6. Jeffrey Ehrmentraut (McLean County CASA)
7. Ryan Faber (Mid Central Community Action)
8. Michelle Cope (Bloomington Public Library) *
9. Andrea Kindseth (LIFE CIL) *
10. Daryl Pass (Kenneth Young Center)
11. Amy Hopper (MCHD)
12. Abbie Lee (SOAR/SUPS)
13. Blake Worman (DuPage ROSC/Serenity House)
14. Colin Witt (CCE/Chestnut Health Systems) *
15. Nolan Recker (CCE/Chestnut Health Systems) *
16. Kami Garrison (Chestnut Health Systems/IL State ROSC TA Region 3)
17. Jeff McFadden (System of Care Coordinator/West Central Illinois ROSC)
18. Selena Nolan (CCHBC/Chestnut Health Systems) *
19. Elise Stewart (Parole Reentry Clinical Assessment Specialist)
20. Emily Hartley (Brightpoint)
21. Christy Germanis (Chestnut Health Systems)
22. Dave King (Carle)
23. Armando Miranda (OMNI Youth Services)
24. Cindy Alcazar (U of I Extension) *

25. Selena Pappas (Central IL FRIENDS)

26. Linette Patterson (CCHBC/Chestnut Health Systems) *

**Denotes in-person attendance*

Council Meeting Discussion Topic: McLean ROSC FY25 Planning Process



We are focusing on Community-Level Change:

- Partnerships and collaborations
- Connecting folks to resources in the community
- Stigma reduction efforts and training/education
- Building community capacity and recovery capital through advocacy
- Continued sector representation and membership growth

The purpose is to clearly identify what community needs need to be prioritized in FY25 and what is within ROSC’s responsibility/scope to accomplish.

- What is realistic? What can be done in 12 months? What is sustainable? Is it cost effective/practical?
- Stressing importance of “sustainable community wide change”

Let’s Brainstorm!

How can ROSC best address education and training needs throughout McLean County in FY25? Consider what is already being done, what are the gaps? Does this idea align with community-level change?

Outcomes:

McLean ROSC currently:

- Supports and host businesses to share their information
- Education on Youth Resources
- Presents to CJCC and Town/City Councils
- Presence at local events-UNIQUE
- ROSC 101 Training for Recovery and facilitators

Ideas:

- Connect with Connectors to advertise to large groups
- Educate the community regarding not enough housing
- Present to CJCC
- Present to Rotary and other clubs
- Find ways to get “invited” to “their” table and drop little ROSC nuggets
- Invite, Invite, Invite
- Increase outreach to local civic leaders (city councils, mayors, city planners, etc)
- Is there an identified need the ROSC can work on and report back to the leader

McLean County ROSC Updates: First and foremost, we would like to thank each and every one of you for showing up, it means SO much!! So nice to see all your faces and all the new members! With that being said, we hope to see you at our next council meeting, **August 20th, 2024**, via Zoom (<https://zoom.us/j/3729798714>).

- **Partnership with Yoga Lab and Chestnut Health Center: Monday, July 22nd, 5:30 to 6:30 at Chestnut Health Center:** Come join us for a night of Recovery Yoga...experience Yoga Lab!!
- **We had a successful 4th Annual Family Night at Grady's**-50 tickets were given out!
- **The Sober Social Planning Committee** meets monthly at 11am on the first Tuesday of each month (contact team if interested in joining) to brainstorm and discuss planning for upcoming Sober Social Events and Outreach/Engagement Initiatives. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.
 - Please contact Cat, via email, cmhays@chestnut.org if you are interested in joining the Sober Social Planning Committee, helping to form any additional sub-committees, updates/events you would like shared on our social media as cross-promotion, or anything else relevant to recovery-oriented services.
- **Available McLean ROSC Print Resources**
 - **ROSC Intro “101” Binders:** Binders are now ready. These are “ROSC 101” Orientation/Intro Binders for new council members or prospective volunteers interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference

Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.

- **McLean County Sober Social Guide (SSG):** The McLean County Sober Social Guide is now available both as a digital copy (<https://heyzine.com/flip-book/505fe4c39d.html>) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at McLeanCountyROSC@gmail.com.
- **Virtual Resource App Business Cards:** If interested in receiving some McLean ROSC Virtual Resource app business cards for yourself or your organization/group/agency, please let us know via email, McLeanCountyROSC@gmail.com.

- **Available Community Trainings – Narcan Administration and QPR – Question, Persuade, Refer**

- If interested in receiving a free QPR-Question Persuade Refer training, please contact the McLeanCountyROSC@gmail.com.

NARCAN Administration

Question.
Persuade.
Refer.

Three steps anyone can learn to help prevent suicide.

QPR – Question, Persuade, Refer

Available Community Trainings

For more info on QPR community trainings, please email McLeanCountyROSC@gmail.com.

- **If you Need Narcan:** Please contact **Kari Knapp (kmknapp@chestnut.org)** for Narcan. If interested in receiving free Narcan administration training, the McLean County ROSC team is now fully trained.

**McLean County
Narcan**

- ▶ The McLean County ROSC Team is fully trained to offer free Narcan trainings!
- ▶ If interested in receiving free Narcan in McLean County, please contact Kari Knapp
 - ▶ kmknapp@chestnut.org
- ▶ If interested in receiving a free Narcan training, please email SR-NARCAN@chestnut.org



Agency Updates

- Michelle Cope gave an update that the Bloomington Public Library is fully open!! If you would like a tour of the beautiful library, please reach out. Help celebrate the grand re-opening celebration on Saturday, August 3rd from 10 am to 12 pm at the library!
- Life CIL has a Peer Support Group for Adults with Disabilities that meets twice a month on Thursdays from 3:30-4:30 pm both in-person at Life CIL and virtually via Zoom. To participate, please RSVP by contacting Shannon Tarkowski by phone, 309-663-5433, or by email, shannon@lifecil.org.

Next Meeting & Contact Info:

- **Next Meeting via Zoom – Tuesday, August 20th, 2024 @ 3:30-4:30 PM**
 - Meeting virtually via Zoom (<https://zoom.us/j/3729798714>)
 - Meeting Code: 372 979 8714
- **Contact Info**
 - Kari Knapp, Associate Director of Community Health
 - kmknapp@chestnut.org
 - 309-391-1802
 - Barb Brumleve, Community Health Specialist
 - bdbrumleve@chestnut.org
 - Cat Hays, Recovery Specialist
 - cmhays@chestnut.org
 - 309-665-2067
 - McLean County ROSC Team

- McLeanCountyROSC@gmail.com

Thank you for all your continued support...CONNECTION is the Key!!