

July 18, 2024 ROSC Council Minutes:

Meeting was called to order by ROSC Coordinator Tia Schum at 3pm on July 18, 2024 at The Piatt County Mental Health Center.

Attendance was taken: Tia Schum (ROSC Coordinator); Annie Ruckman (PLE); Maggie Memmott (DeWitt ROSC Coordinator); MaryJo Dean (Willow Tree Missions); Tony Kirkman (PCMHC); Jensen Eliason (PCMHC); Michele Eliason (PCMHC); Dan Koenigs (PCMHC); Jaime Porter (PCMHC); In addition the following participants joined via ZOOM: Paul Abraham (Omni IHPP); Charles LeGrand (Pavilion); Julie Pohlman (Region 4 TA); Shelly Smith (Oxford House); Michelle Hibbard (Rosecrance); Liesl Wingert (SIU-C).

Introductions – General Introductions were given.

Communication Plan – Tia discussed the Bement support group. The group has grown to 10 with 6 regularly attending. 2 have not returned and 2 are working through some personal stuff before returning. Of the 2 working through some personal stuff, 1 has returned via zoom and 1 has returned but is involved in classes so he will not be regular for a moment. Tia explained that she is able to sit back and observe as the group does their meeting. Tia discussed the Suboxone clinic as well and the continued partnership Kirby Medical Group and The Center have.

Tia discussed upcoming volunteer opportunities in the community. Tia explained that she will need volunteers for these events in the case that her son(s) have football games.

Naloxone trainings:

There have been no trainings recently. Tia discussed reaching out to churches and libraries around the county.

This Month's Activities – Tia discussed the 4th of July event in Bement. Good turnout despite rain. We also have the Kirby Back to School Health Fair, Thursday July 25 😊

Deliverables: Tia discussed the upcoming roster that is due at the end of July. Tia reminded everyone that there may be a few emails going out checking on folks who haven't been in attendance in some time. This is just a reminder that opinions and input matter and if folks don't show up to the table, they are missed. Tia also reminded folks to sign the new membership protocols as well as discussed them.

Guest Speaker – Maggie Memmott, DeWitt ROSC Coordinator. Maggie is a person in long term recovery who shared her story today. Maggie spoke about her father being an alcoholic, the trauma she endured at a young age as well as trauma endured as an adult. Maggie explained that her substance use disorder started with prescribed Xanax to assist with anxiety. This prescription turned into other medications and ultimately to Meth. Maggie explained that she had a fear of judgement and her usage helped shield her from that. Due to her active addiction, Maggie admitted to losing two kids but can say happily that today she has all of her kids and has a great relationship with all of them. Maggie attributes her recovery to her faith in God. Her faith has helped her let go over other people's opinions of her as well as continue on her recovery path. Maggie stated that stigma and judgment do not help people get into recovery, in fact it pushes them the other direction. Maggie is getting ready to celebrate 4 years of recovery and is happy with her life. She is helping people, rents a home, has a couple vehicles, is in a healthy relationship, and is on her way to getting her CRSS.

Sector Speakers – Tony talked about the IYS numbers. Overall consensus appears to be that usage overall is down however exposure to substances is starting younger and 8th graders are being exposed. This sparked conversation about communication with parents about permissive parenting as this number continues to grow. Speaking to PTAs was suggested.

Tony also shared that next month, there will be very important people at The Center discussing possible drug court in Piatt County!

Future engagement opportunities –

7/25 – Kirby Back to School Fair 4 pm to 6 pm

8/28 – International Overdose Awareness Day Candle Light Vigil

8/31 – Hope Lives Fairytale Rides 10a to 4p – volunteers will be letting Tia know if they can assist as she is unable to attend.

10/12 – Monticello Fire Department Open House 12p – 4p

ROSC Deliverables – The ROSC deliverables are constantly looked at to ensure the Piatt County ROSC Committee is staying the course.

Who's Missing? – Tia continued to remind group that IDHS has an expectation that 50% of the total council should be composed of PLEs.

Planning for future engagement opportunities:

Future Meetings – It was agreed that future ROSC Meetings will be held 3rd Thursday of the month @ 3pm with the next Piatt County ROSC meeting being held here at The Center on Thursday August 15 @ 3pm. It was also discussed that it would be helpful to maintain a zoom option for guests.

Satisfaction Survey – A brief verbal satisfaction survey was conducted. Participants felt encouraged by number of those in attendance and the progress made at meeting. It was agreed that more PLEs would help move discussion along and the important thing is to have meetings that move forward the deliverables of the grant.

Meeting was adjourned at 4 pm

Recorded by ROSC Coordinator, Tia Schum