

Recovery Oriented System of Care



Alexander/Pulaski ROSC Council Minutes

07/18/2024

Attendance

Trina Martin, Arrowleaf

Tor Neal, Arrowleaf

Emily Middleton, Arrowleaf

Kelly Johnson, Arrowleaf

Beverly Holland, Region 5 TA

Charlette Jackson, Community Member

Aaron Seibert, Centerstone

Christina White, IDHS SUPR

Cammy Duggins, Arrowleaf

Rochelle Morgan, CHESI

Samantha Carver, Arrowleaf

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Notes

- I. Welcome and Introductions
- II. ROSC Mission and Vision
- III. Old Business
 - a. We discussed the Statewide ROSC meeting!
 - i. We discussed community engagement, building community relationships, and sustainability.
- IV. New business
 - a. Review of the grant year
 - i. We had a great grant year and we look forward to the next one with you!
 - b. Upcoming Grant Year
 - i. National Overdose Awareness Day—August 31 in Mounds Stop
 - ii. Recovery Month coming up in September
 1. Community Movie Night
 - a. September 14
 - b. David Box Field
 - c. 6:30 PM

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iii. Faith Leaders Meeting

1. October 10
2. First Missionary Baptist Church
3. 5:30 PM

iv. Cairo Lights Parade

1. Usually in early December

v. There is another parade at Omstead that we are interested in participating in!

vi. Trainings

1. Trainings will be coming in January presented by our peers!

vii. Healthcare Summit

1. Rolling out in March
2. We would like to partner with doctors and healthcare systems to build a recovery friendly community.

viii. Child Abuse Prevention Month (CAPM)

1. We are working with Prevent Child Abuse-IL now to create an event for this April!

ix. Narcan education in schools

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1. We are hoping to give Narcan training to schools by the end of the year, so both students and teachers know how to use Narcan.
 - x. Wrap-up Report in June
 1. In June, we will have a report that tells all the stats and stories we have collected over the year!
 - c. Recovery Kits
 - i. It is a draw string bag that consists of hygiene items, a snack, and Narcan with information about how to use it.
 - ii. Any suggestions of where to leave them,
 1. Rochelle would like some to go to city hall.
 - d. Cosmetology and SMILES
 - i. We could partner with these folks to give Narcan trainings.
 - ii. SMILES is for elderly folks.
- V. Guest Speakers
- a. We are looking for guest speakers who want to present to our council meetings!
- VI. Announcements
- a. Narcan Tabling at Smoky Hill BBQ on July 19 from 11AM-1PM.
 - b. Narcan table at Cairo Community Bash on July 31 from 10AM-2PM.

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- c. Alexander County Office Re-oping on August 1 from 2PM-4PM
- d. Narcan tabling at the African American Women's Health Conference on August 17 from 8AM-4PM
- e. NEXT MEETING: AUGUST 22
- f. National Overdose Awareness Day on August 31 from 10AM-12PM
- g. Tabling the Smooth Jazz Festival on September 2 from 12PM-3PM.

VII. Community Announcements

- a. Life;Story on September 7 at 7:30 in Marion IL. It is a suicide prevention walk!
- b. CHESI is having multiple Community Bashes in the area! Please see CHESI for more information!
- c. CHESI will be doing a breast cancer walk in October with the Lighthouse by Goreville.

VIII. Ideas

- a. We could hold a community Zumba class!
 - i. We have a partnership with Delta Terece to use their community room!

NEXT MEETING: August 15 at 1PM