
Attendees: Brycen McFadden, Camille Gordon, Christina Isley, Christine Pierce, Darlene Smith, David King, Jamie Miller, Jenny Gomez, Johanna Gonzales, Julie Pohlman, Kaycie Sanders, Kaylee Ann, Leanna Morgan, Linda Scribner, Lisa Edwards, Nicki Hanks, Summer Phillips

Guest Speaker(s): n/a

Note Taker: Leanna Morgan

Minutes

Introductions

- Brycen McFadden, Oxford House
- Camille Gordon, HOPE of East Central IL
- Christina Isley, SLU Department of Family and Community Medicine Research Assistant
- Christine Pierce, Carle Addiction Recovery Center
- Darlene Smith, Douglas County ROSC Recovery Navigator
- David King, Carle Recovery
- Jamie Miller, Arthur Office Manager, SIHF
- Jenny Gomez, Carle Recovery
- Johanna Gonzales, IDHS Statewide ROSC Coordinator
- Julie Pohlman, Statewide ROSC Region 4 TA
- Kaycie Sanders, Dial-A-Ride Public Transportation
- Kaylee Ann Hopkins, Community Outreach and Recovery Support (CORS) Douglas County Recovery Navigator
- Leanna Morgan, Douglas County ROSC Coordinator
- Linda Scribner, Founder of Be Brave
- Lisa Edwards, Douglas County Coroner
- Nicki Hanks, Edgar County ROSC Coordinator
- Summer Phillips, DCHD Health Educator and Outreach Coordinator

Organization Spotlight/ Guest(s)

The spotlight speaker was unable to attend and will be rescheduled for another meeting.

Communication Campaign

A 12-month Anti-Stigma Campaign titled "We Can and Do Recover." This campaign aims to challenge the stigma surrounding substance use recovery by sharing stories of resilience, promoting understanding, and fostering support. Our goal is to create a more inclusive and empathetic society towards individuals in recovery. Leanna provided an overview by month of the ROSC Communication Campaign monthly schedule for FY25.

- July: Campaign Launch
- August: Awareness Building
- September: Personal Stories
- October: Panel Month
- November: Community Engagement
- December: Mid-Campaign Evaluation
- January: Community Engagement
- February: Activities/Education Workshops
- March: Panel/Education/Awareness Building
- April: Family Month
- May: Reflection & Personal Stories
- June: Campaign Wrap-Up & Future Planning

Deliverables

Johanna Gonzalez read the updated ROSC definition and explained what changes were made to it.

- A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or -co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Membership Protocol

The membership protocol items were displayed for attendees to view. Leanna will email out the full membership protocol to view prior to the deliverable due dates. The items presented during the meeting were:

- ROSC Council Mission Statement
 - Collaborating with one another to build and empower communities of recovery.
- ROSC Council Vision and Values
 - Addiction is a primary disease and should be treated as such.
 - Recovery is possible, and people do recover!
 - Family members of persons in recovery and/or with substance use disorder should be supported.
 - It is a community's responsibility to support persons in recovery and their families.
 - Include the voice of all persons on the Council when making decisions.
 - Work to empower persons in recovery and families.
 - Embrace differences!
 - Increase the number of persons in recovery in each community and strengthen their ability to maintain their recovery and thrive in their respective communities.

- The Council is to remain open minded and inclusive to all persons and pathways to recovery.
- Membership Protocol (Updated)
 - Membership on the ROSC Council is open to any and all persons who understand and agree with the mission of the ROSC Council without regard to age, race, sex, creed, gender, sexual orientation, and or mental or physical challenges.
 - Persons on the ROSC Council who serve in the capacity of PLE (Persons with Lived Experience) or a family member of a PLE should not have judgement or criticism placed on them in any situation.
 - Members must be willing to collaborate with other persons or organizations for the purpose of helping persons in recovery.
 - Members will remain open minded and flexible in their thinking and willing to learn from one another.
 - Members will understand serving on this Council is on a volunteer basis and no compensation will be provided; however, travel reimbursement is available when needed.
 - Members must maintain confidentiality and respect the privacy of all members; personal stories and situations may be shared that need to be kept within the ROSC Council.
 - All members will have an understanding of the definitions of “ROSC”, “addiction” and “recovery” as they pertain to the ROSC Council, and additional trainings on these ideas will be offered as needed.
 - Protocols must remain flexible, and the ROSC Council will consider issues not addressed in this reference as they arise on a case-by-case basis. After agreement is reached, and if revision is in the best interest of the Council as a WHOLE, this document may be modified. Unity remains an important component.

Council Meeting Dates (with tentative guest speakers)

- Leanna provided a list of upcoming meeting dates and tentative guest speakers.

Upcoming Events

Leanna provided an overview by month of the council’s tentative monthly schedule for FY25.

August: Overdose Awareness (31st).

- council has a candlelight vigil scheduled for August 31st at 7:00pm, ending at 8:00pm. Be Brave and the Douglas County Sheriff’s Office are hosting along with ROSC/Hour House. Flyers have been shared via email so that council may share, and printed flyers are available. Additional help is needed for the event, reach out to Linda, Leanna or Darlene if interested.

September: Recovery Month.

- Purple torch lights have been ordered to light up a building in Douglas County purple on August 31st after the candlelight vigil and keep out through September. Location of lights TBA.

- Darlene is checking with the local PLEs to see if anyone would be comfortable sharing their story.

October: Prevention

- Leanna and Kristina, Clark/Cumberland ROSC, are collaborating with Prevention First to schedule a virtual panel. Additional information to be provided soon.

November: Homelessness Awareness

- Will be asking for donations of gently used backpacks, hygiene supplies and resources. Council will be discussing more in detail at upcoming council meetings.

December: Gratitude and Family

- Activity is pending

January: Community Engagement

- Activity is pending

February: Person First Language Training

- Training is currently being developed that will be for local organizations, similar to what is typically available on Zoom.

March: Panel- Topic TBA

- Activity is pending

April: Second Chances Month/ Family

- It has been in discussion to host a hobby fair or employment fair.

May: Personal Stories

- Activity is pending

June: Reflection on FY25

- This will be a highlight of the activity for the fiscal year.

Subcommittee Updates, if any.

- Meetings led by Linda Scribner, minutes attached.
- Linda Scribner reported the subcommittee had their first meeting on July 18th. The subcommittee discussed fundraising ideas such as memorial donations, family friendly events, and donation flyers. A goal has been set for \$300,000 by December 31. Linda has added an indicator on the Be BRAVE website to show funds raised. The subcommittee also discussed several grant opportunities that Linda has begun the process toward application. The members divided up tasks to work collaboratively.
- Summer Phillips reported that her and Amanda Minor assisted with reviewing Linda's grant application. Summer also mentioned that details are coming today for a family friendly event.
- The next meeting is scheduled for 8/8/24 at 9:00 am at the Douglas County Annex in Tuscola.

Recovery Navigator (Darlene Smith)

- Darlene reported that education groups are still going strong in the Douglas County Jail.
- August Education group flyer is in monthly newsletter and has been emailed out to council. Council has been asked to share the flyer.
 - August 1st: Small Changes/Zoom 4Pm to 5PM
 - August 15th: Staying Focused/ Zoom 4Pm to 5PM

- August29: Connecting with nature/How connecting with nature can play a healthy part in our recovery process. Ervin park, Tuscola 3Pm to 4Pm
- David King inquired about education groups in the jail. Darlene provided an overview and will set up a Zoom with David to go into additional details.

Other Business and agency updates

Community Outreach and Recovery Support (CORS)

- Kaylee Ann Hopkins, Douglas County Recovery Navigator, gave a brief overview of the CORS program.

East Central IL Deflection Initiative (DART)

- Kickoff at Monticello High School Auditorium (1 Sage Dr. Monticello, IL 61856) on July 31st, 2024 at 1:00 pm- 5:00 pm
- Please email Koren at Kvanderweele@tasc.org to RSVP by July 29 to confirm attendance.

Dial-A Ride

- Kaycie Sanders reported that one driving position is still available in Douglas County. Job posting will remain in ROSC newsletter.

Next meeting: August 24, 2024 at 10:00am at Douglas County Health Dept. and Zoom.

Attendees: Cathy Means, Darlene Smith, Jason Pantier, Leanna Morgan, Linda Scribner, Lisa Edwards, Nathan Chaplin, Nina Pankau, Summer Phillips

Subcommittee Leader(s): Linda Scribner

Note Taker: Leanna Morgan

Minutes

Introductions

- Cathy Means, Hillard Agency
- Darlene Smith, Douglas County ROSC Recovery Navigator
- Jason Pantier, Douglas County Probation
- Leanna Morgan, Douglas County ROSC Coordinator
- Linda Scribner, Founder of Be Brave
- Lisa Edwards, Douglas County Coroner
- Nathan Chaplin, Douglas County Sheriff
- Nina Pankau, Community Member
- Summer Phillips, DCHD Health Educator and Outreach Coordinator

PJs Place

Linda Scribner opened the meeting for any questions about Be BRAVE or the PJs Place project. Linda also provided a current status of where the project currently stands.

- It was mentioned that the largest barrier for location will be stigma. Leanna mentioned that ROSC is currently kicking off an anti-stigma campaign.
- Linda has met with the City of Tuscola to see if rezoning or a special use permit is required for the ideal location

The subcommittee members discussed potential fundraising ideas such as memorial donations, family friendly events, and donation flyers. The members divided up tasks to assist with a family friendly event, details to be announced at a later date. The subcommittee also discussed several grant opportunities that Linda has begun the process toward application. Summer offered to assist in reviewing documents before Linda submits them.

A beginning goal has been set for \$300,000 by December 31. Linda will add an indicator on the Be BRAVE website to show funds raised.

The next meeting is scheduled for 8/8/24 at 9:00 am at the Douglas County Annex in Tuscola.