

# BOUNCE BACK 2 LIFE RECOVERY NETWORK

# BB2L JULY 2024 ROSC MEETING

Call to Order by Araina Mickens
Date: July 17, 2024
Time: 9:30 am - 11:00 am
Location: Virtual
Attendance: Attached
MEETING AGENDA
Introduction of Agencies/ Attendees- Pastor William Jenkins
Moderator- Araina Mickens
Why ROSC is important Araina Mickens
Introductions - Araina Mickens
Speaker- Open Discussion
Questions & Answer
Join the ROSC Movement Pastor Steve Jones
MOUsApostle Carl White
Announcements & Upcoming Events
Complete our Survey
Next Meeting Date August 21, 2024
Lights of Zion Ministries, 11636 S. Halsted, Chicago, 60628



## **Meeting Minutes - BB2L ROSC Council**

Date: [July 17, 2024] Time: 9:30 am Location: Virtual

#### Call to Order:

The meeting was called to order by Araina Mickens.

## **Attendance Registration:**

• Attendees were requested to sign in if they had not already registered.

#### Welcome and Introductions:

- Pastor Jenkins welcomed all attendees, introducing the purpose of the discussion.
- Pastor Jenkins invited each attendee to provide a brief introduction, highlighting their roles within the BB2L ROSC Council.

Araina Mickens gave a quick overview of the importance of ROSC Councils

## **Summary of Open Discussion:**

Mrs. Araina Mickens started off the discussion focusing on the important of recovery and having the programs, support systems, and resources needed for our family and friends who are struggling to succeed. All of the attendees contributed to the conversation, discussing their own struggles with recovery, or having to watch and advocate for family and friends who needed the help. We found that in this area we have shared experiences and participants shared how free they felt to discuss their own personal struggles. We discussed taking judgment away from recovery and mental illness. Some participants discussed the lack of empathy that they received which in turn caused them to shut themselves off from family/friends. Attendees shared tools/resources that worked for them and expressed how much they enjoyed the open forum. The vice president of The South Suburban Council (a substance abuse, mental health, and recovery home provider) joined our call and shared the services and tools that her organization offered. Through conversation we were able to connect 4 of our PLE's to the organization, and one of them was offered a position within the organization.

#### **Pastor Steve Jones:**

- Invited people to become members of BB2L, highlighting the benefits of networking within the Recovery Community.
- Introduced MOUs and underscored the importance of becoming a member.

## **Upcoming Events:**

- BB2L Back 2 School Fest, August 17, 2024
- BB2L August Meeting, August 21, 2024.

**Meeting Adjourned:** The meeting was adjourned by Araina Mickens at 11:00 am.