Massac County Drug Awareness Coalition Monthly Coalition Meeting Wednesday, July 24, 2024, 8:00 a.m. Metropolis City Hall/Zoom

## MINUTES

## 1. Welcome

- a. In person- Robbin McDaniel (Exec Committee/Health Sector Rep), Toni Miller (Exec Committee), Rick Neighbors (Community member), Morgan Holt (Exec Committee/Business), Darla Bond (Counselor/ Kiwanis), Laken Gallo (Guardian Family Services), Reese Thompson (YAC), Olivia Schmidt (YAC), Avery Mounce (YAC), Holly Windhorst (Director), Jasmine Robinson (Prevention Coordinator), Jordan Strong (Recovery Coordinator), Lasha Vincent (Peer Recovery Specialist)
- b. Zoom- Dave Park (Kiwanis), Shauna Hale (Nightshield youth-serving organization), Sydney Shelton (Southern 7 Health Department), Aerie True-Frank (TA Region 1), Beverly Holland (TA Region 5)
- 2. Approve Old Minutes No changes needed to be made. Morgan Holt made a motion to approve the minutes and Toni Miller seconded the motion. All approved none opposed, motion carried.
- 3. Executive Committee Report- Met Monday June 8th, everything will be covered throughout the meeting.
- 4. Fundraising/Sustainability
  - a. Fundraiser Total Update- The 5K made roughly \$7400 which is the most successful fundraiser MCDAC has had and we have decided to keep this fundraiser moving forward. The Golf Scramble made roughly \$4700 which is lower than previous years but we had extra expenses due to golf carts. We also had fewer teams this year but though the number of teams varies from year to year we always make roughly the same amount of money.
  - b. Grant Updates- The ROSC grant was updated and started July 1, 2024 with a little less funding than last year. We have applied for the DFC grant 5 year extension but will not hear until August 30, 2024. We applied for the BASE grant (prevention) with two other counties to create and support Youth Advisory Councils, this if we receive will help with some costs of the YAC and help the other counties form youth groups. We were set to hear about the results at the end of May but we still have not heard if the grant was approved or not. We are also looking for smaller grants to cover the

costs of the Laundry Days and to mitigate the use of Coalition funds as the ROSC grant is no longer funding them. Jordan applied through Ameren for a small grant but we sadly did not receive the funds.

- 5. Prevention Jasmine
  - a. Cebrin Goodman Teen Institute Recap- Jasmine and Holly took 4 high schoolers and 4 junior high students to the Cebrin Goodman Teen Institute, July 14-18 at Eastern Illinois University. Reese Thompson reported out all the workshops and speakers that he got to listen to and how much he liked the set up of CGTI versus the CADCA conference he and Olivia were able to go on last year. Olivia Schmidt reported that she was nervous walking into the first day as everything was overwhelming but quickly realized how non judgemental everyone was and how easy it was to get along with everyone. Avery Mounce reported loving every second of the trip, and her and Olivia have already mapped out their next trip to CGTI. All the students agreed on how fun it was and how much they learned about themselves. Six students participated in the talent show and even Holly and Jasmine participated with the other Mentors. MCDAC is ready to take as many students as are willing next year.
  - b. Drug Prevention Bench- Reese Thompson reported on his Eagle scouts project which is a bench to set outside Massac County High School with a drug-free message "Bench the Drugs. Choose a Healthy life". This bench was designed and put together by Reese. Some items were donated from Lowes and the rest was funded by MCDAC. Reese also designed the sign that is being printed by West End Plaza.
  - c. Teacher Folders The folders will have substance use and mental health information as well as important numbers locally and nationally that can provide support. The goal of these folders is to connect with teachers to open the lines of communication with MCDAC and also give them materials that may aid them in working with students.
  - d. Drug-Endangered Children Alliance- The Alliance is meeting tomorrow, July 25, 2024, at the Elks for lunch. We will discuss how each agency, organization, or individual can establish communications to provide more resources and support to the youth who experience adverse effects from adult drug use.
  - e. Upcoming Events/Tabling- We are looking for volunteers for all of these events so we can spread them across the staff and have volunteers there to help as well.
    - Holland House Celebration August 1 1132 Country Club Rd- 6-7:30 pm

- ii. National Night Out August 6 On Market Street- Unsure about time
- iii. Harrah's School Supply Drive August 8 Community Center 4pm
- iv. Pencils, Prayers, and Praise August 9 Metropolis First Baptist Church
- v. Metropolis Police Dept. Pool Bash August 10 Metropolis Pool 12-5pm
- 6. Recovery Jordan
  - a. Overdose Awareness Event- This will be the third year we have had an overdose awareness event. The International Overdose Awareness Day is August 31 and falls on a Saturday this year, so it is also Labor Day Weekend. Potential alternatives for this event would be Friday August 30th 12-1, any day Monday-Thursday in the evening starting between 5 and 6. It was noted that Friday at lunch will be somewhat hectic because the courthouse employees will be in and out. We decided during the evening sometime Monday-Thursday will be best. We will set a date and get the flyer out as soon as possible. We have purple ribbon yard stakes to represent the local lives lost to an overdose. The information will be on the flyer.
  - b. Recovery Council Update- The council had four new people in attendance last at last week's meeting. We are planning on hosting an "outing" quarterly to increase attendance and keep momentum for the individuals participating. We plan on starting this in the fall and are open to suggestions for outings. The council is mainly working on the Recovery Walk and planning for it coming up in September.
  - c. Laundry Event Sponsorships/Donations- We have received a generous donation of supplies (detergent, dryer sheets, etc.) from St. Matthew Lutheran Church after they collected it for us during the month of June. Any sponsorships or item donations for the laundry mat are welcomed and appreciated. We are still working on finding smaller project grants to cover the cost of these throughout FY 25.
  - d. Recovery Walk/Picnic September 28 Planning is going well. We have the date confirmed and are working on the flyer. Will be sending out an email to all of the agencies/organizations to get a list of confirmed attendance of resources that will be present to create a map of where everyone will set up their table.
  - e. Resource Center : Lasha-Continued growth at the Resource Center with participants and people getting connected to treatment. Last week an

individual we made contact with when we did outreach walking through Metropolis has come in and since been connected to treatment. We also have been working on making the office more welcoming. This was made possible through Arrowleaf with a grant they received from the federal government where we had the office evaluated and they will purchase items of our choosing to create a more welcoming environment.

7. Public Comment/Other

Meeting was adjourned at 9:05 a.m.

Next Meeting: MCDAC Annual Meeting, Wednesday, August 21, 2024, 8:00 a.m., Metropolis City Hall