

August 15, 2024 ROSC Council Minutes:

Meeting was called to order by ROSC Coordinator Tia Schum at 3pm on August 15, 2024 at The Piatt County Mental Health Center.

Attendance was taken: Tia Schum (ROSC Coordinator); Steve Keagle (Lodge Church of God); Jensen Eliason (PCMHC); Charles LeGrand (Pavilion); In addition the following participants joined via ZOOM: Mark Vogelzang (Piatt Co Sheriff Office); Jordan Ziegenbein (Monticello Christian Church); Julie Pohlman (Region 4 TA); Christine Pierce (Carle Outreach).

Introductions – General Introductions were given.

Communication Plan – Tia discussed the Bement support group. The group has grown to 10 with 6 regularly attending. Tia discussed the Suboxone clinic as well and the continued partnership Kirby Medical Group and The Center have.

Tia discussed upcoming volunteer opportunities in the community. Tia explained that Michele Eliason and one other ROSC member have agreed to volunteer Saturday, August 31 for the Fairy Tale's Ride event. Tia also explained that she will be able to represent at the Monticello Fire Open House and invited folks to come sit with her and talk about ROSC.

Naloxone trainings:

There have been no trainings recently. Tia discussed reaching out to churches and libraries around the county.

This Month's Activities – Tia discussed upcoming events. International Overdose Awareness Day is August 31. Piatt County ROSC will be holding their candle light vigil Wednesday, August 28 at 7 pm. Tia shared a little about the guest speaker, Ginger Brennan. Tia also discussed Recovery month, 9/28 event of picnic, remembrance, and trivia as well as started discussing yard signs for the month of September. Tia will present ideas drawn up by a member of the Community Enrichment Group for a vote. The Art work for recovery month was also presented and will be voted on as well. There were two submissions, both will be posted on the electronic billboard in Monticello, IL.

Deliverables: Tia discussed the upcoming membership protocols due at the end of August. Tia also reminded folks to sign the new membership protocols as well as discussed them.

Guest Speaker – Tia was our guest speaker for the month's meeting. Tia shared that she grew up in a pretty normal home with two loving parents. Tia explained that she was not exposed to alcohol use as a child, even at social events. When her grandmother passed away in September of 2002, her senior year in high school, that's when things really started to change. Tia explained that she saw her mother start drinking, her father start telling everyone in the house that we don't talk about what is going on in the house and that we put on a perfect face while in public. As Tia got older and moved out of the house, alcohol was used as a coping mechanism for underlying mental health issues, depression and anxiety. Tia admitted to hating her mom for her choices because Tia had to grow up faster and become the mom figure in the home. Tia admitted to driving home numerous times drunk, almost losing her family (husband and kids), and everything else due to her increased alcohol use. After taking the ROSC Coordinator position, Tia states that she found herself while working with the people she does. Tia has also since fixed the relationship with her mother and states that her mother is her best friend. Tia really stressed the shame of using alcohol to deal with depression and anxiety and the stigma of mental health was a driving force of not dealing with her mental health issues earlier in life.

Sector Speakers – No sector speakers this week. Tia discussed the group of important folks down the hall from the ROSC meeting discussing problem solving court, drug court, and mental health court for Piatt County.

Future engagement opportunities –

8/28 – International Overdose Awareness Day Candle Light Vigil

8/31 – Hope Lives Fairytale Rides 10a to 4p – volunteers will be letting Tia know if they can assist as she is unable to attend.

9/28 – Recovery picnic/day of fun

10/12 – Monticello Fire Department Open House 12p – 4p

ROSC Deliverables – The ROSC deliverables are constantly looked at to ensure the Piatt County ROSC Committee is staying the course.

Who's Missing? – Tia continued to remind group that IDHS has an expectation that 50% of the total council should be composed of PLEs.

Planning for future engagement opportunities:

Future Meetings – It was agreed that future ROSC Meetings will be held 3rd Thursday of the month @ 3pm with the next Piatt County ROSC meeting being held here at The Center on Thursday August 15 @ 3pm. It was also discussed that it would be helpful to maintain a zoom option for guests.

Satisfaction Survey – A brief verbal satisfaction survey was conducted. Participants felt encouraged by number of those in attendance and the progress made at meeting. It was agreed that more PLEs would help move discussion along and the important thing is to have meetings that move forward the deliverables of the grant.

Meeting was adjourned at 4 pm

Recorded by ROSC Coordinator, Tia Schum