



**ROSC Recovery Meeting Minutes**  
**Meeting Date: August 5, 2024**

PRESENT: NAME & ROLE		SECTOR
John Reith, ComWell ROSC Coordinator		Staff
Rhonda Wilson, HCA Support Chair, NAMI-SW		Community Organization
Marie Krysnoski, NAMI-SW		Community Organization
Beverly Holland, TA ROSC Region 5		Health
Johanna Gonzalez, IDHS, ROSC		Health
Jennifer Schulz, Centerstone		Community Organization
Jennifer Grafton, ComWell, Psych Team Manager		Staff
Sandy Prange, ComWell Value Based Care Coordinator		Staff
ITEM	DISCUSSION	TIMELINE & RESPONSIBLE PERSON(S)
<b>Welcome &amp; Introductions</b>		
<b>Old Business</b>	John reported that July was a slower month. The three previous pop up events were successful. Resources were also shared at three local libraries.	
<b>Upcoming Events</b>	<p>Sparta pop up event will be held on August 14<sup>th</sup> from 10-2 @ the Sparta Housing Authority. In addition to \$10 pork steak dinners, we will have free hot dogs. John has plenty of help for this event.</p> <p>HCA will host International Recovery speaker Mark Sanders on September 17<sup>th</sup> from 6:00-7:30 at Trinity Church in Nashville.</p> <p>There will be a Recovery Rally in Chicago on Sept. 21st</p> <p>Recovery pillar will partner with Support pillar to plan a SUDS event in Percy in the Fall.</p>	<p><b>John will send a copy of the Sparta pop up flyer to Marie</b></p> <p><b>Please help share the flyer John &amp; Rhonda will set up event starting @ 5:00. Rhonda can bring deer sausage for Charcuterie table</b></p> <p><b>Sandy will reach out to Streamline laundromat</b></p>
<b>Presentation</b>	John gave a presentation on “The importance of good support systems in Recovery from Substance Use Disorders	

<b>Updates from members</b>	<p>Marie advised that NAMI has a new Friends &amp; Family class starting on August 21<sup>st</sup> @ MHC. The group will meet the 3<sup>rd</sup> Wednesday each month from 6:30-8:00 pm. They are also working with SCH to bring a class to Sparta.</p> <p>NAMI Walk is September 14<sup>th</sup> at Lewis &amp; Clark Community College. Check in begins at 9:30.</p> <p>Rhonda gave an update on resource distribution at the Chester pantry. The new FARMs program is providing more food. She invited John to attend the next event with her on 8/28 as several parents have asked for help regarding their kids drug use.</p> <p>Chestnut marketing outreach specialist Jennifer Schulz shared about an upcoming Suicide Prevention training on September 7<sup>th</sup> in Marion or may attend virtually.</p> <p>Jennifer G. shared that the Suboxone clinic continues to do well and is currently serving about 20 individuals</p> <p>Johana advised the group that September is Recovery month and that there are plans to light up the Chicago skyline in support</p> <p>John advised that the local Gambler's Anonymous group did not take off but the virtual events are still available.</p>	<p>Aug. 28<sup>th</sup> next Chester pantry event</p>
<b>Other</b>	<p>Sandy did follow up with RCORP TA and received information for Recovery Ready &amp; Recovery Friendly workplaces. Those resources were shared with John.</p>	
<b>Next ROSC Recovery Meeting</b>		<p>Need to pick a meeting date as first Monday in September (9/2) is Labor Day</p>

**MISSION:** Increase awareness and education to enhance physical and mental well-being through community partnerships. The principal mission is the reduction of substance use, with a primary focus on reducing youth substance use.

**VISION:** Create a healthy environment where our community can thrive and flourish.