

Recovery Oriented System of Care Membership Protocols

Updated: 8/8/24

Purpose

This protocol offers a framework that delineates the agreed-upon conduct and procedures of the Sangamon County ROSC. This membership protocol seeks to ensure that our ROSC operates with respect and that members feel safe and welcome in this space.

We commit to respecting all ROSC members and their diverse life experiences. In particular, we are committed to valuing and respecting people who use drugs and people in recovery at our ROSC council meetings and related events. In no way will we pass judgement or criticize a person for their behavioral health needs, experiences, or conditions.

Mission, Vision, Values and Goals

It is the duty of every ROSC Council member to adhere to the mission, vision, values and goals of this body. The development and sustainability of a collaborative Recovery Oriented System of Care will work to create a culture that builds and nurtures recovery.

ROSC Mission:

“Collaborating to build and empower communities of recovery.”

- Improving health, wellness, and recovery for individuals and families with or at risk of substance use problems.
- Promoting healthy and safe communities.
- Providing adequate supports for recovery to happen in the community.

ROSC Vision:

“To create a person-centered recovery path with strengths-based involvement of families, friends, care-givers, allies and the community as a whole.”

- People can and do recover.
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.

ROSC Values:

- Recognize the right of a person to direct their own recovery.
- Recognize that there are many models of, and paths to, recovery.
- Affirm that recovery looks different for everyone, and there is no “right” way to recover.
- Operate with integrity and a sense of personal responsibility.
- Include the “voice” of peers, family members, and the community in planning and decision-making.
- Uplift that individuals and families determine the supports and services they need.
- Implement programs with competency and good stewardship.
- Empower individuals and families.
- Embrace cultural diversity.

ROSC Goals:

- Inform, educate and empower individuals and communities
- Determine existing services available as well as the needs to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement
- Build community partnerships that are rich and diverse
- Increase in the number of people pursuing recovery
- Help individuals to improve recovery capital

Recruitment

The ROSC Council will recruit members by informing, educating and empowering our communities. The ROSC Coordinator will recruit via the ROSC website, email, telephone calls, and in-person meetings, distribution of brochures, social media, presentations, and community discussions. The importance of recruitment is to build our coalition.

This coalition is important because it will allow our ROSC Council to develop relationships with people, programs and processes that will strengthen our community resources and move the entire county toward positive social change.

It will also be every member of the ROSC Council’s responsibility to recruit by word of mouth. The goal for our ROSC Council is to be inclusive rather than exclusive. It is encouraged to bring new people to our council. Our ROSC is an open and welcoming space, and we do not exclude individuals with substance use disorders or at any stage of recovery from joining our meetings and events.

Orientation

Involvement is crucial for the longevity of the ROSC Council. Understanding the council's history, vision, goals, objectives and structure is important. By taking the time to orient new members to the privileges and responsibilities of membership, the council can create a more educated membership and a more productive council. Orienting new members will make a significant contribution to the ROSC Council. In FY25, we have added a new monthly member orientation learning session for new members. A successful orientation will include but is not limited to:

- Informing new members about the ROSC history, purpose and structure
- Informing new members about the ROSC Council's vision, goals and objectives
- Providing access to all guiding documents via the ROSC Council website
- Providing information about meeting times, locations, and access
- Discussing committee structure and goals
- Discussing what prospective members seek to gain from joining the ROSC as well as what they can contribute to the community

Membership Responsibilities

Individuals who register to become a member of Sangamon County ROSC affirm in their registration that:

1. They commit to attending at least six (6) ROSC meetings (general or committee meetings) annually
2. They will retain their membership for one (1) year.
3. They will attend an orientation session (if a new member)
4. They will actively participate in meetings, working sessions, tasks, and/or events

Training in the ROSC Framework

Members and volunteers will be educated on the principles underlying a ROSC, which is to bring awareness to and educate our communities of substance use and dual diagnosis.

Members are encouraged to attend trainings when offered through the ROSC Council. This is not mandatory but education will be a vital piece of conquering the stigmas surrounding substance use disorders in our communities.

Adherence to Strategic Plan

As a core component of the strategic plan, the ROSC Council committees will set goals each fiscal year, and the ROSC Coordinator and general membership will check in with and discuss progress towards these goals at each monthly ROSC meeting.

At any time, the council can adjust their choice of strategy and tactics in unplanned ways. Immediate council needs and decisions will be discussed and evaluated to determine adjustments to the strategic plan.

Inclusion and Role of Community Members

It is the goal of the ROSC Council to be inclusive rather than exclusive. Participation is encouraged by all members of the council. All community members are invited to join the council at any time, and do not need to be official ROSC members to join meetings or participate in events. Rich and diverse community involvement will aid in the success of the ROSC Council.

Participation in sub-committees or focus groups are highly encouraged for all community members.

Stipends

The importance of compensating individuals with lived experience is central to ROSC. Individuals with lived experience that participate in the Recovery in Action committee meetings will be provided with a \$20 stipend per meeting. Stipends will be provided as available within budget constraints, and the ROSC will seek to distribute them equitably.

Community Needs Assessment Process

The community needs assessment will be updated annually and be available to all members of the ROSC Council as well as community members on the ROSC website. Keeping the community needs assessment up to date will be the responsibility of the ROSC Coordinator and Family Guidance Centers ROSC leadership.

ROSC Council members are responsible for communicating with the ROSC Coordinator any organizational updates that need to be added or removed from the Community Needs Assessment.