

Recovery Oriented System of Care



Union County ROSC Meeting

07/25/2024

Attendance

Kelly Johnson, Arrowleaf

Beverly Holland, Region 5 TA

Tor Neal, Arrowleaf

Samantha Carver, Arrowleaf

Ashley Smith, The Old Depot

Serena Smith, Rural Health

Notes

- I. Welcome by Tor Neal
 - a. Welcome to our Union County ROSC meeting!
- II. Mission and Vision
 - a. We want a recovery-friendly community
- III. Old business

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- a. Last month, we discussed the Faith Leader Meeting that we held on June 10! We have followed up with the faith leaders present and are making progress!
 - b. We also discussed growing a plant for the council as a small way to start our community garden!
- IV. New business
- a. Video: “Everything You Think You Know about Addiction is Wrong” by Johann Hari
 - i. Discussion Questions:
 - 1. Do you think the speaker is downplaying the chemical component of addiction?
 - a. Council member commented that sometimes connection is difficult for people, because they have been hurt before. But we need to address mental health issues.
 - b. The rat park experiment showed that environment is important to substance use.
 - c. Council member commented that the chemical component of substance use was downplayed.
 - 2. How can we help our loved ones using substances?

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- a. Council member believes that loving on a person using substances is not enabling them to keep using, but loving them helps them out of addiction. There is no one way to recovery.

3. Comments:

- a. We need to not only decriminalize substance use, we need to put money into recovery.
- b. When people get out of jail, they do not have access to services they need to have a successful recovery. When people get out they also need job opportunities.
 - i. We need to have peer support in every jail.
- c. One council member suggested that we try to establish a relationship with the courts and start a drug court in our area!
- d. We need to learn if union county police has a social worker like Carbondale police have.

V. Announcements

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- a. **Recovery Kits:** We have recovery kits that will be given to the community! It has personal hygiene products and Narcan with instructions! If anyone has a place where they could go, we are looking for places that would use them!
 - b. **Faith Leaders Meeting in Alexander/Pulaski:** October 10 at First Missionary Baptist Church in Cairo, IL at 5:30PM.
 - c. **National Overdose Awareness Day:** August 31 from 10AM-12PM at Kiki's Coffeehouse!
 - d. **Enigma of Stigma:** Stigma training will be held at Kiki's Coffeehouse from 12PM-1PM on September 18!
- VI. Community Announcements
- a. URCC Meeting
 - i. They are going to give away lightbulbs to local businesses and Narcan.
 - b. CenterStone offers telehealth services to children for free as long as an adult also engages in services.