



MERC Meeting Summary

August 15th, 2024

Members in Attendance

- Alicia Moesner
- Angella Holloway
- Cara Hughes
- Cindy Manos
- Dan Hutchison
- Danielle Voekle
- Deb Humphries
- Dusty Hanner
- Elbert Jennings
- Elizabeth McQuaide
- Jen Fisher-Nagel
- Julie Pohlman
- Kathy Kehrer
- Mark Knott
- Megan Tyler
- Michelle Brook
- Paul Fisher
- Sue Casson
- Tish Lancaster
- T.L. White
- Tracey Downs
- Tracy Hancock
- Violette Books

Old Business

This month we will have Tracy Hancock of Chestnut Health Systems Outreach Specialist, services program give us a briefing on who she is and what she does for our communities.

Tracy spoke on the increasing use of alcohol, nicotine and THC in the 8th grade students in Madison and St. Clair county's. Some of the differences of substance use as smoking, vaping and oral consumption. Tracy also commented on why some schools are reluctant to participate in the survey and vaping trends in Jr High and High Schools and the need for marketing laws and better selling restrictions.

Elbert Jennings shared about the Tues Nite event Aug 6th and how much of a success it was ... 😊 awesome news!!

Jen Nagel shared on Logans Law

And Deb Humphries shared about the upcoming event in Sept.

We are looking at where and when we can schedule an in-person meeting for the near future, looking for input about places for meetings and will work on getting a survey monkey sent out to the council. We are reviewing the data collected and will go over the results.

Announcements and upcoming events

- At the Edwardsville Library there are monthly Stigma conversations along with Narcan demonstrations which will continue to be held on the 3rd or 4th wed of each month check the library Facebook page schedule.
- Weekly Early recovery meeting Tuesdays at 6:30 pm at 144 E Ferguson in Wood River (Amare). Open to the public.
- Rockn4Recovery Sept. 28 4-10 Bethalto Park – Food Trucks, Live Music Kids Corner Sober family fun

New Business

Wellness Moment

- Mark Knott – Chestnut Health Systems Community Health Specialist III

MERC Upcoming Zoom Meeting

July 18th,2024 at 9am

Metro East Recovery Council (MERC) Vision:

A community system that nurtures and supports individuals and families seeking or maintaining recovery for themselves or a loved one.

Recovery Oriented Systems of Care (ROSC) Mission:

Collaborating to build and empower communities of recovery.