



“Collaborating to Build & Empower Communities of Recovery.”

Abstract

The Recovery Oriented Systems of Care (ROSC) adherence to etiquette and precedence regarding the ROSC Council.

By: Kari Knapp, Barb Brumleve, & Cat Hays

The McLean County ROSC is funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention & Recovery.

MCLEAN COUNTY ROSC COUNCIL

FY25 Membership Protocols – Updated August 2024

Recovery Oriented Systems of Care

Membership Protocols

General

By definition, protocol is a system of rules that explain the correct conduct and procedures to follow in different situations. We can add further that it covers anything that is proper etiquette and not in distaste to other people's opinions or lifestyle choices. We will respect one another and not put forth judgement amongst our peers.

We should always display proper respect to anyone that is in recovery at the ROSC council meetings or related events. In no way will we pass judgement or criticize a person for their mental health or substance use challenges.

Mission, Vision, Values and Goals

It is the duty of every ROSC Council member to adhere to the mission, vision, values and goals.

There is a lack of understanding in the communities we serve that recovery happens within the community. The development and sustainability of a collaborative Recovery Oriented System of Care will work to create a culture that builds and nurtures recovery.

ROSC Mission:

"Collaborating to build and empower communities of recovery."

- To improve health, wellness, and recovery for individuals and families with or at risk of substance use and/or mental health problems.
- To promote healthy and safe communities.
- To provide adequate support and services for recovery to happen in the community.

ROSC Vision:

"To create a person-centered recovery path with strength-based involvement of families, friends, care-givers, allies and the community as a whole."

- People can and do recover,
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery,
- Support of recovery is a community responsibility and value,
- And there is inherent flexibility in the system, so it can be responsive to different pathways to recovery.

ROSC Values:

- Recognize the right of a person to direct their own recovery.
- Recognize that there are many models of, and paths to, recovery.
- Operate with integrity and a sense of personal responsibility.
- Include the “voice” of peers, family members, and the community in planning and decision-making.
- Understand and promote the concept that individuals and families determine the supports and services they need.
- Implement programs with competency and good stewardship.
- Empower individuals, families, and the community.
- Embrace cultural diversity and employ cultural humility.
- Prioritize collection of data and evaluation of coalition efforts.

ROSC Goals:

- Inform, educate, and empower individuals and communities.
- Determine what existing services and supports are available, as well as the need to expand necessary services in the areas of harm reduction, prevention, treatment, peer recovery support, and overall systems improvement.
- Develop and nurture community partnerships and collaborations that are rich and diverse
- Increase the number of people pursuing recovery in our community.
- Enhance our community’s recovery capital to build and sustain individual recovery, making long-term recovery more achievable.

Council Membership Recruitment

The ROSC Council will recruit new council members and sector representatives by informing, educating and empowering our communities. Together, the McLean County ROSC project team will recruit through various methods and means via the ROSC GSU website, the Jotform virtual resource app, email blasts, telephone calls, in-person meetings, distribution of ROSC marketing materials (council membership brochure, Jotform virtual resource app business card, McLean County Sober Social Guide, ROSC 101 Binder, etc.), social media (Facebook, Instagram and YouTube), radio interviews, presentations, and community discussions. The importance of recruitment is to build our coalition membership base.

This coalition is important because it will allow our ROSC Council to develop relationships with people, programs, and processes that will strengthen our community resources and move the entire county toward a positive social change.

It will also be every ROSC council member's responsibility to recruit by word of mouth. The goal for our ROSC Council is to be inclusive rather than exclusive. It is encouraged to bring new people to our council.

Council Member Orientation & Onboarding Process

Involvement is crucial for the longevity of the ROSC Council. Understanding the council's history, vision, goals, objectives and structure is important. By taking the time to orient new members to the privileges and responsibilities of membership, the council can create a more educated membership and thus a more productive council. Orientating and onboarding new members will make a significant contribution to the ROSC Council. A successful orientation and onboarding process will include, but is not limited to:

- Informing new members about the ROSC history, purpose and structure,
- Informing new members about the ROSC Council's vision, goals and objectives,
- Open access to all vital documents via the ROSC Council website,
- Acquainting all new members at ROSC Council meetings,
- Motivating new members to return, and/or
- Providing new members with a McLean ROSC 101 Binder.

By following these strategies, ROSC Council members will ensure:

- New members know the council and are able to articulate the purpose,
- Members understand their rights and responsibilities, and
- The purpose of orientation is to gain effective members who make an efficient council.

Training of Council Members in "ROSC 101": The ROSC Framework

Members and volunteers will be educated on the principles underlying a ROSC, which is to bring awareness to and educate our communities on the issues of substance use disorders, mental health disorders, and co-occurring disorders.

Members are encouraged to attend trainings when offered through the ROSC Council. This is not mandatory, but education will be a vital piece of conquering the stigmas surrounding substance use disorders, mental health disorders, and co-occurring disorders in our communities.

Through training in "ROSC 101": The ROSC Framework, council member will be able to aid the McLean County ROSC project team in:

- Increasing the ROSC status in the community,
- Increasing recovery awareness in the community,
- Identifying individuals in the community with expertise in recovery,
- Identifying individuals with lived experience,
- Project planning,

- Recruiting focus group participants and soliciting community involvement, and
- Advocating for the utilization of peer support services.

Strategic Planning & Adherence to Strategic Plan Goals

The impact of plan adherence on the growth of the ROSC Council is believed to be shaped by the contributions of all council members. Adherence to the strategic plan is defined as the coalition outcomes of council and ROSC staff outputs and project deliverables. For the purpose of the ROSC Council, goals will be set, and these goals will reflect the 3-year long-term vision of the council and the communities we serve for FY2025-FY2028.

At any time, the council can adjust their choice of strategy and tactics in new ways. Immediate council needs and decisions will be discussed and evaluated to determine adjustments to the strategic plan.

Inclusion and Role of Nonparticipants & Non-Council Meeting Attending Participants

It is the goal of the ROSC Council to be inclusive rather than exclusive. Participation in monthly council meetings is encouraged by all members of the council; although, council meeting attendance is not required to be an active member of the McLean County ROSC Council. There is no need to define the role of nonparticipants as all community members are invited to join the council at any time. Rich and diverse community involvement will aide in the success of the ROSC Council.

Participation in sub-committees or Focus groups are highly encouraged for all community members. We invite members of the community to participate at their own individual level of interest and capacity to be involved in ROSC efforts.

Community Needs Assessment Process

The community needs assessment will be updated annually and be available to all members of the ROSC Council as well as community members on the ROSC website. Keeping the community needs assessment up-to-date will be the responsibility of the McLean County ROSC project team.

ROSC Council members are responsible for communicating with the McLean County ROSC project team any organizational updates that need to be added or removed from the community needs assessment.

- The McLean County ROSC project team will continuously leverage industry resources to keep the client and stakeholder surveys in alignment with community services and supports.
- Perceived gaps in services and supports will align with the strategic plan's goals and objectives to addressing impediments for successful lifelong recovery.

The McLean County ROSC is funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention & Recovery.

- Focus groups will convene on an ongoing basis to monitor existing community resources and community needs gaps from the perspective of those new in recovery or struggling to obtain sustained recovery.