

Membership Protocols

FY25

YOU are vital
to your community.

Recovery is for

EVERYONE!



Perry / Jackson ROSC Council (PJRC)

FY25 Membership Protocols

What is a Recovery Oriented System of Care?

A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or -co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or “system of care”, with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

PJRC Vision:

To sustain recovery support within the community by unity and intentional collaboration among all allies, stakeholders, and those in or seeking recovery.

PJRC Mission:

We will build and empower communities of recovery by developing a council comprised of recovery allies, community leaders and people with lived experience working together to reduce stigma surrounding substance use and other co-occurring disorders, while embodying the philosophy that there are countless pathways to recovery.

ROSC Goals:

- Educate and engage key stakeholders in the community.
- Inform, educate and empower individuals and communities.
- Determine existing services available as well as the need to expand necessary services in the areas of prevention, treatment, peer recovery support and systems improvement.
- Develop partnerships that are rich and diverse.
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability.

General Membership Information:

The Perry/Jackson ROSC Council was founded in 2023 to develop a community-based recovery support system. The council will work together to coordinate resources and services, aiming to more effectively serve the diverse groups within our area. We invite all community members and sectors who are committed to the mission, vision, values, and goals of the PJRC to join and contribute to this initiative.

Membership Recruitment:

Retaining members of the Perry/Jackson ROSC Council is essential for fostering a supportive environment for recovery in our community and for promoting the message that recovery is possible. We will focus on specific areas within the counties we serve, leveraging resource information, attending and organizing local events, and utilizing social media. Council members will be tasked with:

- Recruiting new participants from all community sectors.
- Distributing flyers and outreach materials to raise awareness of the PJRC within the community.
- Creating social media posts, emails, media releases, and other materials aimed at recruiting new members. These outreach tools will also serve to keep current council members informed and up to date.
- Educating people with lived experience (PLE) and their support networks, including family and friends, about the value they can contribute to the council.

Orientation:

The Perry/Jackson ROSC Coordinator will manage the orientation process for new members, with support from current council members. The coordinator will be responsible for the following tasks:

- Creating materials to educate new members about the ROSC Council's purpose, history, and structure.
- Preparing resources that outline the ROSC Council's vision, mission, goals, objectives, and strategies for new members.
- Encouraging new members to follow the ROSC Council's social media accounts and website updates.
- Incorporating "New Member Introductions" into each council meeting.
- Regularly reaching out to new members to promote ongoing engagement.

Training in ROSC Framework:

Training for both Perry/Jackson ROSC Council and community members is crucial for achieving the council's goals. ROSC council staff members will be responsible for offering training opportunities for both the PJRC ROSC Council and the community. Training will cover, but is not limited to, the following topics:

- Understanding what a ROSC is
- Defining recovery and recovery support
- Destigmatizing substance use and other co-occurring disorders
- Multiple pathways to recovery
- Stories of hope from PLE's
- Prevention and harm reduction techniques
- Naloxone training and distribution

Inclusion and Role of non-member participants:

Membership of the Perry/Jackson ROSC Council is open to all, as the goal is to be inclusive rather than exclusive. Currently, there will be no distinction between participants and nonparticipants.

- All council meetings are open to the public.
- Zoom links and in-person location for meetings will be shared widely.

Community Needs Assessment:

The Perry/Jackson ROSC Council will perform a community needs assessment annually. The ROSC Coordinator will oversee all aspects of the assessment, which will involve focus groups, surveys, key stakeholder interviews, and other methods as determined by the council. All council members are expected to assist in gathering information for the needs assessment and in compiling the data. Efforts will be made to ensure the participation of all community sectors in collecting assessment data.

A summary of the assessment data will be available to PJRC members and the public through the website, discussion at monthly council meeting, meeting minutes, email, and media releases.

Strategic Plan:

The Perry/Jackson ROSC Council created a strategic plan during FY24 and will use it to guide the development, implementation, and evaluation of strategies aimed at better serving our communities. We will revise the plan as we progress toward our goals. All strategies will align with the PJRC's vision and mission and meet grant requirements. The finalized strategic plan is available for review by any council or community member at any time on the website or per request.

Illinois ROSC Vision:

- People can and do recover.
- Individuals and families determine the support and services they need.
- Services and support are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support of recovery is a community responsibility and value.
- There is inherent flexibility in the system, so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.
- Act as a resource/referral coordinator in our area.

Illinois ROSC Values:

- Recognize the right of a person to direct their own recovery.
- Recognizing that there are many models of, and paths to, recovery.
- Operate with integrity and a sense of personal responsibility.
- Include the “voice” of peers, family members, and the community in planning and decision-making.
- Implement programs with competency and good stewardship.
- Empower individuals and families.
- Embrace cultural diversity.