



LIVINGSTON COUNTY ROSC COUNCIL

FY25 Membership Protocols

Abstract

The Recovery Oriented Systems of Care's adherence to etiquette and precedence regarding the ROSC Council.

Recovery Oriented Systems of Care Membership Protocols

General

By definition, protocol is a system of rules that explain the correct conduct and procedures to follow in different situations. We can add further that it covers anything that is proper etiquette and not in distaste to other people's opinions or lifestyle choices. We will respect one another and not put forth judgement amongst our peers.

We should always display proper respect to anyone that is in recovery at the ROSC Council meetings or related events. In no way will we pass judgement or criticize a person for their mental health challenges or substance use disorder. We are here to support as many recovery-oriented services and supports in the community as our capacity and budget allows.

Mission and Goals

It is the duty of every ROSC Council member to adhere to the mission, vision, values, and goals. There has become an understanding that recovery happens within the community. As development of a sustainable and corroborative Recovery Oriented Systems of Care it will continue to create a culture that builds and nurtures recovery.

ROSC Mission:

"Collaborating to build and empower communities of recovery."

- To improve health, wellness, and recovery for individuals and families with or at risk of substance use problems.
- To promote healthy and safe communities.
- To provide adequate supports and services for recovery to happen in the community.

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ROSC Goals:

- To inform, educate, and empower individuals and communities.
- To determine existing services available, as well as opportunities to expand necessary services in the areas of prevention, treatment, peer recovery support, and systems improvement.
- To create partnerships that are rich and diverse.
- Identify unmet needs in the community related to recovery support.
- To increase the number of people pursuing recovery, thus strengthening recovery capital and the community's capacity to support sustainable recovery for all.

Recruitment

The ROSC Council will recruit by informing, educating, and empowering our communities. The Community Health Specialist and Recovery Specialist(s) will recruit via the ROSC website, email blasts, telephone calls, in-person and virtual meetings, distribution of ROSC literature (i.e. one-pager, membership brochure, newsletters, etc.), social media, presentations, the ROSC resource app, in-person and virtual networking events, and community discussions. The importance of recruitment and retention is to build our coalition.

This coalition is important because it will allow our ROSC Council to develop relationships with people, programs, and systems that will strengthen our community resources and move the entire county toward a positive social change.

It will be every member of the ROSC Council's responsibility to recruit by word of mouth. The goal for our ROSC Council is to be inclusive rather than exclusive. It is encouraged to bring new people to our council. The more diversity of perspectives, the more holistic solutions we can develop and implement.

Orientation

Involvement is crucial for the longevity of the ROSC Council. Understanding the council's history, vision, goals, objectives, and structure is important. By taking the time to orient new members to the privileges and responsibilities of membership, the council can create a more educated membership and a more productive council. A successful orientation will include but is not limited to:

- Each new respective member receiving a ROSC 101 binder;
- Informing new members about the ROSC history, purpose, and structure;

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- Informing new members about the ROSC Council’s vision, goals, and objectives;
- Open access to all vital documents via the ROSC Council website;
- Acquainting all new members with ROSC Council meetings; &
- Motivating new members to return.

By following these tips, the ROSC Council will ensure:

- New members know the council and are able to articulate the purpose;
- New members understand their rights and responsibilities; &
- The council develops effective members who help make a sustainable impact.

Training in the ROSC Framework

Members and volunteers will be educated on the principles underlying a ROSC, which is to bring awareness to and educate our communities on the issues of substance use disorders (SUD) and co-occurring disorders (COD).

Members are encouraged to attend trainings when offered through the ROSC Council. This is not mandatory, but education will be a vital piece of conquering the stigmas surrounding substance use disorders and co-occurring disorders in our communities.

Trainings may include:

- Increasing the ROSC status in the community;
- Increasing recovery awareness in the community;
- Identifying individuals in the community with expertise in recovery;
- Identifying individuals with lived experience;
- Project planning;
- Recruiting focus group participants and soliciting community involvement; &
- Advocating for the utilization of peer support services.

Strategic Planning

The Strategic Prevention Framework (SPF) will help guide planning efforts for the council. Through assessment (conducted annually), capacity building (continued recruitment and retention efforts of members), planning, implementation, and evaluation, the council is better able to understand they are an integral part of the process. Continued council participation helps build sustainability for the ROSC and its defined goals.



Inclusion and Role of Nonparticipants

It is the goal of the ROSC Council to be inclusive rather than exclusive. Participation is encouraged by all members of the council. There is no need to define the role of nonparticipants, as all community members are invited to join the council at any time. Rich and diverse community involvement will aid in the success of the ROSC Council. Participation in Sub-Committees or Focus Groups is highly encouraged for all community members.

Community Needs Assessment Process

The Community Needs Assessment will be updated annually and be available to all members of the ROSC Council as well as community members through the ROSC website. The Livingston County ROSC project team is responsible for keeping the Community Needs Assessment current.

ROSC Council members should inform the Livingston County ROSC project team of any organizational updates that need to be added or removed from the Community Needs Assessment.

- The Livingston County ROSC project team will use industry resources to ensure client and stakeholder surveys align with community services and supports.
- Identified gaps in services and supports will align with the strategic plan's goals and objectives for addressing barriers to successful lifelong recovery.
- Focus groups will meet regularly to monitor existing community resources and service gaps from the perspective of those new to recovery or struggling to maintain it.