McLean County Recovery-Oriented Systems of Care (ROSC) August 2024 Council Meeting Minutes

<u>Date</u>: Tuesday, August 20th, 2024 Time: 3:30 – 4:30 pm

Location: Virtually via Zoom (YouTube: https://youtu.be/2ggikbyemrM)

Agenda:

- Introductions of new ROSC members/attendees
- Council Presentation Topic:
 - Special Presentation: Re-Organization of McLean County Behavioral Health Coordinating Council McLean ROSC Updates
 - Marita Landreth, BSN, RN, Director of Behavioral Health Coordination
- Mclean ROSC Updates
- Agency Updates & Wrap Up

Attendees: (Cat to finish)

- 1. Barb Brumleve (McLean/Ford ROSC)
- 2. Cat Hays (McLean ROSC)
- 3. Kari Knapp (McLean ROSC/CCE)
- 4. Marita Landreth (Director of McLean County Behavioral Health Coordination)
- 5. David Merritt (Chestnut Health Systems, Drug Court)
- 6. Emily Hartley (Brightpoint)
- 7. Natasha Nunoo-Ponder (The Center for Human Services)
- 8. Jeffrey Ehrmentraut (McLean County CASA)
- 9. Michelle Cope (Bloomington Public Library)
- 10. Andrea Kindseth (LIFE CIL)
- 11. Daryl Pass (Kenneth Young Center)
- 12. Amy Hopper (MCHD)
- 13. Erika Hahn (OMNI)
- 14. Aggie Hedin (PLE/Synergy Home Care)
- 15. Colin Witt (CCE/Chestnut Health Systems)
- 16. Nolan Recker (CCE/Chestnut Health Systems)
- 17. Kami Garrison (Chestnut Health Systems/IL State ROSC TA Region 3)
- 18. Emily Hartley (Brightpoint)
- 19. Armando Miranda (OMNI Youth Services)
- 20. Rachel Sizemore (Mid Central Community Action)
- 21. Shayla Stumpf (Envisions Unlimited Respite Care)
- 22. Rosemary Parker (Living Well United)
- 23. Wayman AME Church (Local Church)
- 24. Abby Behrens (Brightpoint)

- 25. Jeffrey Walsh (Unity Community Center IL Extension Office)
- 26. Dorothy Davis (Brightpoint)
- 27. Mike Gardner (ISU Police Community Engagement Unit)
- 28. Kelly Schwamberger (Human Trafficking NFP)
- 29. Jimmy Buonavolanto III (Chestnut Health Systems)

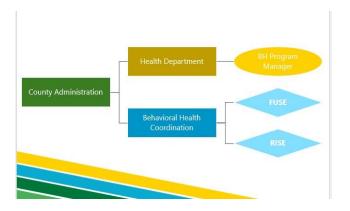
Council Meeting Discussion Topic: Marita Landreth, Special Presentation: Re-Organization of McLean County Behavioral Health Coordinating Council

Marita Landreth has been with the Behavioral Health Coordinating Council (BHCC) for the last 4 years and became the Interim Director in April, she formally started the position in June. Her intent today was to:

- Explain the role of this group, historically and presently
- Provide context for the changes made
- Provide awareness to front line members of organizations about how to contribute to this work either with or without membership

A Little History:

- In 2009 there was a push for mental health for incarcerated folks and the McLean County Circuit Court created the Criminal Justice Coordinating Council.
- In 2014 a committee of the McLean County Board convened workgroups to plan, evaluate and coordinate mental health services.
- The reports result in the first Mental Health Action Plan (MHAP) (2015). The MHAP is a very robust, big picture report with a lot of great data. This is a guiding document they use for their department and coordinating council.
- 2016 the McLean County Board established the Behavioral Health Coordinating Council as an ad hoc, county administered group to implement the MHAP and advise the Board.
- Around this same time (2016) the Town of Normal, City of Bloomington and McLean County enter into an agreement to set aside 1% of all sales tax in McLean County to fund "mental health and public safety" initiatives (1/4 of the 1% allotted for the BHCC). This created a county department separate from the Health Department and supported by Administration.



- This department initially had two main functions, staffing the FUSE Program and providing administrative support to the BHCC. At this point the largest program is the FUSE Program. The groups would discuss current issues in our community with the plan to collaboratively work on solutions and propose ways that funds could be used to support the community.
- In 2024 the McLean County Board Chairman pauses BHCC Meetings to refocus efforts on coordination between its members. There were no ratified bylaws, there was an unclear process for determining funding priorities and applying for funding and there was an opportunity for purposeful coalition building.
- After going back to "the drawing board" representatives from the Intergovernmental Agreement created a new ordinance with amendments to the county code that includes information about Boards, Commissions and Committees.
- Ordinance passes County Board July 11th, 2024!!



• Now that BHCC is an independent forum they no longer report to the County Board and is not considered a part of the municipal government. While that means the Open Meetings Act statutes no longer apply to these meetings, they will likely still be open to the public. Expect to see new branding and a social media presence as the primary means of communication.

What is BHCC's role?

- Reviewing and updating the MHAP and making recommendations to the Funding **Advisory Council**
- Facilitate conversations about aspects of the community's behavioral health system among its stakeholders
- Recommend policies to public and private agencies for the improvement of the behavioral health system

What is NOT BHCC's role?

- Reviewing specific funding requests •
- Approving individual or department staffing
- Approving agency or department budgets
- Manage or direct any agency or department's work
- Directly planning the Behavioral Health Forum

BHCC Membership is comprised of Agencies, IGA and Non-voting. There is a shift toward emphasis on representation from mental health agencies and possible opportunities for more purposeful inclusion of non-mental health agencies in RISE.

BHCC Membership: Agencies

- Carle Health OSF Healthcare
- Home Sweet Home Ministries Lifelong Access
- Illinois State University
- Chestnut Health Systems
- McLean County Jail, Inmate Services
- The Baby Fold • PATH
- National Alliance for Mental Illness (NAMI) Midcentral IL
- Center for Human Services
- Center for Youth and Family
- Solutions

• Project Oz

BHCC Membership: Intergovernmental

- Normal Town Council
- Bloomington City Council
- County Board
- 11th Judicial Circuit (also facilitator of meetings)
- Regional Office of Education #17



The Bylaws allow 3 more agency representatives and the group is still actively considering the gaps present in their current membership. We are providing Marita's slides as there are more details if interested in reviewing and we thank Marita Landreth for a very detailed and informative presentation. Please reach out to Marita with any questions:

Contact Information:

mcbhc@mcleancountyil.gov

fuse@mcleancountyil.gov

marita.landreth@mcleancountyil.gov

<u>McLean County ROSC Updates</u>: First and foremost, we would like to thank each and every one of you for showing up, it means SO much!! So nice to see all your faces and all the new members! With that being said, we hope to see you at our next council meeting, **September 17, 2024, via Zoom (**https://zoom.us/j/96709486019).

Recovery Month Planning with Our Friends at A New Horizon Recovery Community Center

- What we've got in the works:
 - Recovery Month Library Reading Displays at local community libraries, collegiate libraries, and high school libraries.
 - The History of Substance Use Treatment and Recovery in Victorian Times presentation for Heartland Community College Recovery Support Specialist program students.
- The Sober Social Planning Committee meets monthly at 11am on the first Tuesday of each month (contact team if interested in joining) to brainstorm and discuss planning for upcoming Sober Social Events and Outreach/Engagement Initiatives. The committee is always seeking new perspectives and people to help us brainstorm and plan upcoming ROSC events and opportunities.
 - **Evolving Group Functions** We are currently working as a group to evolve our group functions to those of potentially acting as a ROSC onboarding committee and as a community partnership/collaboration brainstorming space.
 - Quarterly Recovery Community Newsletter We are working as a committee to revamp the McLean County ROSC newsletter into a McLean County Recovery Community Newsletter.
 - Please contact Cat, via email, <u>cmhays@chestnut.org</u> if you are interested in joining the Sober Social Planning Committee, helping to form any additional subcommittees, updates/events you would like shared on our social media as crosspromotion, or anything else relevant to recovery-oriented services.

• Available McLean ROSC Print Resources

ROSC Intro "101" Binders: Binders are now ready. These are "ROSC 101"
 Orientation/Intro Binders for new council members or prospective volunteers

interested in joining. Content includes: What is a ROSC Q&A?, Stigma & Language Overview, ROSC Elevator Speech & How to Get Involved, Recovery Support Groups Quick Reference Guide, McLean County ROSC Council Member Talent Assessment, McLean County ROSC Info One Pager FY24, McLean County ROSC Membership Brochure FY24, & more.

- McLean County Sober Social Guide (SSG): The McLean County Sober Social Guide is now available both as a digital copy (https://heyzine.com/flipbook/505fe4c39d.html) and in limited print copies. If interested in receiving a print copy, please email the McLean ROSC team at McLeanCountyROSC@gmail.com.
- Virtual Resource App Business Cards: If interested in receiving some McLean ROSC Virtual Resource app business cards for yourself or your organization/group/agency, please let us know via email, McLeanCountyROSC@gmail.com.
- Available Community Trainings Narcan Administration and QPR Question, Persuade, Refer



o If interested in receiving a free QPR-Question Persuade Refer training, please contact the McLeanCountyROSC@gmail.com.

If you Need Narcan: Please contact Kari Knapp (kmknapp@chestnut.org) for Narcan. If interested in receiving free Narcan administration training, the McLean County ROSC team

is now fully trained.



Agency Updates

- Glenbard Parents Series and Illinois Human Performance Project Speaker 2024/2025
 Partnership: The Illinois Human Performance Project is excited to be partnering with the
 GPS (Glenbard Parent Series) this school year! These opportunities will benefit all of our
 audiences and we encourage you to share them with your networks. GPS brings in world renowned authors and clinicians to present relevant, research-based information to support
 positive youth development. These free programs empower and strengthen families by
 sharing practical strategies to help children of every age thrive. GPS events are open to all,
 and CEUs are available to school staff.
 - o https://ilhpp.org/events/gps-speaker-series-partnership
- Updates from Michelle Cope on where the Bloomington Public Library Book Mobile will be:
 - Bloomington Cultural Fest: <u>https://www.culturalfest.com/</u>
 - City of Bloomington Welcoming Week and DiverCITY!: <u>https://www.bloomingtonil.gov/government/boards-commissions/welcoming-america-commission/welcoming-week</u>
 - West Bloomington Revitalization Project Harvest Fest:
 - https://allevents.in/bloomington/wbrp-harvest-fest/200027026593145
 - https://www.facebook.com/share/JbG23Ypj1tLy2Eze/

Next Meeting & Contact Info:

- Next Meeting via Zoom Tuesday, September 17, 2024 @ 3:30-4:30 PM
 - Meeting virtually via Zoom (<u>https://zoom.us/i/96709486019</u>)

- Meeting Code: 967 0948 6019
- Contact Info
 - o Kari Knapp, Associate Director of Community Health
 - kmknapp@chestnut.org
 - 309-391-1802
 - Barb Brumleve, Community Health Specialist
 - bdbrumleve@chestnut.org
 - o Cat Hays, Recovery Specialist
 - cmhays@chestnut.org
 - **309-665-2067**
 - o McLean County ROSC Team
 - McLeanCountyROSC@gmail.com

Thank you for all your continued support...CONNECTION is the Key!!