

Effingham County ROSC Council Meeting Minutes

Date: Monday, August 19th, 2024

Time: 1:00-2:00 pm

Location: 104 Blohm Ave, Effingham IL & Zoom

Attendees:

Zoom: Kelly Buscher (Effingham Public Library case worker,) Samantha Weidner (Effingham/Clay County Health Department,) Chelsea Gouchenouer (HSHS St. Anthony,) Johanna Gonzalez (SUPR,) Jenna Hays (Hour House ROSC Supervisor,) Lyndsey Reedy (Effingham Co Health Dept,) Ken Sterner (IL TASC force,) Megan Edmonson (Prevention First Coordinator,) Christina Isley (SIHF Healthcare,) Jeff Workman (ECHD Director,) Liesl Wingert (SIU Rural Health Coordinator,) Margot Cepeda (VA Affairs)

In person: Samantha Hicks (Effingham County ROSC Coordinator,) Olivia Jenkins (Hour House Prevention program facilitator,) Carrie McKenzie (Gateway Foundation,) Beth Wise (ECHD, Family Connections,) Becky Rhodes (Family Life Center parent coordinator,) Nathan Nichols (CEFS Public Transit,) Kat O'Brien (Gateway Foundation Warm Hand off Program @ HSHS,) Brandy S. (PLE,) Felicia Depoister (Effingham Co Recovery Navigator, CPRS)

Secretary: Olivia Jenkins

Minutes

Introductions

Council meeting attendees introduced themselves and agencies they represent or reason for being present.

ROSC Coordinator/Recovery Navigator update

- ROSC is a Chamber member now-- New member picture was taken at this meeting.
- **Proclamation from the Mayor Aug 28th- SEPTEMBER IS NATIONAL RECOVERY MONTH!**
 - Samantha H. stated her and Felicia will be at City Hall on August 28th at 1:00pm for the reading of the proclamation and picture with Mayor Schutzbach. Anyone from the Council is welcome to attend.
- **Communication Campaign**
 - Sept is personal stories of individuals affected by stigma
 - Samantha stated if any client's or people the Council knows would like to share a bit of their story on FB Live or on our Cromwell media ads, let her know!
 - Share FB posts & invite friends to LIKE and FOLLOW ROSC fb page!

Surveys

Samantha H. asked the Council how they think we should distribute surveys.

- Social media was discussed. Many mentioned which media platform targets what age group—e.g. Facebook is used by Boomers, Millennials, Instagram, TikTok, Snapchat used by Gen Z, Gen X, etc. Samantha asked if anyone has these accounts already and would be willing to post a survey to it.
- Olivia suggested to make a QR code.
- Megan E. suggested we get in contact with Bryant Laiche who oversees the Youth Advisory Board at Prevention First and ask their opinion on surveys and social media in general.
- Samantha H. asked if the Council would be willing to pass out surveys to their clients—response was yes.
- Olivia suggested health classes in the schools—Samantha said she'd reach out to EHS resource officer to input.
- Samantha H. also said ROSIE newsstand, gas stations, library, newspaper anywhere someone could scan a QR code. Samantha also mentioned an incentive for people who took the survey such as a donated item they could be entered into a drawing if they take the survey.
- Beth W. mentioned that Microsoft now has a similar platform for surveys like Google forms.
- Samantha H. asked how many questions MAX the Council would like the survey to have—response was 10 questions.
- Johanna stated that SUPR will have some questions they want the Council to include per our FY25 Deliverables as well.

Opioid Settlement Funds

Samantha H. briefly went over the opioid settlement criteria document and asked if the Council has any suggestions or connections as to what organization would be a good fit for applying for the funds.

- Someone suggested El Shaddai for the pregnant and postpartum category.
- Jeff W. stated the county board may come up with 2 committees for this—1 would be potential interested candidates, and the other would be a committee with members who have no conflict of interest (aka, not applying for funds.) He stated there is a County Board meeting today where this is the first topic on the agenda. Samantha and Felicia will be attending this meeting.

Strategic Plan FY25

Samantha H. asked everyone in person to rank their top priorities numbers 1-3 on the document passed around. Samantha also asked Zoom attendees to email her with their 1-3 rankings as this document will be updated and added to soon.

- Beth W. mentioned the need for more people available or able to do SUD assessments. Samantha described the process of an assessment at Hour House and stated they do

assessments over the phone. Beth stated transportation has been a barrier as well as waitlists for the actual assessment and treatment.

PLE committee update

Samantha and Felicia had a radio interview with Cromwell this morning and an FB Live interview with Premier Broadcasting just before this meeting discussing the PLE events listed below.

- August event- Candlelight Vigil
- September event- S'more Recovery

Other events

- Parent forum idea with New Hope Church parents?
 - Olivia stated this has been pushed up the pipeline. NHC has had a lot of event themselves going on this past month. No date yet.
- Samantha H. stated we need CANDY DONATIONS or other giveaways for these events all in OCTOBER!
 - Sunrise Rotary Parade TBD- PLE Committee—90s theme
 - Trick or Treat Street, 26th @ Cornerstone Church
 - Trunk of Treat, 31st @ Heartland Human Services
- Free Laundry Days:
 - ~~Aug 21st at The Laundry Basket (Heart of the Holler donation)~~
 - Sept 25th at Becker's in Effingham sponsored by Dr. Marilyn Frey PhD, Frey Psychology Center
 - Oct 23rd at Becker's in Altamont sponsored by New Hope Church of Effingham
 - Nov 13th at The Laundry Basket in Effingham sponsored by the Willenborg Family
 - Dec 11th at Becker's in Effingham sponsored by the Journey Church
 - Jan 22nd, 2025 at Becker's in Altamont sponsored by the Willenborg Family to honor their late son, Evan

Next ROSC Council Meeting Date: **Monday, September 16th, 2024 @ 1:00 pm**

Next PLE Meeting Date: **Tuesday, September 10th, 2024 @ 3:3pm (in person only)**

Location: **104 Blohm Ave in Effingham & Zoom**

Where to find past meeting minutes:



Effingham County ROSC Facebook page:



Contacts:

Effingham County ROSC Coordinator; 217-663-0823

Samantha Hicks - samanthah@hourhouserecovery.org

Effingham County ROSC Navigator; 217-690-3773

Felicia Depoister – feliciad@hourhouserecovery.org