



DuPage ROSC Member Protocol FY25

Overview

DuPage County ROSC is a coordinated network of community-based services and supports that are: person-centered and builds on the strengths and resilience of individuals families, and communities to achieve abstinence improved health, wellness, and quality of life for those with or at risk substance use and/or mental health disorders.

Mission and Vision Statement:

DuPage ROSC will collaborate to build and empower communities of recovery, helping people of all ages to overcome life's challenges and achieve goals through personalized behavioral health and services. We will develop a sustainable ROSC council comprised of persons with lived experience and their allies in the community to reduce stigma associated with substance use and co-occurring disorders, dispel fear and enhance the love of self and others through education.

Our vision is to assist in building a healthy community of productive and positive individuals, who understand their purpose, gain the ability to exercise their agency through the recovery process.

DuPage ROSC Values:

- Recovery should be person-centered.
- We embrace a multiple-pathways approach to recovery
- Operate with integrity and a sense of personal responsibility.
- People in recovery and their families can and should determine the services they need.
- Implement programs with competency and good stewardship.
- Empower individuals, families, and the community.
- Embrace cultural diversity and employ cultural humility.
- Prioritize collection of data and evaluation of coalition efforts.

DuPage ROSC Goals:

- Inform, educate, and empower individuals and communities.
- Determine what existing services and supports are available, as well as the need to expand necessary services in the areas of harm reduction, prevention, treatment, peer recovery support, and overall systems improvement.

- Develop and nurture community partnerships and collaborations that are rich and diverse
- Increase the number of people pursuing recovery in our community.
- Enhance our community's recovery capital to build and sustain individual recovery, making long-term recovery more achievable.

Who are our members?

Recovery-focused organizations, community business organizations, workforce development programs, recovery homes, homeless shelters, community centers, supportive services organizations, government entities/decision-makers, police departments, families, individuals in recovery and those interested in learning more about recovery. Most important are our folks with lived experience: people in recovery, their friends, family, allies, etc. When creating a recovery organization in DuPage County, there should be "nothing ABOUT us WITHOUT us!"

Membership Recruitment

Members will be recruited from a list of sectors along the recovery continuum: treatment providers, hospitals, first responders, harm reduction organizations, housing organizations, employment groups, local government, courts, recovery programs, persons with lived experience, and more. If your life/work intersects with substance use and mental health challenges, we want you to come to the table.

Together, the DuPage ROSC outreach team will recruit through various methods including: the DuPage ROSC website, email blasts, telephone calls, in-person meetings, distribution of brochures/literature, social media, presentations, and advocacy work.

Before attending their first meeting, a DuPage ROSC member or coordinator will try to meet with invitee to get a feel for the work their organization does, or their own personal recovery story. The DuPage ROSC member will also explain what ROSC is, including our mission and vision, and the work that DuPage ROSC is doing in our county. Prospective members will also be invited to the monthly DuPage ROSC Council meetings, where they are encouraged to introduce themselves and the work they are doing on the recovery continuum.

Members are expected to attend each meeting or send a representative in their stead. Additionally, current members can invite other potential members to attend meetings. In addition, members can attend our monthly presentation series events, sober fun activities, or take part in our What's App Referral Hub to help find recovery resources for those who are in need.

DuPage ROSC Member Orientation and Onboarding:

Involvement is crucial for the longevity of the DuPage ROSC Council. Understanding the council's history, vision, goals, objectives and structure is important. By taking the time to orient new members to the privileges and responsibilities of membership, the council can create a more educated membership and thus a more productive council. Orientating and onboarding new members will make a significant contribution to the DuPage ROSC Council. A successful orientation and onboarding process will include, but is not limited to:

- Informing new members about the DuPage ROSC history, purpose and structure
- Informing new members about the DuPage ROSC Council's vision, goals and objectives
- Open access to all vital documents via the DuPage ROSC and GSU websites
- Acquainting all new members at DuPage ROSC Council meetings
- Following up with new members after attending first meeting
- Providing new members with access to What'sApp Referral Hub and DuPage County Resource Bible if requested

By effectively orientating new members, we will ensure that they are able to articulate the ROSC message to others in our community.

Training in the ROSC Framework

Members and volunteers will be educated on the principles underlying a ROSC, which is to bring awareness to and educate our communities of substance use and dual diagnosis.

Members are encouraged to attend trainings when offered through the DuPage ROSC Council. This is not mandatory, but education will be a vital piece of conquering the stigmas surrounding substance use disorders in our communities. Increasing the ROSC status in the community

By attending trainings when offered by the DuPage ROSC Council, members will be able to help with:

- Increasing recovery awareness in the community
- Identifying individuals in the community with expertise in recovery
- Identifying individuals with lived experience
- Project planning
- Recruiting focus group participants and soliciting community involvement
- Advocating for the utilization of peer support services

Community Needs Assessments and Focus Groups

The only way that the DuPage ROSC Council will be able to increase the strength of the recovery community is by assessing both the strengths and areas of need, as well as gathering information on attitudes and awareness towards current

services and where there may be gaps in services. DuPage ROSC will be conducting yearly needs assessments, as well as focus groups, to gather this information. The results of these assessments and groups will be reported to the council, and made available to access online

Members are asked to be active participants in the assessment process, focus groups, community resource mapping, and we encourage feedback on the process.

Strategic Planning & Adherence to Strategic Plan Goals

The impact of plan adherence on the growth of the DuPage ROSC Council is believed to be shaped by the contributions of all council members. Adherence to our strategic plan is defined as the coalition outcomes of council and ROSC staff outputs and project deliverables. For the purpose of the DuPage ROSC Council, goals will be set, and these goals will reflect the 3-year long-term vision of the council and the communities we serve for FY2025-FY2028.

At any time, the council can adjust their choice of strategy and tactics in new ways. Immediate council needs and decisions will be discussed and evaluated to determine adjustments to the strategic plan.

When are the ROSC meetings?

Meetings will be the second Wednesday of each month from 3pm-4pm. All DuPage ROSC meetings are a hybrid of in-person at Serenity House Counseling Services and online with Zoom. All meetings are recorded for our YouTube page. We also hold a monthly Presentation Series event on the third Wednesday of every month at 10am on Zoom.

Inclusion and Role of Nonparticipants & Non-Council Meeting Attending Participants

It is the goal of the DuPage ROSC Council to be inclusive rather than exclusive. Participation in monthly council meetings is encouraged by all members of the council; although, council meeting attendance is not required to be an active member of the DuPage ROSC Council.

All community members are invited to join the council at any time. Rich and diverse community involvement will aid in the success of the ROSC Council. Participation in committees, assessments, or focus groups are highly encouraged for all community members.