

EDGAR COUNTY ROSC MEETING MINUTES

July 23, 2024

5:15 PM

Paris Hospital Conference Room A and Zoom

- **Attendees:** Nicki Hanks, Jessica Parrill, Tara Lane, Lexanna Strader, Leanna Morgan, Dr. Marilyn Frey, Ambrosia Branson, Carrie McKinzie, Julie Pohlman, Dennis Eveland, Doug Cochran, Lisa Foster, Cindy Spencer, Scott Foster, Lisa Ellis, Jackie Cunningham, Norm Wilson, Judy Benton, Susan Essinger, Kristin Davis, Bethany Waggoner, Cory Hanks, Rick Cook, Sue Sheeran, Kristina Drum, Kyra Graham, Mary Edwards, Jenna Hays, Betty Redden, Amanda Thompson, Jennifer Spooner, Vicki Dick, Janice Watson, Nate Alexander

Spotlight Agency/Program (Family Guidance Center): Kristin Davis

Kristin Induced herself, as the Regional Substance Use Prevention and Integration Coordinator for the Family Guidance Center which started a year and a half ago. Her main office is in Springfield. She worked for the Hour House for 15 years as a prevention specialist and treatment provider.

The Family Guidance Center covers Springfield, Jacksonville, Quincey, and the local area for treatment. They also have served Aurora, Harvey, and the city of city of Chicago and have offices in Toledo Ohio. Her main office is in Springfield. She covers all of Region 4 counties (28).

The Family Guidance Center has prevention services, inpatient and outpatient services, warm hand-off programs, jail services, and 2 mobile MAR Vans. They also oversee a ROSC council in Sangamon County.

The center was created about a year and a half ago and what they do is increase SUD prevention in counties, and increase health equity when it comes to SUD prevention. The population they serve are the ages of 11- mid-twenties. They are looking to partner with youth organizations to look at SUD prevention from a variety of standpoints. They can also help provide technical assistance to grow the services already

in place, provide education for staff and have the staff provide it to parents and or children. If not something they can help establish, they can help connect them to organizations in the area that provide those services. They also help with environmental things like community density, and what the community alcohol density looks like, and procedures and making those connections to see if you want changes or if the county is in compliance.

The Family Guidance Center has an advisory board of individuals from youth-serving organizations throughout the state. They also promote the Illinois Youth Survey and provide YMHFA for any organization that services youth.

Membership Protocols

Nicki stated that the ROSC membership Protocols have been updated for FY25. The changes that have been made are the ROSC working definition has changed to: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or -co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

We have also removed the section that PLEs must be sober, drug-free, and involved in his or her own recovery because we want to be inclusive of all pathways to recovery.

Subcommittee Meeting Update:

Nicki stated that the council is looking for donations of tea and lemonade for the Recovery Picnic. The website for the recovery picnic t-shirts is up and September 3, 2024, is the last day to order a shirt. CARE donated \$200 for t-shirts to give away at the picnic.

Lisa provided Candlelight Vigil details. We have 150 candles and she wants all of them burning. Nicki and Jessica were able to be at the city council meeting on August 26th where Mayor Craig Smith signed a proclamation that recognized 8/31 as International Overdose Awareness Day.

Agency Updates:

- ECPHD
 - Nothing at this time.

- Neighborhood Watch
 - No update
- Recovery Court
 - One person had their evaluation, hoping to have someone new coming down the line!
- HRC
 - Johnathon is working on the kid's prizes for the recovery picnic.
- CARE Coalition
 - Starting to talk about RRW
 - Donating \$200 for t-shirts for picnic
- Soup Kitchen
 - Working on creating accountability
 - Saying how much they spend a week and letters of thanks
 - Did have someone who needed volunteer hours and they worked. Have been having volunteers, and people who come to eat that come back to volunteer.
 - Bicycles being stolen while people are eating? They do have a bike rack being donated.
 - Jess said everyone that comes through the line is so nice.
 - Nicki said Jessica and I were able to give out 13 health and hygiene bags
- Doug (trafficking training)
 - Had a human trafficking training at the Horace Baptist Church and it went well, but had some minor technology issues.
 - Doug said he is working on Putting together a focus group in the county. He plans to Talk with the ministerial alliance and get their participation and input.
 - Cindy Spencer connected him with ROE for future collaboration. He will be partnering with the ROE to train K-6 grade teachers in October.
 - He is going to talk to the directors of transportation and talk to them about human trafficking.
 - He mentioned individuals are gaining a lot more awareness of the topic.
 - Cory asked if there was any way for him to provide something for HS kids. Doug said:” yes, a lot less aggressive.” (training when compared to adult).
 - Doug Said” he was able to provide social media information awareness”

- R U Recovery
 - 19 people total in the program 2 new individuals came last week. Thanked the Soup kitchen as he feels they are having people referred by them.
 - Have people who are receiving the help the program intends to bring in the long run.

Next Meeting: August 27th, 2024 at Paris Hospital Conference Room A and on Zoom

Where to Find Past Minutes: [Recovery Coaching Network at GSU \(govst.edu\)](https://govst.edu)

If you are interested in joining the CARE Coalition, please reach out to Angie Hamilton at 35ahamilton@gmail.com

ROSC Educational Trainings and Events Subcommittee

August 15th, 2024

2:00 PM

Zoom

- **Recovery Picnic**
 - Michelle confirmed her daughter's attendance and her plan to set up music equipment for the recovery picnic.
 - Nicki also mentioned that she had received a rough draft from Mary Beth and Keith regarding their speeches for the picnic and planned to meet with them to finalize their content.
 - HRC will have a resource table at the recovery picnic that will include applications for SNAP/Medicaid.
 - HRC will also supply the bubble machines. Lake Ridge will provide the bubbles for the kid's activity. HRC will also be bringing the Duck game again this year.
 - Donation updates, Arby's, Bridget and Spa, Bubba Luba's, C.A.R.E, Carquest, Chuck Keys, Circle K, Edgar County ROSC, Halls of Madness, Hand Me Down Resale, Horizon Health, Hour House, House of Brisket, Human Recourse Center of Clark/Edgar county, Kurly Q, Lake Ridge Christian church, Megan's Creations Neal Tire, O'Riley's Auto, On the tracks, Paris Family Restaurant, Savoias Pizza, Scissor shack, Solei, Starbucks, Subway, Taylor Dunn, Tec Doc, Wendy's
 - CARE will donate \$200 toward t-shirts to hand out at the Recovery picnic. Nicki has been emailing d21 about the website for the t-shirts and should have the website up early next week for individuals to buy additional shirts for the picnic.
- **Candle Light Vigil**
 - Michelle will be on vacation during the vigil. She was not sure if HRC would be able to attend.
 - Nicki Stated we will be finalizing the event early next week.
- **Laundry Day September 12th**
 - Nicki stated we need volunteers Jessica and Nicki were the only individuals who showed up for the event on August 15th. They did call a council member Lisa and she was able to come assist.
 - The next Laundry day HRC will be in attendance

- Hidden in Plain Site Event
 - 2 individuals walked through the event. Both individuals had some amazing feedback. Jessica was able to have a resource table in the hallway. She was able to
- Open Discussion
 - HRC will be assisting CARE and ROSC in Red Ribbon Week this year. HRC will call the Schools and see which schools will be participating and the number of kids in each school.
 - Michelle discussed having a Thanksgiving dinner event in November. Nicki and Jessica will be assisting with this event.
 - HRC will be giving gifts to local schools for the teachers for National Self-care Month in August.
 - Nicki And Jessica will be Doing outreach at the Helping Hands soup kitchen and handing out health and hygiene resource bags. Nicki will send out an email to HRC and the health department for a PDF of their Brochures to put in the bags.
 - Michelle asked for a contact for MADD (Mothers Against Drunk Driving). Nicki will reach out to the other ROSC coordinators

The next meeting is September 22, 2024, at 2:00 PM via Zoom