



**Recovery Oriented System of Care**

**LC ROSC Council Membership Protocol**

**FY25**

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### **Membership Protocols FY25**

#### **General**

We will respect one another and not put forth judgement amongst our peers. We share expectations of conduct and procedures to follow in different situations. We should always display proper respect to anyone that is in recovery at the LC ROSC council meetings or related events. In no way will we pass judgement or criticize a person for their mental health challenge or substance use issue.

#### **Mission, Values and Goal**

**LC ROSC Mission:** Creating a community that embraces and cultivates recovery while reducing the stigma of Substance Use Disorders and mental health.

**ROSC Values:** We strongly believe:

- Recovery is possible!
- Individuals may have many paths to recovery and recovery can look different for everyone.
- People in recovery and their families can and should determine the services they need.
- Strong recovery communities translate to improved community health outcomes.
- Addressing co-occurring mental health, economic, and social issues to create an integrated approach to recovery can improve outcomes for people struggling with Substance Use Disorder.
- Words matter. Addressing stigma around recovery, Medicated Assisted Recovery (MAR), and substance use disorder (SUD) can help increase understanding and opportunities for life in long-term recovery.

#### **ROSC Goals:**

- Goal 1: Improve access to recovery supports and services.
- Goal 2: Increase opportunities for people in recovery.
- Goal 3: Increase awareness around the challenges of recovery and the resources in place to combat these challenges.
- Goal 4: Create a culture of advocacy for recovery and offer ways for new advocates to add their voices to the recovery conversation.

## **Recruitment**

The LC ROSC Council will actively recruit by informing, educating and empowering our communities. The lead agency LC ROSC team along with established and dedicated council members will recruit via the LC ROSC website, email blasts, telephone calls, and in-person meetings, distribution of brochures, social media, presentations, and community discussions. The importance of recruitment is to build our coalition and have representation across community sectors. It will also be every member of the LC ROSC Council's responsibility to recruit by word of mouth. The goal for our LC ROSC Council is to be inclusive rather than exclusive. It is encouraged to bring new people to our council.

## **Orientation**

Involvement is crucial for the longevity of the LC ROSC Council. Understanding the council's history, goals, objectives and structure is important. By taking the time to orient new members to the privileges and responsibilities of membership, the council can create a more educated membership and a more productive council. Orientating new members will make a significant contribution to the LC ROSC Council. A successful orientation will include but is not limited to:

- Informing new members about the LC ROSC history, purpose and structure
- Informing new members about the LC ROSC Council's vision, goals and objectives
- Open access to all vital documents via the LC ROSC Council website
- Acquainting all new members at LC ROSC Council meetings
- Motivating new members to return and encouraging them invite others to join meetings

By following these tips, LC ROSC Council members will ensure:

- New members know the council and can articulate the purpose with confidence
- Members understand their rights and responsibilities
- The purpose of orientation is to gain effective members who make an efficient council

## **Training in the ROSC Framework**

Members and volunteers will be educated on the principles underlying a ROSC, which is to bring awareness to and educate our communities about substance use and dual diagnosis. Members are encouraged to attend trainings when offered through the LC ROSC Council. This is not mandatory, but education will be a vital piece of conquering the stigmas surrounding substance use disorders in our communities.

- Increasing the LC ROSC status in the community
- Increasing recovery awareness in the community
- Identifying individuals in the community with expertise in recovery
- Identifying individuals with lived experience
- Project planning
- Recruiting focus group participants and soliciting community involvement
- Advocating for the utilization of peer support services

## **Adherence to Strategic Plan**

The development and updates to the strategic plan help guide the forward direction of the LC ROSC Council, to be reviewed yearly. LC ROSC council Members are asked to participate and provide feedback in the planning of and implementation of actions of the strategic plan.

## **Inclusion and Role of Nonparticipants**

It is the goal of the LC ROSC Council to be inclusive rather than exclusive. Participation is encouraged by all members of the council. There is no need to define the role of nonparticipants as all community members are invited to join the council at any time. Rich and diverse community involvement will aid in the success of the LC ROSC Council. Participation in sub-committees is highly encouraged for all community members.

**Community Needs Assessment Process** The community needs assessment will be updated annually and be available to all members of the LC ROSC Council as well as community members on the ROSC website. Members are asked to be active participants in the assessment process and community resource mapping and review of both.

**Annual Review:** The Membership protocols should be reviewed annually by the council.