

Lee/Whiteside County ROSC Council Membership Protocol

Sector	Member Name	Organization Name

ROSC Council Mission Statement

The mission of the Lee/Whiteside ROSC Council is to facilitate stakeholders collaborating to build and empower communities of recovery knowing that Lee/Whiteside Counties recover to become healthy and safe communities by improving health, wellness, and resiliency for individuals and families, with or at risk of substance use/mental/ behavioral health inclinations.

ROSC Council Vision and Values

People can and do recover. Recovery is reality! Individuals and families determine the support and services they need. Services and support are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery. Support of recovery is a community responsibility and value. The system is inherently flexible, so it can be responsive to different pathways to recovery. Recovery requires action and ultimately the recoveries are the ones who have to do the work and follow through. More people enabled to practice recovery principles makes for an overall healthier community.

Key Working Definitions

- **ROSC (Recovery Oriented System of Care):** A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or -co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.
- **Recovery:** "Recovery for a person with substance use disorder is the internal process of change that results in living honestly, with serenity and self-respect, in harmony with others, while fulfilling one's responsibilities."
- **Addiction:** "Addiction is a primary chronic disease of the brain reward, motivation, memory and related circuitry. Dysfunction in these circuits leads to characteristic biological, psychological, social and spiritual manifestations. This is reflected in an individual pathologically pursuing reward and/or relief by substance use and other behaviors." ASAM (American Society of Addiction Medicine)
- **Multiple Pathways:** Various organizations, communities, and programs that promote an active lifestyle through fitness, connection to nature through outdoor activities, creative projects and more, in coordination with community-building to help people on their path to sustained recovery.

Member Recruitment

It will be the responsibility of the ROSC Coordinator to successfully recruit members in Lee/Whiteside Counties. The ROSC Coordinator will assure representation from all of the stakeholder categories provided from the State in order to maintain a diverse representation on each Council. Member recruitment can include,

but is not limited to: email distributions, social media outlets, press releases, town hall meetings, pamphlets, radio and/or television interviews and other community presentations. As the Council continues to grow and gain sustainability, it will also be the responsibility of the current ROSC Council members to continue to grow the Council. This Council is meant to be inclusive, but there will be certain membership protocols members will meet in order to attain and maintain membership on the ROSC Council.

Membership Protocol

- Membership on the ROSC Council is open to any and all persons who understand and agree with the mission of the ROSC Council without regard to age, race, sex, creed, gender, sexual orientation, and or mental or physical challenges.
- Persons on the ROSC Council who serve in the capacity of Persons with Lived Experience (PLE) or a family member of a PLE should not have judgment or criticism placed on them in any situation. PLEs may receive a monthly stipend for attending meetings.
- Members must be willing to collaborate with other persons or organizations for the purpose of helping persons in recovery.
- Members will remain open minded and flexible in their thinking and willing to learn from one another.
- Members will understand serving on this Council is on a volunteer basis and no compensation will be provided.
- Members must maintain confidentiality and respect the privacy of all members; personal stories and situations may be shared that need to be kept within the ROSC Council, community enrichment groups or subgroups of the ROSC.
- All members will have an understanding of the definitions of “ROSC”, “addiction” and “recovery” as they pertain to the ROSC Council, and additional training on these ideas will be offered as needed.
- Protocols must remain flexible and the ROSC Council will consider issues not addressed in this reference as they arise on a case by case basis. After agreement of the majority is reached, and if revision is in the best interest of the Council as a WHOLE, this document may be modified. Unity remains an important component.

Orientation to the ROSC Council

It is pertinent for the sustainability of the ROSC Council that members of the Council understand the ROSC framework and also our definitions of “recovery” and “addiction”. Members new to the ROSC Council will be given our Council history, ROSC Council Mission Statement, Vision and Values and Key Working Definitions as a part of their initial orientation to their membership. The time spent in member orientation will serve to promote Council longevity and improve member retention.

Training

It is the responsibility of Lee/Whiteside County Mental Health Center, the local ROSC Council sponsor, to provide any training that is needed in order to bring awareness and education about substance use disorder to each ROSC Council and member. Training opportunities will be offered to positively influence the lives of persons in recovery within the community as well as community members and stakeholders regarding recovery and recovery support. Topics or training that the ROSC Council identifies as needed within their communities will be addressed either directly or through collaboration.

Community Needs Assessment

All ROSC Council members will complete a community needs assessment evaluation in order to properly identify current strengths and gaps in each particular community in regards to support of persons in recovery. The community needs assessment will be available in both electronic and in paper copy forms and can be completed anonymously, if preferred. This assessment will be completed annually as community needs/gaps will be both continuously resolved and emerging resulting in the need for assessment updated.

Strategic Plan

Using the community needs assessment, the members of the ROSC Council will develop a strategic plan in order to improve community support for recovery. ROSC Council members will adhere to the strategic plan as developed by the Council and will be an active part of plan revision as needed. The Council will work together to develop the plan and may make changes as they sit fit based on a majority vote. The strategic plan will reflect both long and short term goals within the community and actions steps used to attain these goals.

The above mentioned member will be responsible for:

1. Being a community leader amongst the represented sector.
2. Ensuring clear communication between the sector represented and the Council.
3. Acting as a positive role model for youth, families, and peers.
4. Supporting the Council's mission.
5. Attending Council meetings which are held on a *monthly* basis.
6. Participating in at least one subcommittee.
7. Attending Council sponsored trainings, town hall meetings, and community events.
8. Contributing to the strategic planning process.
9. Participating in sustaining the Council's capacity, involvement, and goals.

By signing, I agree to the terms outlined in the document.

Lee/Whiteside County ROSC Program Coordinator

Program Coordinator's Signature

Date

Lee/Whiteside ROSC Representative

Representative's Signature

Date