Massac County Drug Awareness Coalition Annual Meeting Wednesday, August 21, 2024, 8:00 a.m. Metropolis City Hall

MINUTES

1. Welcome

- a. Introductions
 - i. In-person- Beverly Holland (Statewide ROSC), Jacob Webb (Illinois Counter Drug Task Force), Robbin McDaniel (Executive Committee), Terra Temple (Media Sector Rep), Toni Miller (Executive Committee), Harry Masse (Law Enforcement Sector Rep), Kerie Rumsey (S7HD Health Educator), Nicholas Peebles (Social Worker), Heather Wheaton (Community Member), Darla Bond (Counselor), Jade Chew (National Guard), Holly Windhorst (Director), Jasmine Robinson (Prevention Coordinator), Jordan Strong (Recovery Coordinator), Lasha Vincent (Peer Specialist)
 - ii. Zoom- Stephen Miller (Civic Sector Rep), Stacy Kirkham (MCMH), Mike Deno (House of Care), Jessica Palazzolo (Lincoln Prairie Behavioral Health), Aaron Seibert (CenterStone), Mary Smith (Executive Committee)
- b. Acknowledge Voting Members- Holly read all the names of voting members that were in attendance. To be a voting member you must be in attendance to at least 2 meetings in the past 12 months.
- c. Approve Old Minutes- No changes were made. Harry Masse made a motion to approve the old minutes, Robbin McDaniel seconded the motion. All in favor, none opposed, motion passed.

2. Executive Committee Report

a. Approve new member terms- Mary Smith and Toni Miller terms are up for the Executive Committee 3 year terms. Holly renominated both members to serve another 3 years and no other nominations were made. Nick Peebles made a motion for Mary Smith and Toni Miller to serve another 3 year term on the Executive Committee. Robbin McDaniel seconded the motion. All in favor, none opposed, motion Passed. Congratulations to them both. 3. Annual Report- Holly went through the Annual Report highlighting the Number of Narcan given out, Loads of Laundry done, and the Youth Advisory Councils and Recovery Council. Most items will be covered throughout the meeting.

4. Fundraising/Sustainability

- a. No Fundraisers coming up. This past year we had all the fundraisers in basically one week and next year they will be slightly spread out due to Superman Celebration being a week later.
- b. Grant Updates- The DFC grant was submitted in April for another 5 years. We found out that we got through the 1st two reviews and only have one more left. We should be finding out within the next week. We will send out a press release if we are awarded.
- c. Drug Endangered Alliance- We received the RMHC grant for backpacks and laundry days. Most of the \$2500 dollars will be spent on getting backpacks and supplies for every age range. We will be able to use \$900 for the Free Laundry Days. The DEC alliance will be deciding where the most beneficial location for the bags and supplies to be and how best to implement this project. We will be sending out a survey to figure out when and where we could meet to work on these projects. Thanks to Jasmine and Toni for applying for this grant.

5. Prevention

- a. Youth Advisory Councils- MCHS has their first meeting on August 28. The Leadership Team met on August 12th to create a game plan for the year. They are going to be working through the action plan the students at CGTI created. These activities include passing out items, 5th Quarter events after the football or basketball games as alternative activities, and a clothespins with positive messaging.
 Joppa- With the admin change, Jamie Clark, the teacher we were working with last year wants to meet with the new principal to make sure she is okay with it and decide when meetings are going to be. We are going to try to work in some junior high students. We are super excited to see what all the students are able to accomplish this year
- b. Red Ribbon Week October 28 November 1, 2024- The theme this year is "Life is a Movie, Film Drug-Free." We are beginning the work of getting numbers from each school and will begin ordering items middle to end of September with a pack day at the beginning of October. We are planning on bringing back the Essay competition this year and giving out awards to each class at each school of 4th through 6th grade. We plan on giving

- these awards during the day in November to the winning students by going to their classrooms.
- c. Event Recap- We tabled at the Holland House Celebration, National Night Out, Harrah's School Supply Drive, Pencils, Prayers, and Praise, and the MPD Pool Bash! We loved every event with large turnouts and were able to give out Parent Handbooks, bracelets, and more.

6. Recovery

- a. Recovery Council
 - i. PLE Participation Update-New participants are getting involved in last few months meetings. Quarterly outings will be starting with the first one October 10th as a hiking outing at Ferne Clyffe. Will take suggestions for the outings for the rest of the year from the group. The purpose for these outings is to increase continued participation and give the group something fun to look forward to.
 - ii. Recovery Council Stipends-Over the last year we have had 91 stipends given out to people with lived experience for participation in the Recovery Council meetings and for volunteering at MCDAC events. These are \$20 gift cards for different local places that participants can choose from.
- b. Overdose Awareness Night August 29, 6:00 p.m., Courthouse Lawn-This is the 3rd Overdose Awareness MCDAC has held and we look for an increase in attendance. There will be purple ribbons placed in memory of those who have lost their lives to an overdose and individuals are welcome to request one placed in memory of a loved one. We have 26 that we will have placed from the county data from the last ten years. Individuals can have the name of the loved one placed on it if they would like, or just reach out and request one to be placed.
- c. Massac Co. Recovery Walk September 28, 10:00-2:00, Fort Massac State Park- Plans are coming together for the 2nd Annual Recovery Walk. This year will be a combination of the resource event, picnic, and walk that were separate events last year. Hoping to increase attendance with this set up. We have a total of 13 agencies/organizations confirmed to attend. Laken (Guardian Family Services) states they will be in attendance. We will have lunch provided and encourage everyone to attend and bring friends/family. This is meant to be an event that creates community connection and networking. We will have games and prizes at this event so there will be something for everyone. Jordan is finalizing all the details with the Illinois Department of Natural Resources and getting flyers distributed over the next few weeks.

d. Resource Center - Lasha

i. Yearly Data-The Resource center/peer services continue to be utilized more. Over the last year there have been 49 individuals connected to the resource center through peer services. This last month there have been 5 people that were able to get into residential treatment. We also have recently had an increase in continued participation for individuals after getting to and completing treatment.

7. Public Comment/Other

- a. Metropolis Police Department Trunk or Treat is on October 30th at Fort Massac Park, setup is at 4 and will start at 5 and last until 8 or 9 depending on the crowd.
- b. Look in to the Faith Alive ministries for clothing donations, they are in Vienna and have clothes super cheap for those that need it.
- c. Lincoln Prairie Behavioral Health provides inpatient mental health care for youth and is located in Springfield, IL. They have training and more available.
- d. Centerstone is doing a Life Story 5K in Marion coming up to raise awareness of suicide and looking for vendors and more participants. Also working with Take Action Today and Gateway to hold a vigil in September for Recovery Month.

The meeting adjourned at 8:46 a.m. The motion to adjourn was made by Harry Masse and seconded by Jasmine Robinson. All in Favor, none opposed, motion carried, and meeting adjourned.

Next meeting: Wednesday, September 18, 2023, 8:00 a.m., Metropolis City Hall