

## SI SUPRT Membership Protocols FY25

### *Serving Gallatin, Hamilton, Saline and White counties in Southeastern Illinois*

**Council Mission:** Create a culture that nurtures recovery, reduces discrimination against people who use drugs, and supports the expansion of *recovery capital* in the community. Our council is always working to improve the way our community treats and cares for people with substance use disorders.

**Recovery Capital:** Recovery capital refers to the internal and external resources necessary to achieve and maintain recovery from substance use issues. It encompasses personal, family, social, and community elements that can either support or jeopardize recovery.

#### **ROSC Vision:**

- People can and do recover
- Individuals and families determine the supports and services they need
- Services and supports are continuous and cohesive across different phases of care and are coordinated across the various agencies involved in their delivery
- Support of recovery is a community responsibility and value
- There is inherent flexibility in the system, so it can be responsive to different pathways of recovery
- Measuring quality and outcomes is a system priority

#### **ROSC Values:**

- Recognize the right of a person to direct their own recovery
- Recognizing that there are many models of, and paths to, recovery
- Operate with integrity and a sense of personal responsibility
- Include the “voice” of peers, family members, and the community in planning and decision-making
- Implement programs with competency and good stewardship
- Empower individuals and families
- Embrace cultural diversity

#### **ROSC Goals:**

- Inform, educate and empower individuals and communities
- Determine existing services available as well as the needs to expand necessary service in the areas of prevention, treatment, peer recovery support and systems improvement
- Develop partnerships that are rich and diverse
- Increase in the number of people pursuing recovery, improving recovery capital to strengthen capacity to build and maintain lives in recovery and build recovery sustainability

#### **Membership Recruitment**

- We retain and solicit SI SUPRT Council members through:
  - Meeting information is shared at monthly Free Laundry Day events
  - Social media appeals on our Facebook and EHD pages

- Individual outreach to people known to council members
- People with Lived Experience (PLEs, both people in recovery and people with family members or loved ones with substance use disorder or other addictive behaviors)
- Regular attendance to events, coalitions, and meetings outside of our agency
- Targeting members for specific sector and county involvement
- SI SUPRT brochures continually available at Recovery Resource Center and at community events where EHD/ROSC information can be shared
- Individual connections with staff or community members
- General invitation to public via media and recruitment announcements, public presentation announcements

**Orientation:**

- New SI SUPRT members receive information regarding our vision, values and goals included in attached New Member Welcome Packet
- Minutes of previous meetings are available in State ROSC website:  
<https://www.govst.edu/ROSC-GSU/ROSCC/SIRC/>
- Members referred to SI SUPRT’s Communication and Outreach Plans, Needs Assessment and Strategic Plan, all available on website
- New members welcomed at SUPRT meetings
- Members can visit with ROSC Program Coordinator and/or Program Assistant at any time. More information can be provided according to their need/request

**Training in ROSC Framework:**

- Special guests at council meetings provide ongoing training and education to council members
- Council members receive information about available training and education related to recovery and substance use
- Additional training will be provided for community and council on:
  - Destigmatizing substance use disorders and challenges
  - Pathways to recovery
  - Dignified care for people who use drugs
  - Harm reduction
  - Recovery advocacy and recovery support

**Community Needs Assessment:**

- We will perform an annual SWOT analysis by distributing questionnaires to all members via email and social media
- ROSC Coordinator, PLE, and Marketing Coordinator will perform interviews with key stakeholders
- ROSC staff and council members will compile data collected to present findings to entire council
- We will use this data determine ongoing needs of the community

## Strategic Plan

- We will use information from our SWOT analysis and community needs assessment to revise and update our strategic plan
- We will use information, feedback, and gap analyses from our council meetings to create a strategic plan that includes the goals and vision of our council and key stakeholders
- We will devote time during council meetings to develop a strategy to execute each component of our strategic plan
- The council will hold itself accountable to delivery of the strategic plan, and reach out to the appropriate stakeholders for support in executing our strategic plan

## Inclusion and role of non-member participants:

All Council meetings are open to the public.

Zoom link for meetings and/or in-person meeting location, along with agenda are sent to entire email roster one week ahead of monthly meetings.

Council and community members are encouraged to provide input to ROSC Coordinator or other staff if they cannot attend meetings. Our list serve is larger than our typical list of those who attend meetings. Agendas, minutes and information are posted on state ROSC website.

We reach out to specific individuals and groups we need to hear from such as recovery groups in community.

We reach out to the community intentionally through our laundry events, recovery picnics, anti-stigma events, attending networking opportunities, and by partnering with other organizations.



## New Member Welcome Packet

The Southeastern Illinois Substance Use, Prevention, Recovery, and Treatment (SI SUPRT) Council began as a subcommittee of the Southeastern Illinois Community Health Coalition (SICHC). The coalition performs a community health needs assessment each year, surveying hundreds of community members, and substance use has remained a top health concern in Southern Illinois for many years in a row. Because of this concern, SI SUPRT expanded to become its own council, and we officially became a Recovery Oriented System of Care (ROSC) in 2018.

**SI SUPRT** is just one ROSC in a network of ROSCs across the state of Illinois. *ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or -co-occurring conditions.* The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

**We work together to address important issues, solve problems, and support each other in our efforts to increase recovery capital.**

**Recovery capital** refers to the internal and external resources necessary to achieve and maintain recovery from substance use issues. It encompasses personal, family, social, and community elements that can either support or jeopardize recovery. It's divided into three types:

- **Personal:** Physical and human resources, such as health and skills
- **Family/Social:** Supportive relationships and community ties
- **Community:** Local policies and resources supporting recovery
  - Cultural capital is a subset tied to culturally resonant recovery pathways

Recovery capital supports various therapeutic approaches and resiliency factors, reducing relapse risks by addressing motivation, emotional distress, and social conditions. Overall, it enhances recovery efforts by fostering supportive environments and diverse pathways tailored to individual and cultural needs.

We strongly support multiple pathways to recovery, and the full and meaningful participation of people with lived experience (PLEs), including people who currently or formerly use drugs. Lived Experience means personal knowledge about recovery from substance use disorder (SUD) and/or co-occurring disorders gained through direct involvement, which may include that individual's involvement as a patient, family member, or loved one of a person receiving SUD and/or MH services.

ROSC councils collaborate with a diverse set of stakeholders to promote recovery in the entire community. Stakeholders should include: but are not limited to members of the following:

- |   |                                 |
|---|---------------------------------|
| ● Person with Lived Experience          | ● Healthcare Professional       |
| ● Recovery Supports                     | ● Law Enforcement               |
| ● Faith-based Groups                    | ● Judicial                      |
| ● Family/Parents                        | ● Volunteer/Civic Organizations |
| ● Service Providers                     | ● Education/Schools             |
| ● State/Local/Tribal Government         | ● Youth-Serving Organizations   |
| ● Substance Use Treatment Organizations | ● Media                         |
|   | ● Businesses                    |

**SI SUPRT** directly serves Saline, Gallatin, White, and Hamilton Counties in southern Illinois. Some of the projects we've worked on over the years include:

- |  |  |
|--|--|
| ● Yearly Overdose Awareness Day events                                     | ● Anti-stigma community events   |
| ● Fostering relationships between treatment providers and judicial systems | ● Public forum/education for loved ones of people with substance use disorders |
| ● Increased naloxone access  |  |

- Active participation in Southern Illinois Recovery Network
- Regular Free Laundry Day event across all four counties
- Collaboration with faith-based communities

We invite you to join us in our efforts to better care for people who use drugs and people in recovery. Our mission is to create a culture that nurtures recovery, reduces discrimination against people who use drugs, and supports the expansion of recovery capital in the community.

### When We Meet

*We meet every month, always at noon on the first Wednesday over Zoom, with quarterly in-person meetings.* Members can attend as often or as little as they're able. Please email [cdennis@egyptian.org](mailto:cdennis@egyptian.org) to have your name added to our roster for updates and monthly meeting information. For other inquiries and question you can contact:

#### ROSC Coordinator

Chris Dennis  
 Recovery Services Program Manager  
 Egyptian Health Department  
 Recovery Resource Center  
 Office: 618-294-8322 ext. 207  
 Cell: 618-294-1086  
[cdennis@egyptian.org](mailto:cdennis@egyptian.org)

#### Law Enforcement Council Member

TSgt Vincent Falzone  
 Investigative Case Support Analyst  
 ILNG Counterdrug Task Force  
 Illinois State Police  
 Southern Illinois Drug Task Force  
 1391 S Washington St, Du Quoin, IL  
 62832  
[vincent.falzone@illinois.gov](mailto:vincent.falzone@illinois.gov)

#### ROSC Administrative Assistant

Danielle Camp  
 Health Education Administrative  
 Assistant  
 Egyptian Health Department  
 Cell 618-272-6679  
 Office 618-273-3326 ext. 2518  
[dcamp@egyptian.org](mailto:dcamp@egyptian.org)

#### Recovery Support Specialist and PLE

Kindra York  
 Peer Recovery Specialist  
 Recovery Resource Center  
 Office (618)294-8322 Ext 205  
 Cell (618)272-6935  
[kyork@egyptian.org](mailto:kyork@egyptian.org)

Scan Me to join  
 SISUPRT



Scan Me to see our  
 Facebook Page!

