

# ADDRESSING STIGMA:

October 16, 2024  
12:00 p.m. (CST) -  
1:00 p.m. (CST)

## A Virtual Panel on Families and Substance Use Disorder

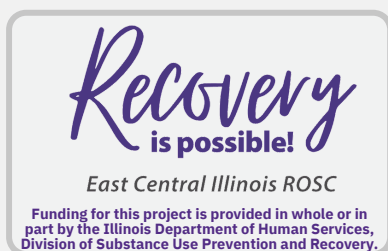
This free virtual panel of professionals and persons with lived experience aims to educate community members about the stigma associated with family members of individuals with substance use disorder. Participants will gain insights, share experiences, and learn how to support and advocate for families.



- **Impact on Families:** Discuss how substance use disorder (SUD) affects not only the individual but also their family members, including emotional and social.
- **Stigma and Isolation:** Examine the stigma faced by families of individuals with SUD, which can result in social isolation and a lack of support.
- **Mental Health:** Address the mental health implications for family members, including stress, anxiety, and depression, caused by dealing with a loved one's SUD.
- **Support Networks:** Highlight the importance of building strong support networks for families to help them cope with the challenges of SUD.

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