

BOUNCE BACK 2 LIFE RECOVERY NETWORK

BB2L AUGUST 2024 ROSC MEETING

Call to Order by Araina Mickens Date: August 21, 2024 Time: 9:30 am – 11:00 am Location: Lights of Zion -11636 S. Halsted, Chicago, IL, 60628

Attendance: Attached

MEETING AGENDA

Introduction of Agencies/ Attendees- Pastor Steve Jones

Moderator- Araina Mickens

Why ROSC is important..... Araina Mickens

Introductions - Araina Mickens

Speaker- Open Forum: Power of Community Support

Questions & Answer

Join the ROSC Movement..... Pastor William Jenkins

MOUs.....Pastor William Jenkins

Announcements & Upcoming Events

Complete our Survey

Next Meeting Date: September 18, 2024

Victory Christian Assembly, 10 Hemlock St, Park Forest, IL



Meeting Minutes - BB2L ROSC Council

Date: [August 21, 2024] *Time:* 9:30 am *Location:* ^LOZ **Call to Order:**

• The meeting was called to order by Araina Mickens.

Attendance Registration:

• Attendees were requested to sign in if they had not already registered.

Welcome and Introductions:

- Pastor Jones welcomed all attendees, introducing the purpose of the discussion.
- Pastor Jones invited each attendee to provide a brief introduction, highlighting their roles within the BB2L ROSC Council.

Araina Mickens gave a quick overview of the importance of ROSC Councils

Summary of Open Discussion:

Mrs. Mickens began the meeting welcoming all the attendees. She then transitioned to speaking on the power of the community. The community is an integral part of all our lives and the right type of support can change lives. A discussion was sparked when an attendee spoke passionately about her community and how they saved her life when her mother was battling addiction. She stated that it was her community, church, and neighbors saw to her wellbeing, while also trying to get her other the help she needed. Lori Dill, VP of South Suburban Council, spoke to the group about community support in recovery homes and during the transition of patients leaving in house treatment and how vital it was to maintain one's sobriety. Ms. Dill educated the group about the mindset of someone dealing with recovery. It is crucial in order to maintain sobriety that they focus on the present and future, so as not to get pulled back in to their old lifestyle. The meeting concluded with Ms. Dill and others sharing their organizations' info and links to the resources they offer.

Pastor William Jenkins:

- Invited people to become members of BB2L, highlighting the benefits of networking within the Recovery Community.
- Introduced MOUs and underscored the importance of becoming a member.

Upcoming Events:

• BB2L September Meeting, September 18, 2024.

Meeting Adjourned: The meeting was adjourned by Araina Mickens at 11:00 am.