

ROSC Meeting August 26, 2024

Facilitator: Michelle Dettwiler (ROSC Coordinator)

Notes: Carissa Van Den Berk Clarke & Brittney Card

Attendees: JM (and recovery provider), KS, ES, LM, MD, Britney (new ROSC Coordinator), Amy Robinson – Birth to 5 IL, Chas Swearingen – LPBHC, Carrie McKinzie, Dr. Mary Roberson – LC ROSC, Lauren Davidson, Stephanie Carson – Gateway Foundation, Carmen Lanham, Ashley Smith Centerstone, Erica Petcher – Haven Home/Cross Over Ministries, Keppen Clanton – Birth to 5, Michelle Wallace- Acorn Counseling, Leesha Bennet – Land of Lincoln Legal Aid, Ashley Smith, Sheena Langhauser, Adrienne Edwards- Next Network, Kevin Schott- EMA, Nathan Nichols-CIPT, Michelle Wallace- Acorn Counseling, Jen Carron- Crossover Ministries, Juliet Fahlma- statewide, Haley Wargo- NAMI, Savannah Holthaus- ROE #3, Roy Schieferdecker-IDOC Parole, Ron Howard-MCHD, Candi Mazza- Litchfield CUSD #12, Charles LeGrand- Pavilion

- If you want to be added to ROSC Consortium logo board, please email Michelle Dettwiler at MDettwiler@mcphd.net
- Asked attendees to sign in or post their name in chat. New members introduced themselves
 - MD introduced self (sign in sheet)
 - Maria Clark – incoming executive director Locust Street Resource Center
- MD called for approval of Minutes, Second and Approved
- MD called for approval of August Planning Committee Meeting Minutes, Approved
- Update from planning group meeting
 - Talked about doing additional social media for *Do you See me Now?* Campaign. Also talked about getting more students involved. Talked about window clings.
 - Mentioned TikTok contest – to get students involved in
 - Resource board is ongoing – Amanda Majors submitted some stuff
 - Overdose Awareness – LED lights that turn purple. Purple lightbulbs for houses in both counties to celebrate recovery month.
 - If interested in the planning committee meeting, email MD – 2nd Monday of the month at 10 AM via Zoom.
- Please join MMRC Council Facebook Page - Follow and Like Us
- Introduction of Brittney Card – New ROSC Coordinator
- MD read of inspiration quote
- Dr. Mary Roberson – The Recovery Rally
 - Organization called NIRCO – Northern IL Recovery Community Organization – will be hosting 2024 national recovery rally. Along with Chicago Recovery Communities Coalition (CRCC) – was selected by Faces & Voices of Recovery – host national recovery leadership every year.
 - Send out email blasts to be a host. This year Chicago Recovery Communities Assoc and NIRCO won.
 - Dr. Mary – a person with lived experience – is proud to say they no longer use substances.

- Faces & Voices of Recovery founded in 2001 – focus on fighting stigma
- For more than 30 years – September is celebrated as recovery month
- IL SUPR will be lighting up the skyline of Chicago at the end of month for recovery month.
- Event will have live music, national speakers, educational panels and breakout sessions, IL culture and entertainment, recovery and community resources, food and activities for all ages
- SAMSHA Director will be coming to national rally
- There are opportunities for sponsorship -hoping state partners will help to pull this off. Have major sponsorships but still a long way to go.
- Important to IL because people from all over the country invited to Chicago – shows country united front in IL.
- Will bring a mock overdose prevention site – will include nurse, supplies and Narcan.

Recovery Month Events

- Haven Home Hope/Next Network Aug 31st Walton Park – Band, speakers, picture frames lost loved ones. Send by Wednesday (8x10), food truck from Next Network will be there.
- Recovery Jam – Sept 21 – have speakers every ½ hour, there will be a food truck and it will be a great time! 4-9 PM – if you can't make it to Chicago – come see us. We will have 6-7 speakers – and will be doing some through social media
- MCPHD will be Honoring first responders in Macoupin and Montgomery Counties – for responding to the substance use crisis – LM will be going around with gift baskets to first responders in Macoupin County.
- Will be providing gifts to clients to keep them going
- Wall of gratitude and purple everything at SFW
- Will be handing out purple lightbulbs to light Macoupin/Mont purple – will come with either a sticker or a card with a hashtag on it “Power of Purple”. Need to come to the Overdose Awareness event Saturday (Aug 31 Walton Park). Also trying to get the courthouses and hospital to light up purple. Have State of IL proclamation and letter stating what we want to do to hand to courthouse and hospitals. Please sign this letter (we will be passing out during the meeting)
- Sept. 11 Haven Home of Home Movie Screening – girl who attempts suicide “My Ascension” 7 PM
- Sept ROSC Consortium Topic highlighting organizations that offer recovery services – as well as personal recovery stories. If you or anyone you know is interested in speaking, let me or Britney know. Sep 23 2-3 PM
- ROSC Utopia Board Game
 - Hoping to take 10 minutes at the end of each ROSC meeting – actionable board game
 - To create a resource foundation.
 - Had a conversation with ES one day – Catan – a resource game

- Goal of the game – to build up to 4 complete resource foundations to build “utopia”: One utopia per quarter.
- Start off with a dystopia – and you want to get to a utopia. Tokens include education, housing, stigma reduction interventions, etc.
- To get there we have “action” and “engagement” cards. With action cards take die, roll the dice and will give you 1-6 – that will represent one of our strategic plan sections.
- If roll for housing – pick housing action card – start one conversation with individual about recovery housing. If it doesn’t go anywhere that’s ok, the action was completed for making the connection.
- Engagement card – each of the sectors – each of the strategic plan – law enforcement – GED Educ programs, chamber of commerce – labeled on sheet of paper those different sectors. Pick an engagement – on that sector – reach out to one individual and invite them to come to the ROSC.
- Attend the next ROSC meeting to play again and progress on the board.
- Will be done for 12 months – goal is to make things more actionable.
- This game is a collaborative effort. Work to make connections and help each other – I know you work in housing – how do we start – how do we work together?

Community Updates

- St. Francis Way- Getting youth prevention for education in Macoupin and Montgomery County – Got a grant to expand and are looking for a health educator with an RN. Will be able to hire one peer recovery specialist. Will also be expanding Treatment opportunities for adolescents (still working out age cut off). We will also be adding a Handle with Care program and creating an additional network focused on youth. If interested, let LM know. The youth board will help with stigma campaigns, art contests, town hall meetings, and hidden-in-plane-sight buses. We also got a grant for pregnant and postpartum women, the Doula program, and hospitals for women who tested positive at birth.
- Erica Cross – started a Veterans and First responder support group every Tuesday 6:30-7:30 (first and third Tuesday of the Month)
- Memorial Hospital Bellville offering detox services – Sheena Langhauser – except Medicaid and uninsured.