



MERC Meeting Summary

9:00 a.m. via Zoom

<https://zoom.us/j/97144229718>

Sept. 19th, 2024

**Attendees:**

Angella Halloway  
Beverly Holland  
Dan Hutchinson  
Dusty Hanner  
Deborah Humphrey  
Elbert Jennings  
Elizabeth McQuaid  
Jen Nagel-Fischer  
Kathy Kehrer  
Kelly Jefferson  
Kristen Anderson  
Mark Knott  
Michelle Brooks  
Naomi Fulton  
Paul Fischer  
Sheena Langhauser  
T.L White  
Tracey Dones  
Violet books

**Old Business**

This past month we had Tracy Hancock of Chestnut Health Systems Outreach Specialist, services program give us a briefing on who she is and what she does for our communities.

Tracy spoke on the increasing use of alcohol, nicotine and THC in the 8<sup>th</sup> grade students in Madison and St. Clair county's. Some of the differences of substance use as smoking, vaping and oral consumption. Tracy also commented on why some schools are reluctant to participate in the survey and vaping trends in Jr High and High Schools and the need for marketing laws and better selling restrictions.

Elbert Jennings shared about the Tues Nite event Aug 6<sup>th</sup> and how much of a success it was ... 😊 awesome news!!

Jen Nagel shared on Logans Law

And Deb Humphries shared about the upcoming event in Sept.

### **Announcements and upcoming events**

- At the Edwardsville Library there are monthly Stigma conversations along with Narcan demonstrations which will continue to be held on the 3<sup>rd</sup> or 4<sup>th</sup> wed of each month check the library Facebook page schedule.
- Weekly Early recovery meeting Tuesdays at 6:30 pm at 144 E Ferguson in Wood River (Amare). Open to the public.

### **New Business**

Review events that are being held in the month of Sept

Any announcements from our council members are welcomed

Update on the in person meeting will be in Oct 17<sup>th</sup> Thursday morning at 9am at 12 N 64<sup>th</sup> St. Belleville

Lots of announcements and events coming up attached are the flyers

Ms. Fischer shared on her upcoming travel to DC to bring more awareness to whats happening in Kennsington

Ms. White also shared some training opportunities if anyone is interested

Mr Jennings shared a couple events also coming up in Oct the 12<sup>th</sup> and another on the 14<sup>th</sup> more information to come along with a flyer

Ms Humphries shared several events coming up see attached flyers

And Ms. Jefferson spoke on the events Nami has coming

Thank you all for sharing and giving us the flyers to share

I appreciate the passion and all the hard work each and everyone you do daily and as a person of long term recovery I want you to know, all of you are making a difference today and I am very grateful for you!

**Wellness Moment**

- Mark Knott – Chestnut Health Systems Community Health Specialist III

**MERC Upcoming Zoom Meeting**

**Oct 17<sup>th</sup> 2024 at 9am**

**Metro East Recovery Council (MERC) Vision:**

A community system that nurtures and supports individuals and families seeking or maintaining recovery for themselves or a loved one.

**Recovery Oriented Systems of Care (ROSC) Mission:**

Collab<https://web.cvent.com/event/6976f541-4500-4e6d-b666-304a13cc2ef8/regProcessStep1?i=nzhae1EuCk6dILxHB0NUxQ&locale=en-US>orating to build and empower communities of recovery.