

Moultrie and Shelby County ROSC Minutes

When: August 6th

Time: 3:30 PM

Where: Shelbyville Outpatient Office & Zoom

Meeting Minutes

Notetaker: Skylar Miller

Introduction of Attendees

Tess Miller, Skylar Miller, Liz McQuaid, Patti Mullins, Julie Pohlman, Carrie McKinzie, Rebecca Comstock, Patrick Miller, Heather Wade, Tayler Dance, Angie Durbin and Danielle Snow.

Spotlight Speaker/Agency

Danielle Snow- Person with Lived Experience

Danielle graciously shared her personal story. She spoke on her motivations to begin her recovery journey, her experience with the local Drug Court, and how hope played a role in her decision to become sober.

On behalf of the entire Moultrie/Shelby County ROSC we thank you Danielle for being brave and recovering out loud. In doing so, you are instilling hope into many others. Thank you again!

Tess Miller mentioned the established DOPP sites in Moultrie/Shelby County. Please see below...

- o Shelbyville Spillway Motel
- o Shelbyville Salvation Army
- o Moultrie County Sheriffs Dept.
- o Sullivan Public Library
- o Christ Tabernacle Church in Herrick
- o Family Drug Pharmacy in Shelbyville
- o Lovington Library
- o Sullivan Pharmacy
- o The Bethany Diner
- o Bethany Village Hall

- o Shelbyville Senior Center (Plaza Boutique)
- o Fellow Baptist Church Food Pantry
- o Windsor Library

Partnerships with Pharmacies

- o Family Drug Pharmacy in Shelbyville
- o Moweaqua Pharmacy
- o Sullivan Pharmacy

Narcan Trainings

Tess then mentioned that the MSCRC is always looking for placement on DOPP sites. She stated if anyone knows of an individual and/or agency that would benefit from a site to please let her or Skylar know. Skylar and I will also be training the Moultrie County Counseling Staff on Narcan in August.

Heather Wade asked if people needed to be re-trained to use Narcan and if so what the time limit was.

Liz McQuaid specified that it is a one-time training, but refreshers can be provided!

Barrier discussion within Moultrie/Shelby Counties

Tess mentioned that in a previous discussion a few months ago, the council discussed multiple barriers within Moultrie and Shelby counties; therefore, she will be highlighting one a month. For this month, **Tess** continued the discussion regarding stigma.

Tess stated that if anyone had any further comments regarding how to help reduce the barriers regarding stigma to please get in touch with her to discuss some ideas. She then stated that the Communication Campaign will be impactful in reducing stigma.

Communication Campaign Overview

Tess discussed the objectives of this month for the campaign. She said that this month we will be focusing on building awareness and education surrounding substance use disorder and recovery. She reviewed the infographic that is spread widely for week one. She then stated that everyone should be on the look out for week 2-4 as we will be spreading those widely as well.

Tess encouraged the council to also spread and share the infographics.

SwabTek Devices

Tess mentioned that there was a need/want in the school community for Swab Tek vape testing devices. Shelby County Probation Department showed interest as well. Tess discussed a potential to add them into the opioid settlement funds proposal.

Liz McQuaid said to email her the information and she will look further into it.

Update on Recovery Navigator Resource

Skylar stated that she was still doing her education groups amongst different entities in the community. She talked about the Candlelight Vigil and discussed some ideas she had for the council. **Skylar** also mentioned that our speaker for the Candle Light Vigil will be the first woman to begin her recovery journey at Restoration Farms, Lindsay J.

Tess mentioned that the September meeting will be the second Tuesday because of Labor Day conflict.

Next Meeting: September 10th, 2024 @ Elizabeth Titus Memorial Library from 3:30p-4:30p.