

Moultrie and Shelby County ROSC Minutes

When: September 10, 2024

Time: 3:30 PM

Where: Elizabeth Titus Memorial Library and Zoom

Moultrie and Shelby County Meeting Minutes

Notetaker: Tess Miller

Introduction of attendees

Tess Miller, Skylar Miller, Julie Pohlman, Jenna Hays, Crystal Watkins, Bonnie Goodwin

Agency Updates

Tess took a new position with Hour House as the Human Resources Coordinator. **Skylar** has been hired as the new MSCRC Community Outreach Coordinator and **Bonita** Goodwin will be assuming the role as Recovery Navigator! This is all wonderful and exciting news.

The Shelby County **Salvation Army** is ending their fiscal year. They are using leftover funds to purchase gift cards for those who may need them in the colder months. They are always collecting for their Back to School event because the goal is to provide for 100 kids. **Crystal** is in office from 10a to 12p on Fridays!

Spotlight Speaker/Agency

Skylar Miller- Person with lived experience and Recovery Navigator.

It was her last time sharing as Moultrie and Shelby Counties Recovery Navigator. She shared her personal story with attendees.

Drug Overdose Prevention Program

- o Shelbyville Spillway Motel
- o Shelbyville Salvation Army
- o Moultrie County Sheriffs Dept.
- o Sullivan Public Library
- o Christ Tabernacle Church in Herrick
- o Family Drug Pharmacy in Shelbyville
- o Lovington Library
- o Sullivan Pharmacy
- o The Bethany Diner
- o Bethany Village Hall

- o Shelbyville Senior Center (Plaza Boutique)
- o Fellow Baptist Church Food Pantry
- o Windsor Library

Partnerships with Pharmacies

- o Family Drug Pharmacy in Shelbyville
- o Moweaqua Pharmacy
- o Sullivan Pharmacy
- o Any other ideas?

Narcan Trainings

- o If any agency that you believe would benefit from a training, please let us know!

Deliverables Discussion

- o We are not completely abandoning the barrier discussion. We appreciate the data we have been able to collect from everyone and we will continue to utilize it but we are going to start talking about our upcoming deliverables; we want everyone to be a part of updating them!
- o We reviewed survey questions from a sample another county shared with us
- o The questions that we talked about adding to the survey were-
 - o How many people in your community are displaced?
 - o Who is willing to help provide transportation?

Bonnie stated that she would like to work toward a volunteer list to have transportation for those in the community who need to go to treatment. **Julie** mentioned that we should be sure of our lead agency's policies when it comes to getting volunteers for rides. **Jenna** reiterated that we cannot get volunteers for rides for clients of our agency, but for peers in the community, we are good to go.

Communication Campaign Overview

- o September is Recovery Month!
- o This month we are focusing on a strong social media presence!
- o Were highlighting personal stories of those who struggle with substance use disorder and their experience with Stigma. By highlight stigma, we hope to reduce and remove it.
- o Listen for our awesome radio ads!

MSCRC Events

- o Our second candle light vigil was a success, very small this year but intimate!
- o We are continuing with our Anti-Stigma Communication Campaign
- o Paint the Town purple- look for our purple pinwheels
- o Our first laundry day in Moultrie County is at the end of this month at the Rainbow Wash House in Sullivan!

Update on Recovery Navigator Resource

Skylar will begin training Bonnie after 9/16. Education groups with RF, Mo. Co. Jail and Drug Court are going well. Our candle-light vigil was everything it was supposed to be. I, as the navigator and someone who lost a family member to overdose spoke. Lindsey, from restoration farms, shared her story also. It has been an amazing journey! Excited to see what comes next!

Next Meeting: October, 1st 2024 at 3:30pm @ Shelbyville Outpatient Office