

Bond County Recovery Council Wednesday, September 11, 2024 10am-11:30am (probably only until 11am) Via Zoom/In Person at the SMART building 3rd Floor

Meeting Minutes

Welcome and Introductions
 In Person: (Have sign in sheet)
 Monique Brunious-BCRC
 Toni Randall-BCRC
 Tony Brooks-Bond County Coroner
 Amanda Zinkgraf-PLE & Prairie Counseling Center
 Chelsey Scott- PLE & Prairie Counseling Center
 Dan Hutchinson-ROSC Supervisor

<u>Via Zoom:</u>

Aida Kistler-CRSS with AMARE Julie Herr-CHS Alice Fitzsimmons-Lost & Found Ministries Amanda Depew-Illinois Joining Forces Danielle Voelkel-CHS Sandi Laurent-Kaskaskia College Patrick Miller-Faith based initiative Johanna Gonzalez-Statewide ROSC Beverly Holland-Region 5 TA Teresa Cornelious-HSHS Veneeta Wadlow-Riverbend Head Start Angella Holloway-MERC Patrick Small-HSHS Elizabeth McQuaid-DOPP/OND

2. Review Old Business

*Completed Resource List-These are ready. They are much more extensive than the old ones and we are working on distributing them. If anyone sees any changes that need to be made, please email Toni. We want to keep these as up to date as possible.

*Meeting cards are available. Please take some with you to share. If you need them dropped off, please let us know. We are getting close to the end of these again. There have been a few updates since the last one. We will start working on those soon.

*Overdose Awareness-was held on the Court House lawn on August 31st Thank you's to:

I hank you's to:	
HSHS-Greenville	Chips
Lost & Found	Bottled Water
Celebrate Recovery	dirty dogs
Law Enforcement	Soda
MERS Goodwill	
NARCAN	
Core Communities	Chips
Women's Alliance	Ice & Coolers
Gateway Treatment	Clint was speaker
Prairie Counseling Center	photo booth & Cookies
Kaskaskia College	
Dirty Dan's	Pulled Pork
IGA	Buns
Monique, Clarence, Amanda	Speakers
Jeremy Koonz & Friends	Recovery Band music

- Presentation- Alida Kistler, CPRS, Recovery Manager. She will be speaking about CPRS and the procedures. She will also be sharing a bit of her story and tell a bit about her work at AMARE.
 -CPRS/CRSS is a 9 month class offered by SIU E College. People with Lived Experience can attend the classes for free. First semester is classroom work. Second semester is an 110 hour internship. 300 hours of education classes. Suggestion-Do Internship in facility opposite of role you are accustomed to doing. AMARE helps with this class. They have
- 4. Strategic Plan Work Group Updates

their Rockin for Recovery Event on September 28th.

-RCO Development-meets the 2nd Tuesday of the month, 2-3pm via ZOOM. We are looking for a few more people to join this group. We are currently looking at RCO's and how that might look in Bond County. Rebecca Klitze, Gene Dunkley, Kelly Jefferson, Patrick Miller, Shane Pinnell, Jon Magnuson, Amanda Zinkgraf, Lauren Davidson, Rev Bilyeu, Dusty Hanner, Monique Brunious & Toni Randall. Next meeting will be October 8th. Would anyone like to be added to the group?

-Transportation-2:30-3:30pm, meet via Zoom on the 3rd Tuesday of the month. Melissa Marti, Michelle Miller, Jennifer Noel, Patrice White, Monique Brunious & Toni Randall. The next meeting will be on Tuesday, September 17th. Would anyone like to be added to the group?

-Stigma-2-3pm, meet at Lost & Found in Greenville on the 4th Tuesday of each month. We are looking for projects to do within the community that will help to reduce Stigma. We are currently working on the Pastor Recognition Brunch. Alice Fitzsimmons, Rebecca Klitze, Kelly Jefferson, Patrick Miller, Dusty Hanner, Amanda Zinkgraff, Monique Brunious & Toni Randall. Next meeting October 22nd (no meeting in September). Would anyone like to be added to the group?

5. New Business

-Red Ribbon Week Work Group-we want to be able to help with this, but haven't gotten any feedback as to how to support. Possible presentation of Steered Straight...this will cost a lot.

-**Parades** that we will be walking in this yet this year: Possibly at the Keyesport Halloween Parade. I we do this we will need more candy.

-September is Recovery Month

- *Sunday, September 8^{th_}"Day of Prayer"
- *Saturday, September 14th "Recovery Picnic"
- *Saturday, September 21st "Game Night"
- *Saturday, September 28th "Rock'n for Recovery" going as a group

Still need some help with the Recover Picnic: 75 Pork Burgers & 75 Hot Dogs- Wes Pourchot & Wayne's Market Potato Salad- Monique Brunious Baked Beans- Capri IGA Funeral Potatoes- Amanda Zinkgraf Crockpot Corn- Amanda Zinkgraf Veggie/Fruit Tray – Toni and Dan Randall Green Beans-Dairy Queen 7 BIG bags Potato Chips- Finders Keepers Thrift Store Hot Dog Buns-First Baptist Church & HSHS Hamburger Buns-First Baptist Church & HSHS **Cookies- Bond County Senior Center & HSHS Condiments-Marcoot Dairy** Paper Goods -Chestnut Health Systems Kid juices- HSHS Soda-First Baptist Church & Bibleway Church Water-First Christian Church 10 bags of Ice-Lost & Found

- 6. Update from any Groups & Organizations-covered
- 7. General reminders

-Advisory Board for People with Lived Experience. In 2024 we will be meeting every month on the first Wednesday of the month from 7pm-8:30pm. We meet at Senior Center for now. Free drinks & \$20 GC for attending & contributing. Next meeting October 2nd at 7pm-8:30pm.

-The Advisory Board will also be hosting Family Game night on the 3rd Saturday night of the month from 6-9pm at the Senior Center. Next Family Game Night is September 21st. Back to a regular schedule

-Bond County Transit Program- Transit bus will take people to Vandalia on Tuesday (Walmart & Aldi) and Highland on Thursday (Walmart & Ruler) to more stores than what is in Greenville. It is a flat rate of \$10 to be picked up at your house and taken back after the trip. 15 bags of groceries allowed. Call Bond County Transit the day before to set up ride. Recovery council now has vouchers for those in the Recovery Community who do service work. They are also working on a route to Edwardsville in the future. -AMARE Family Support, Jamie Armstrong Certified Recovery Coach. She can connect people to several groups & support networks. She works in St Clair, Madison, Christian & Jersey. She can work with families from Bond County virtually. For more information reach out to her at Jaime Armstrong jarmstrong@amarenfp.org

-SMART Recovery-Prairie Counseling Center, Tuesdays 6pm & Wednesday 10am (no more Wednesday group)

-REFLECTIONS-Prairie Counseling Center, 1st Wednesday of the month at 10am.

-HEALERS group meets on the 2nd & 4th Saturday of the month at the Senior Center at 11am. New materials have arrived. Good stuff happening here.

8. FREE Virtual Narcan Training each month by Chestnut. For more information email <u>SR-NARCAN@chestnut.org</u>. The Recovery Council also has FREE Narcan for anyone who needs it.

Future Meeting Dates for 2024:

October 9, 2024 November 13, 2024 December 11, 2024

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.