

# DOUGLAS COUNTY ROSC COUNCIL

## NEWSLETTER

September 2024

*ROSC Councils build collaborations in their communities that connect everyone who can support recovery.*



The purple torch lights have been on display for the month of September in the Douglas County Memorial Courthouse Gardens in Tuscola to symbolize National Recovery Month.



# #WeCanAndDoRecover

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For questions, comments, or suggestions, please contact:

Lisa Blackwell  
Douglas County ROSC Coordinator  
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Funding for this project is provided in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery.

# ADDRESSING AND OVERCOMING STIGMA

## What are the different types of stigma?

*In order to address and overcome stigma, one must first understand how to define stigma.*

### **Public Stigma**

This happens when the public endorses negative stereotypes and prejudices, resulting in discrimination against people with mental health conditions.

### **Self Stigma**

This happens when a person with mental illness or substance-use disorder internalizes public stigma.

### **Perceived Stigma**

When a person chooses not to seek mental health treatment to avoid being assigned a stigmatizing label. Label avoidance is one of the most harmful forms of stigma.

### **Label Avoidance**

When a person chooses not to seek mental health treatment to avoid being assigned a stigmatizing label. Label avoidance is one of the most harmful forms of stigma.

### **Stigma by Association**

When the effects of stigma are extended to someone linked to a person with mental health difficulties. This type of stigma is also known as "courtesy stigma" and "associative stigma."

### **Structural Stigma**

Institutional policies or other societal structures that result in decreased opportunities for people with mental illness are considered structural stigma.

### **Health Practitioner Stigma**

This takes place any time a health professional allows stereotypes and prejudices about mental illness to negatively affect a patient's care.





*In 2021, about 10.4% of people who felt they needed substance use treatment did not receive it in the past year. They did not seek treatment because they feared attracting negative attitudes from their communities*  
**NIH.gov**

## Ways to Address Stigma

- Launching stigma reduction campaigns
- Using person-first language
- Persons in recovery telling their stories
- Educating the community on what addiction is and the impact on the community

## Pledge to End Stigma

I pledge to . . .

Show compassion by reaching out to those in need of help

Not let anyone suffer in silence

Have the courage to speak up

Challenge stereotypes and attitudes

Not tolerate or perpetuate stigma

Teach by sharing my own experiences with mental illness and encouraging others to share their stories with me.

Encourage others to speak about their experiences

Listen to mental health experiences without judgement

Avoid using stigmatizing words like "crazy," or "psycho" in everyday conversations.

Not discriminate against people with a mental illness

Learn in order to change

Demand a change in how we view and address mental illness

Help lead the way.





# ADDRESSING STIGMA:

## A Virtual Panel on Families and Substance Use Disorder

### Meet the Panelists

Liesl Wingert is the Program Coordinator for the Eastern region of the SIU School of Medicine – Center for Rural Health and Social Service Development. She holds a Bachelor's in Human Development and Family Studies and a Master of Health Administration (MHA). She is a Certified Drug Endangered Children trainer and Advisory Board Member for the National Alliance for Drug Endangered Children. She is the Co-Chair of the Illinois Alliance for Drug Endangered Children and the Chair of the Richland County Alliance for Drug Endangered Children. In addition, Ms. Wingert sits on the Board of Directors for Take Action Today, the Illinois Association for Problem Solving Courts, and serves on the Wabash Conference Free Methodist Church Ministerial Education and Guidance Board.

Paul Tart is an Illinois Certified Peer Recovery Specialist (CPRS) and has almost 20 years of lived experience with substance use, mental health, and incarceration. He has worked in the Recovery Support field for the last three years with the last two being focused on working within the judicial system and the community as a whole in the effort to reduce the stigma associated with SUD and mental health challenges. In that time, he served as the Program Director for Crisis Response, Community Mental Health & Substance Use Liaison Program Director, and Opioid Overdose Education Instructor and has extensive training in overdose prevention, correctional reentry education, crisis response, and recovery support program development.

Lisa Foster is a retired Pharmacy Tech, a part-time fitness instructor, and a person with lived experience. Lisa is currently a member of the Edgar County Recovery-Oriented Systems of Care (ROSC) Council and Edgar County CARE Coalition. She is a member of New Beginnings Church, where she is a team lead, and a group leader with Bible Study Fellowship. Lisa attends Al-Anon meetings when a friend of hers started a support meeting in April of 2019. Lisa has lived in Edgar County, Illinois, with her husband for thirty-one years. Lisa has two adult children, two bonus children, and a proud grandma of ten grandchildren. One of Lisa's children lives with a Substance Use Disorder and just celebrated a year of sobriety.

Sara Ruhoff is a trained child welfare case manager and educator. She has lived in rural Illinois for the last 26 years, where she is a business owner, wife and mother of four children. She received her degrees from Lake Land College in Mattoon, IL and Eastern Illinois University in Charleston, IL. Sara has served on the ROSC council in her community since its inception and works to coordinate prevention, harm reduction and recovery services in her region of the state. She is a member of the recovery community as a family member to one who has lost their battle with Substance Use Disorder and as a family member of several to those who are currently living well in recovery.

PREVENTION FIRST

Scan to register!



October 16, 2024  
12:00 p.m. (CST) -  
1:00 p.m. (CST)

Recovery

Funding for this project is provided in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery.



# Family

# FUN

# Day







**There were approximately 40 individuals in attendance for the 3rd annual Candlelight Vigil for Overdose Awareness. Speakers included:**

- Lisa Edwards, Douglas County Coroner
- Rob Wentz, Veteran and Friend
- Linda Scribner, Mother and Founder of Be BRAVE and PJs Place
- Jeff Edwards (opening and closing prayer)
- Nathan Chaplin, Douglas County Sheriff
- Kandis Mills, Person with Lived Experience
- Leanna Morgan, Douglas County ROSC

**THANK YOU to our speakers!**

**Thank you to our ROSC Council members who assisted with planning, providing information and resources for the resource table, including Narcan and resources for Veterans.**

**We would also like to thank Security at the Douglas County Courthouse for providing access to the building after hours and Amber Clark for providing resources for Veterans and the community.**







Dear Colleague,

I am writing this letter to inform you of a new statewide program, Circle of Care. The Illinois Department of Human Services, Division of Substance Use Prevention and Recovery, in partnership with the Illinois Family Resource Center and Hour House, has launched this new program to support children, youth, and families who have experienced grief and loss associated with substance use disorder (SUD) and/or overdose among family and caregivers.

In one year, our team will create a trauma-informed and culturally responsive framework for grief support services for children and teens that are affected by SUD. The goal of our project is to develop trained helpers throughout Illinois to meet the emotional needs of youth that are at high risk of SUD due to adverse childhood events, experiences of homelessness or being housing unstable, current school attendance issues, grief from living with substance use in their household, and for those who have lost a loved one to overdose.

Throughout our project, we will thoroughly identify existing current grief support services available in the state of Illinois and at the national level. We will provide free grief and SUD trainings to those throughout the State who naturally interact with these children through the course of their work, service, and volunteer efforts. We will provide complimentary resource kits for community stakeholders and natural helpers to use in their work with those effected. Additionally, we will engage school communities and local law enforcement in implementing the Handle with Care Initiative, a program that supports children exposed to trauma and violence through simple communication between local law enforcement and school systems.

I invite you or your organization to join us as a part of the statewide efforts to build a Circle of Care within Illinois communities and sign up for our mailing list to be informed of upcoming trainings! Click the link below to sign up. If you have any questions or linkages to individuals who would be interested in learning about the Circle of Care program, please reach out to Ambrosia Branson at [ambrosiab@hourhouserecovery.org](mailto:ambrosiab@hourhouserecovery.org) or by calling 217-258-2968.

Mailing List Form:

[https://docs.google.com/forms/d/1i9HXf2Ovn8Q5i\\_CLZkoP2I2pxp1oRbB366DoKzsHjyE/edit?ts=669fafea](https://docs.google.com/forms/d/1i9HXf2Ovn8Q5i_CLZkoP2I2pxp1oRbB366DoKzsHjyE/edit?ts=669fafea)

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Respectfully,

A handwritten signature in black ink that reads 'Ambrosia Branson'. The signature is written in a cursive, flowing style.

Ambrosia Branson, Circle of Care Project Coordinator



# ADDRESSING STIGMA:

October 16, 2024  
12:00 p.m. (CST) -  
1:00 p.m. (CST)

## A Virtual Panel on Families and Substance Use Disorder



This free virtual panel of professionals and persons with lived experience aims to educate community members about the stigma associated with family members of individuals with substance use disorder. Participants will gain insights, share experiences, and learn how to support and advocate for families.

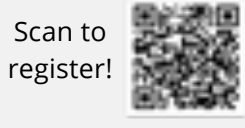
- Impact on Families:** Discuss how substance use disorder (SUD) affects not only the individual but also their family members, including emotional and social.
- Stigma and Isolation:** Examine the stigma faced by families of individuals with SUD, which can result in social isolation and a lack of support.
- Mental Health:** Address the mental health implications for family members, including stress, anxiety, and depression, caused by dealing with a loved one's SUD.
- Support Networks:** Highlight the importance of building strong support networks for families to help them cope with the challenges of SUD.

**CEUs Available!**

In collaboration with:



**Register Now!**



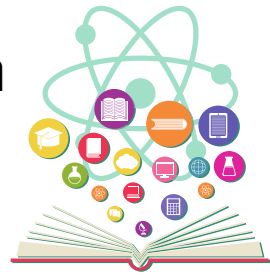
### Upcoming Community Meetings

**10/8/24 5:30-6:30 PM**  
**Medical Reserve Corps**  
Douglas County Health Dept.  
1250 US-36, Tuscola, IL  
Contact: [Aaron.due@douglascountyil.gov](mailto:Aaron.due@douglascountyil.gov)

**10/21/24 10:00-11:00 AM**  
**Douglas County Area Coalition**  
Douglas County Health Dept. (and Teams)  
1250 US-36, Tuscola, IL

**10/23/24 10:00-11:00 AM**  
**Douglas County ROSC Council Meeting**  
Douglas County Health Dept. (and zoom)  
1250 US-36, Tuscola, IL  
Contact: [leannam@hourhousercovery.org](mailto:leannam@hourhousercovery.org)

## Adult Education Part-time GED Faculty - District Sites



Parkland College is currently seeking Part-Time Faculty to teach GED classes in the Rantoul and Tuscola district sites. PT Faculty teach part-time, advise and mentor students. Hiring needs are dependent on student enrollment and course schedules. Salary is dependent on qualifications.

For more information about this position, visit: <https://parkland.csod.com/> or scan the QR code.

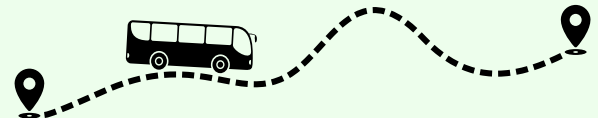


## Dial-A-Ride

For all ages and abilities  
Rural Public Transportation

**1-800-500-5505**

[dialaridetransit.org](http://dialaridetransit.org)



**Travel within city limits or rural town - \$2.00 each one way trip**

**Travel outside city limits or rural town with same county - \$4.00 each one way trip**

**Travel outside Douglas County to Coles County, Champaign, or Macon - \$7.00 each one way trip.**

**Children - ages 5 and under - free each one way trip, ages 6 to 10 years of age - \$1.00 each one way trip**

## OCT 13 Champaign NAMI Presents "STRIDES AGAINST STIGMA" Fundraiser Event

Visit: [namichampaign.org/strides-against-stigma](http://namichampaign.org/strides-against-stigma)

# Grief Support

[www.griefshare.org](http://www.griefshare.org)

[www.grasphelp.org](http://www.grasphelp.org)

[www.compassionatefriends.org](http://www.compassionatefriends.org)



## WE NEED YOUR HELP

READ THE INFORMATION ON THE BACK OF THIS CARD

The Illinois State Board of Health is seeking additional resources to help us address our state's health needs. We are looking for people who are:

- Available to provide services in person or via phone
- Available to provide services in person or via phone
- Available to provide services in person or via phone
- Available to provide services in person or via phone
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QR Code

## WHAT IS THE DIFFERENCE BETWEEN THE HOTLINES?



988	Suicide Prevention & Mental Health Crisis Lifeline Free and available 24/7/365
911	Medical & Public Safety Emergencies Free and available 24/7/365
211/311	Resource Support Line (available only in Douglas County) This number is for non-emergency needs only. Hours of service: 9:00 AM - 5:00 PM
1-866-359-7935	For non-emergency emotional support, recovery situations, self-advocacy, support and referrals Available Monday - Friday, 9:00 AM - 5:00 PM
Local Mental Health / Substance Use Helpline	Non-emergency resources for individuals who need help finding behavioral health services Available Monday - Friday, 9:00 AM - 5:00 PM

## 4 REASONS TO CALL, TEXT, AND CHAT 988

1. Thoughts of suicide
2. Drinking too much or drug use
3. Feeling depressed or anxious
4. Trauma

**Veterans Crisis Line**  
DIAL 988 then **PRESS 1**



## DRUG TAKE BACK SITES: DOUGLAS COUNTY



- Atwood Police Department**  
112 S. Main St, Atwood
- Douglas County Sheriff's Office**  
920 S. Washington St., Tuscola
- Newman Community Center**  
207 S. Coffin St., Newman, IL





## Area Support Meetings



**Sun**

**Mon**

**AA- 8:00pm (109 E Van Allen St, Tuscola)**

**Tue**

**AA- 7:00pm (13 E. Washington St, Oakland)**

**Wed**

**NA- 7:00pm (301 S. Washington St., Tuscola)**

**Thu**

**AA- 8:00pm (9 S Main St, Villa Grove)**

**Family Support Group- 7:00pm (2nd Thurs-Champaign, 4th Thurs- Tuscola)**

**Fri**

**AA: 7:00pm (128 E Illinois St, Arthur, IL)**

**Sat**

# Alcoholics Anonymous

For additional information and meetings in surrounding areas, visit website for more information

**Monday - 8:00 PM to 9:00 PM CLOSED**  
**4th Monday: Open Speaker Mtg.**  
**40 Martyrs Fellowship Hall**  
**109 E Van Allen St, Tuscola, IL**

**Tuesday - 7:00 PM to 8:00 PM CLOSED**  
**Oakland United Methodist Church**  
**13 E. Washington St, Oakland, IL**

**Thursday - 8:00 PM to 9:00 PM OPEN**  
**VFW Hall**  
**9 S Main St, Villa Grove, IL**

**Friday - 7:00 PM to 8:00 PM CLOSED**  
**Arthur First United Methodist Church**  
**128 E Illinois St, Arthur, IL**

Closed meetings are for A.A. members only, or for those who have a drinking problem and "have a desire to stop drinking."



# NARCOTICS ANONYMOUS



**Every Wednesday 6:00 - 7:00 pm**  
**301 S. Washington Street**  
**Tuscola, IL**

**The first 2 Wednesdays of the month will be a closed meeting**  
**The last 2 Wednesdays of the month will be an open meeting**

### Clarity Statement

We are presented with a dilemma when NA members identify themselves as addicts and as addicts to get across using their own words, the words of the NA message is needed. To assist in this matter, suggest that there are two classes, that only drug & alcoholics separate from the rest, leaving special meetings.  
 Narcotics Anonymous does not advocate banned drugs. Our identification as addicts is all inclusive, which allows us to communicate our affiliation, not our differences.



## FREE PARENT SUPPORT GROUP

For families of adult children dealing with substance use disorder

## Parents of Addicted Loved Ones (PAL) PROVIDES HOPE

Through education and peer-to-peer support

### YOU ARE NOT ALONE

Supporting someone dealing with the pain of an adult loved one suffering from addiction

PAL provides a safe, supportive environment for parents of adult children with substance use disorders. We have helped many find hope again.



### TOPICS INCLUDE:

Understanding addiction | Coping with denial | Dealing with relapse | Finding support | Managing stress | Finding hope | Finding meaning | Finding purpose | Finding joy | Finding love | Finding peace | Finding hope

## NAMI CHAMPAIGN In-Person Family Support Groups



The Family Support Group is for family and friends who support someone with a mental health diagnosis or mental health concerns. You will gain insight from hearing the challenges and successes of others, and the group are led by NAMI trained facilitators who have lived there.

**Location:** Champaign Public Library (Room 215)  
 200 W. Green St., Champaign, IL

**Time:** 7:00pm - 9:00pm

**Contact:** Debra Medlyn: dmedlyn@yahoo.com if you have any questions.

**Meets on the 2nd Thursday of the month**

**Location:** Tuscola United Methodist Church  
 901 N. Prairie Ave., Tuscola, IL

**Time:** 7:00pm - 9:00pm

**Contact:** Please leave a message for Diane Zell if you plan to attend: 217-213-2431

**Meets the 4th Thursday of the month**



# Douglas County Resource Quick Guide

Recovery Oriented Systems of Care (ROSC) Advisory Council

## Important Hotlines

**SAMHSA's**

**National Helpline**

(for mental health and  
substance use disorder)

(800) 662-4357

**AA Phone**

(217) 373-4200

**HOPE of East Central IL**

Coalition Against Domestic Violence

(217) 348-5931

**PREVAIL**

(Formerly SACIS)

(888) 345-2846

**Illinois Helpline**

for Opioids and Other Substances

(833) 234-6343

**Suicide Prevention**

(800) 273-8255 or 988

**Safe2Help Illinois**

(844) 472-3345

Safe2helpil.com

## Substance Use Disorder Counseling

**RISE**

(217) 253-4731

**Hour House**

(217) 348-8108

## Mental Health Counseling

**Douglas County**

**Health Center**

(217) 253-4137

**RISE**

(217) 253-4731

## Medication Assisted Treatment

**Douglas County**

**Health Center**

(217)253-4137

**SIHF Healthcare**

(217) 543-2446

## Housing Aid

**Embarras River Basin**

**Agency (ERBA)**

(217) 253-4434

**The Haven- Shelter**

**(Mattoon)**

(217) 234-7237

## Transportation

**Dial-A-Ride**

(800) 500-5505

## Anger Management

**Douglas County**

**Health Center**

(217)-253-4137

www.dchealthil.org

**\*Additional  
resources available  
through 211**

## Support Group Websites



**Al-Anon (Electronic)**

<https://al-anon.org/>

**Alateen (Electronic)**

<https://al-anon.org/>



**Alcoholics Anonymous**

<http://aa-eci.org>

**Adult Children of Alcoholics  
& Dysfunctional Families**

<https://adultchildren.org/>

**NAMI (Champaign)**

[https://namichampaign.org/  
online-support-groups](https://namichampaign.org/online-support-groups)

**Nar-Anon/NaraTeen**

[www.nar-anon.org](http://www.nar-anon.org)



**Celebrate Recovery**

<https://celebraterecovery.com>



**Narcotics Anonymous**

<http://ppana.org>



**SMART Recovery**

<https://smartrecovery.org>



**Mobile App Available!**

# Food Assistance

## Food Pantries

### Arcola Food Pantry

Open Thursday 1:00PM-4:00PM  
& Saturday 8:00AM-11:00AM  
206 Egyptian Trail Road, Arcola, IL 61910  
Serves Douglas County and Atwood, IL

### Arthur Southern Baptist Church Food Pantry

Open 2nd Saturday from 9am - 11am  
530 North Vine, Arthur, IL 61911  
Serves Arthur and surrounding area

### Atwood Area Food Pantry

Open 4th Saturday of the month from 8:30am - 11am  
231 N. Illinois St, Atwood, IL 61911 312-883-2438  
Serves Douglas, Moultrie & Piatt Counties

### Atwood-Hammond Food Pantry

Open 1st Wednesday of the month from 9am - 12pm  
210 N. Main St, Atwood, IL 61911 312-883-2438  
Serves Atwood-Hammond Old School Dist.

### Blessings Food Pantry

Open Tuesday through Friday 9am - 1pm  
4217 DeWitt Ave, Mattoon, IL 61938  
Serves Coles, Douglas, and Edgar Counties

### Rural Grace Food Pantry

Open Fridays from 3pm -5pm  
208 N. 2nd St, Murdock, IL 61941  
Serves Murdock area

### SAM Food Pantry at Tuscola Methodist Church

Open Wednesdays from 7:30am - 10:30am  
901 N. Prairie, Tuscola, IL 61953 217-253-4232  
Serves Douglas County and surrounding

## EIF Foodmobile

third Monday of each month

Arthur:  
Arthur Southern Baptist  
Church  
530 N. Vine St.  
8:30-9:15am

third Wednesday of each month

Atwood:  
Atwood Area  
Food Pantry  
231 N. Illinois St.  
9-9:30am

fourth Thursday of each month

Villa Grove:  
Henson Park  
8:30-9:15 am

Camargo:  
Opal Thompson Park  
9:30-10:00 am

Hindsboro:  
Hindsboro Civic Center  
10:45-11:15 am

Newman:  
Newman City Park  
11:45-12:15 pm

**Additional counties'  
dates listed on the website!**

<https://www.eifoodbank.org/help/mobile.html>

## Free Pantries

### Arthur

Little Odd Pantry  
205 N. Main St, Tuscola, IL  
[www.facebook.com/TuscolaOddFellows](http://www.facebook.com/TuscolaOddFellows)

### Tuscola

Little Odd Pantry  
205 N. Main St, Tuscola, IL  
[www.facebook.com/TuscolaOddFellows](http://www.facebook.com/TuscolaOddFellows)

### Newman

Newman Free Mini Pantry  
307 South Broadway Street, Newman, IL  
[www.facebook.com/newmanfreeminipantry](http://www.facebook.com/newmanfreeminipantry)

### Villa Gove

Little Free Pantry Villa Grove  
406 First St., Villa Grove, IL  
[www.facebook.com/littlefreepantryvillagrove](http://www.facebook.com/littlefreepantryvillagrove)

Take what you need, donate what you can



# **Narcan Distribution: Douglas County, IL**

Additional harm reduction supplies may be available

## **Douglas County Health Department (PROMPT)**

1250 E US Highway 36, Tuscola, IL \* Contact: Summer Phillips 217-253-4137

## **Shalynn's Hope, Inc. (DOPP)**

Contact: Stacy Welch 217-493-4184 \* or [skwelch04@gmail.com](mailto:skwelch04@gmail.com)

## **Hour House Drug Overdose Prevention Program (DOPP)**

Douglas County Contact: Leanna Morgan 217-549-7632



## **Drug Overdose Prevention Program (DOPP) community Access Sites**

\*Displays are accessible during each organization's normal business hours

### **Arcola**

- Arcola Food Pantry
- Arcola Public Library (Coming Soon)

### **Arthur**

- Arthur Public Library District

### **Atwood**

- Atwood Area Food Pantry
- Atwood-Hammond Public Library



### **Murdock**

- Rural Grace Food Pantry

### **Newman**

- Newman Regional Library District

### **Tuscola**

- Casey's General Store
- Douglas County Courthouse
- Douglas County Sheriff's Office 
- RISE Behavioral Health and Wellness
- Road Ranger 
- The Pantry
- Tuscola United Methodist Church

### **Villa Grove**

- Camargo Township District Library
- Korner Beehive
- Villa Grove Police Dept.

**NARCAN IS A MEDICATION THAT CAN BLOCK OR REVERSE THE EFFECTS OF AN OPIOID OVERDOSE. ANYONE CAN EASILY USE NARCAN TO SAVE THE LIFE OF SOMEONE OVERDOSING ON OPIOIDS, INCLUDING FENTANYL, HEROIN OR PRESCRIPTION MEDICINES LIKE OXYCONTIN® OR PERCOET®.**

**IF YOU OR YOUR AGENCY WOULD LIKE TO RECEIVE ADDITIONAL TRAINING ON USING NARCAN, PLEASE GET IN TOUCH WITH THE DOUGLAS COUNTY HEALTH DEPARTMENT AT 217-253-4137, SHALYNN'S HOPE, INC AT 217-493-4184, OR DOUGLAS COUNTY ROSC AT [LISAB@HOURHOUSERECOVERY.ORG](mailto:LISAB@HOURHOUSERECOVERY.ORG).**

**IF YOU OR SOMEONE YOU KNOW IS OVERDOSING AND NEEDS IMMEDIATE ATTENTION, PLEASE CALL 911. IN THE INSTANCE YOU ARE WITH THAT INDIVIDUAL, THE GOOD SAMARITAN LAW STATES THAT ANYONE WHO CALLS FOR HELP OR DROPS OFF SOMEONE EXPERIENCING A DRUG OVERDOSE WILL NOT RECEIVE CHARGES FOR POSSESSION OF PARAPHERNALIA. ONE LIMITATION OF THIS LAW IS THAT THE PERSON WHO OVERDOSED IS NOT COVERED, AND ANY OTHER CRIME COMMITTED AT THE SCENE IS NOT PROTECTED BY LAW.**

# We Need You!

**AGENCIES AND PERSONS WITH LIVED EXPERIENCE, WORKING TOGETHER TO BUILD COMMUNITIES SUPPORTIVE OF THOSE IN RECOVERY FROM SUBSTANCE USE DISORDERS.**

(Community based services or individuals that are considered key stakeholders for a ROSC)

Family and Parents  
Businesses  
Persons with lived experience  
Healthcare  
Faith Based Groups  
Volunteer & Civic Groups  
Mental Health  
Media  
Substance Use Treatment Organizations  
Law enforcement  
State, Local, Tribal Government  
Youth-Serving Organizations  
Recovery Supports  
Judicial  
Education & Schools  
Service Providers

## Defining ROSC

A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or -co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

**For additional information, please contact:**

Lisa Blackwell  
Douglas County ROSC Coordinator  
lisab@hourhouserecovery.org

Kandis Mills  
Douglas County Recovery Navigator  
kandism@hourhouserecovery.org