

Ford County ROSC Council Meeting Minutes

Tuesday, September 24th, 2024, at 8:30 AM (Zoom)

Definition of ROSC: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Attendance:

Frankie Ward (Ford County ROSC, Chestnut)
Kari Knapp (Chestnut Health Systems, Associate Director Community Health)
Barbara Brumleve (Ford County ROSC, McLean County ROSC, Chestnut)
Kami Garrison (Chestnut – Region 3 TA – Statewide ROSC)
Del Saam (Veterans Court)
David King (Carle)
Christine P (Carle)
Carrie McKinzie (Gateway Foundation)
Brittany Fry (Clove Alliance)
Jennifer Harrison (Probation)
Paul Abraham – (Ford County Health Department)
Jeanette Davis (Logan/Mason ROSC)
Sam Kortkamp (Chestnut Health Services Intern-Central Prevention)
Shane Huerta (East Central Community Action Agency)
Tristan McGrew (Logan/Mason ROSC)
Tia Schum (ROSC)
Nikki Meyer (Chestnut, Technical Training Specialist)
Tim Nuss (Community member, Ford County Board)
John Schneider (Chestnut, Livingston ROSC)
Abby Behrens (Brightpoint)
Betty Kay Benningfield (Ford County Public Health)

Agenda:

- Introductions
- Spotlight: **National Recovery Month**
- Updates/Upcoming Events
- Available Trainings

- Agency Updates/Questions

Main Topic: National Recovery Month...Recovery. Hope. Healing.

What is Recovery? A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential (SAMHSA: Substance Abuse and Mental Health Services Administration)

ROSC welcomed attendees to the Ford County September Ross Council meeting and introduced the National Recovery Month initiatives, highlighting events and collaborations. Personal experiences and the definition of recovery by SAMHSA were shared, and agency updates, including an open house event by Gateway Foundation in Peoria, were discussed.

Symbols of Hope and Recovery

Frankie Ward, from Ford ROSC, shares the symbolic meanings of the olive branch and the dove in relation to recovery, highlighting their significance in representing rebirth and fresh starts. She expresses the importance of sharing hope and recovery with others and organizes a breakout discussion on the diverse paths to recovery, acknowledging the individuality of each person's journey.

Community Events and Initiatives

Abby Behrens, representing BrightPoint, discussed the upcoming coalition meeting on October 1st, which will include a screening of "The Last Drop" and a discussion on domestic violence services. Grace Irvin provided information about an open house and ribbon cutting event at the Gateway Foundation on September 25th. Additionally, John Schneider shared details about the Recovery Month event in Livingston County on September 28th.

Breakout Discussions

- What does the phrase 'multiple pathways to recovery' mean to you? Why is it important that we embrace this as a ROSC Council?"
- "Do you think our general community knows about and/or agrees with recovery occurring via multiple pathways?"
 - The overall community might not understand fully what recovery even means.
 - There is not a general understanding when it comes to multiple pathways to recovery, especially MAR and Harm reduction.
- "What are some ways our ROSC can help bridge that gap and increase awareness regarding multiple pathways to recovery?"

- Getting out into the towns/communities that we haven't reached as of now, the small super rural areas.
- Hosting listening sessions/panels with PLE and professionals.
- Sharing personal stories of different recovery paths

UPDATES/EVENTS:

September is National Recovery Month, and we will be promoting Ford ROSC's 3rd year of Painting the Town Purple!! Please spread the word and let's make Ford County Purple. Join in on the competition and send us a picture of your display. We will have 3 winners based on social media voting!! We're also looking forward to partnering with GROW and we will have a table at Harvest Fest. Lastly, we have partnered with Gibson City and Paxton City libraries to offer a display on Recovery with many good books to choose from!!



Upcoming Trainings:

UPCOMING TRAININGS & WEBINARS

PREVENTION FIRST 

Addressing Stigma: A Virtual Panel on Families and Substance Use Disorder

📅 Wednesday, October 16, 2024
🕒 12:00 PM - 01:00 PM
📍 This is a Webinar event.

This free virtual panel of professionals and persons with lived experience aims to educate community members about the stigma associated with family members of individuals with substance use disorder. Participants will gain insights, share experiences, and learn how to support and advocate for families.

[Addressing Stigma: A Virtual Panel on Families and Substance Use Disorder | Prevention First](#)

SAMHSA
Substance Abuse and Mental Health
Services Administration

Art of Recovery

- **Date:** September 27
- **Time:** 1 - 2:30 p.m. ET
- **Topic:** Arts and Healing: an inspiring and insightful webinar on the healing power of the arts in combating substance use and mental health conditions.

[Webinar Registration - Zoom](#)
(zoomgov.com)

ADDITIONAL RESOURCES

[Multiple-Pathways-of-Recovery-Guide-2018.pdf \(chestnut.org\)](#)

[National Recovery Month | SAMHSA](#)

[Toolkits \(coalitionsupport.org\)](#)

We hope to see all of you on **October 22nd, via zoom, 8:30 AM.**

As always, please reach out if you have any questions, ideas for collaborations, etc. Thank You!!

Social Media & Contact Information



[Ford-County-Recovery-a-ROSC-Community](#)



[Ford.County.ROSC](#)



[Ford County ROSC - YouTube](#)

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