

**ROSC Consortium Meeting September 23, 2024**

**2:00PM-3:00PM**

**Facilitated by: Michelle Dettwiler & Brittney Card**

**In Person Attendees:** Adrienne Edwards – Next Network, Kevin Schott – EMA, Jeanette Ackerman – Hearts United, Stacy Dobrinich, Jen Carron – Executive Director of Crossover Ministries, Erica Petcher – Program Manager Haven Home of Hope, Melvin Petty – CRSS/CPRS, Ron Howard – MCHD, Elyse Schoen – St. Francis Way, Katie Cole, Sue Kniser, Roy Schieferdecker – IDOC Parole, Benjamin Loftus, Jayme Swanke – SIUE, Savannah Holthaus – ROE#3, Katleen Alford-Spitz – BJC Alton Memorial Hospital, Shyanne Heaton – Montgomery County LGBTQ+ Group, Kevin McNicholas – Gillespie Schools, Steven Bryant – Litchfield Park District

**Online Attendees:** Kelly Jefferson – NAMI SWI, Charles LeGrand – Pavilion Hospital Champaign IL, Chelsa Pruden – Staunton IL Leader of Life Recovery, Cheryl Root – IL Recovery Corps, Carmen Lanham – Family Guidance Centers, Bailey Moore – MCPHD, Carrie McKinzie, Lauren Davidson – Next Network, Leann Courson – IL Recovery Corps, Tricia Hogan, Elizabeth Stewart, Audrey Zachary – Lincoln Recovery, Carissa Van Den Berk-Clarke – SLU, Tricia Hogan – NAMI SWI, Elizabeth Stewart – Birth to Five, Leasha Bennett – Land of Lincoln

In person Attendees: Audrey Zachery – Lincoln Recovery, Chelsa Prudin, Shyanne Heaton - LGBTQ+ (new),

Facilitator: Brittney and Michelle

- Showed ROSC logo board – invited people to share logos with ROSC.
- Board Game – Share your utopia
  - Ron Howard - Contacted 4 different chambers of commerce in the county. Heard back from 1. Most sources came through people in circle/acquaintances
  - Savannah Holthaus- The planning committee talked about sharing real life scenarios of families we work with and brainstorming how to triage these cases – what to do first.
  - Charles LeGrande - Have a good friend who works at pavilion (with MSW) works in 28-day substance program – offered to provide content for meetings
- Approval for ROSC meeting minutes. Seconded and approved.
- Approval Planning meeting minutes. Seconded and approved.
- If you want to be more involved – we have the planning committee – do strategic planning – ways to be more involved – get ahold of Brittney/Michelle. There are Zoom meetings on the 2<sup>nd</sup> Monday of the month at 10 AM. The Event committee is also something we are trying to get up and rolling (including fundraisers). Follow Macoupin and Montgomery County Facebook for more updates.
- Quote of month – “I am not what happened to me, but what I chose to become” – Jung
- What is a peer? - lived experience provide support
  - Assist peers in articulating their goals for recovery
  - Supporting peers in learning and practicing new skills
  - Help peers monitor their progress

- Advocating... (rest on ppt.)
- Jayme Swanke – SIU School of Medicine
  - Faculty Member Social Work SIUE – director of program – operating since March 2022 – 6<sup>th</sup> cohort – individuals who have completed the program are doing amazing things.
  - There is a high demand for peer support and recovery support in the community. High post-pandemic demand – integrating peer/recovery support into MH services. The state of IL has targeted crisis intervention – engagement specialists – crises with clinicians – specialists more focused on lived experience.
  - In Illinois we have 2 different credentials. CRSS – aligned with individuals with mental health challenge, CPRS – individuals have substance abuse challenge/been involved in recovery in some shape or form. IL has many different job titles for this, but lived experience is crucial.
  - Recovery support providers are responsible for advocating in micro and macro arenas. They should focus on increasing access to TX and recovery support services, educating individuals and communities about this, and helping them navigate recovery.
  - Program has 4 main components – (1) Classroom education, (2) 110 classroom hours of education (2 during fall semester), (3) help with preparing for interviews/jobs, (4) help with competencies employers want (engage every other week), (5) complete internships (300 hours, 100 supervised), (6) help students complete exam application.
  - The program pays all tuition and fees (around \$500), pays for books/supplies, loans out laptop computers for the duration of the program, provides an internet hotspot, pays for parking on campus, provides a conference card to get dinner while on campus, pays an internship stipend (\$20 per hour). Able to reimburse for mileage to and from internship, can get clothing. A lot of support is able to be offered because of this grant. We pay all the certification and exam fees.
  - Across the state there are 12 other programs – most of programs near Chicago. We are in the Southern region of the lower 36 counties. We have had such great success – around 78 people admitted and 70 graduated. There are 29 currently enrolled.
  - 36 have taken exams
  - 41 employed in the field.
- Cheryl Root and Leanne Parson – Recover Corp
  - Mission support recovery capacity, help people in recovery
  - Americorp program – AMPACT (non-profit agency) – across MN, IL, VA.
  - Welcome partnership opportunities and growth
  - People are using substances more during/after pandemic. Point is to increase workforce
  - Recovery navigators need at least 1 year of lived experience in recovery. Trained to work with clients one on one. Navigators really do help people get into recovery.

- EBP – recovery project coordinators there to build capacity – help with communications, program development, etc.
- Have 200 members in 3 states
- Goal for 2024-2025 – 45 members in IL
- Recovery Corp members come from all walks of life. Help network with people in the community.
- If you want to become a member – you can choose between PT and FT. Healthcare, education award (lots of benefits), childcare assistance. Start dates in July. Commit to 11 months. \$7K per year (unclear if full or PT).
- Try to avoid partnering with FP – only NP (non-profits).
- Focus on rural areas and getting more into education systems
- Impact: 30 recovery navigators serving 495 clients, clients increased recovery capital by 4.4 points, 6 project coordinators completed 14 projects at their sites
- Next Network – Adriene Edwards
  - I Struggled with mental health and Sub use in the past. As soon as I came into the recovery community, I was introduced to the CRSS program – I thought it would be a good fit for me and got SIUE. I made a great group of friends while there. I graduated in June and now work with Next Network and Recovery Corp.
  - If you have substance use experience – I recommend looking into it.
  - It’s an awesome experience – thank you for letting me speak!
- Erica Petcher – Crossover Ministries/Haven Home of Hope
  - In long term recovery
  - 1<sup>st</sup> cohort from SIUE – went to school and did internship at Crossover Ministries
  - Self-care and downtime is very important in this field
  - Being a mentor to others to show you can rebuild your life and be a value to yourself
  - When trying to get sober – resources weren’t here. I make sure I’m available 24-7 for people at lost without a home.
  - Drugs made being homeless not so bad.
  - I had some really good friends early in my recovery – I’m the only one left.
  - If looking for career change – being a peer worker is one of the most rewarding things I ever done but also the most heartbreaking thing I ever done. Because a lot of time clients die. We need more peer workers – there are not enough of us to go around.
- Compassion Fatigue and Survivors’ Guilt
  - How can we support peer recovery workers?
  - Also, as a community – how can we support them?
- Kathleen Alford-Spitz – Women & Infants Center – Alton Memorial Hospital
  - Very hard field but also very rewarding
  - Work even on weekends – get them into treatment, get them the resources they need.
  - Get them what they need – with DFS/Courts
  - “At one time I was in their position – I didn’t have resources they needed – just want to make sure they have all the things they need moving forward.”

- Next meeting topic – Housing Barriers & Litchfield Ordinance
- End of meeting 3:10PM