

Sangamon County ROSC Meeting

9/24/2024

Location: zoom

Attendees:

- Sarah Richardson, FGC
- Lt. Aaron Conard, Sangamon County Sherriff's Office
- Whitney Devine, FGC
- Stephanie Carson-Gateway
- Teresa Pickrel- Fifth Street Renaissance
- Calvin Miller- BYO Church
- Marie Riley-Dept of Public Health
- Nicholas Banning-SIU
- Bobby Baker- SIU
- Jacob Norton- BYO Church
- Trenda Hedges- Peer Power
- Ramona Von Berg- NAMI
- Shymeka Kerr- Heartland Housed
- Donna Reeves-Central Counties
- Michael Thomas- Express
- Sally Jefferson- ROSC/FGC
- Rick Nance- FGC

Agenda:

- Membership Update
- Website Updates
- Social Media Update
- Event Planning
- Community Survey review
- Lt Conard presentation on Sangamon County Jail MOUD services

Next Steps:

- Recovery in Action to continue planning events; securing dates and locations- and send out a list of needs to ROSC council members for events: donations, participation requests, find speakers etc.
- ROSC Coordinator to look into securing speakers for events
- Edits will be made to Community Survey from suggestions made during monthly ROSC meeting.

Meeting Notes:

- Event Planning

- Planning a “Recovery in Motion” event and a cookout/karaoke event for the Fall:
 - Found space at Salvation Army gym, Whitney is talking to Community Center Director about available dates for the event. Looking to have an open gym session with some instructor led classes- Michael Thomas will contact Fit Club to see if any of their instructors would donate their time.
 - November- cookout/karaoke event- Talking to Phoenix Center about space and available dates.
 - Additional future event idea being discussed is some kind of community health fair
- Donations: looking for food items
 - Hot dogs, buns, condiments, possibly looking to grill
 - Food Donation ideas discussed:
 - 217 Foodies, Walmart, County Market – reach out for donations
 - 217 Foodies is on Facebook, has lots of members – Marie can find out if it is allowed
- Marie can check in on whether we would need permits for the food
- Possible event space: Lincoln Memorial Gardens. They just opened a children and family area, easy to access by walking. There are tables, etc.
- BYO Church is having a Fall Festival on Oct 19th
 - ROSC can have representation
 - Music, food trucks, bonfires
 - Expecting 500+ people
- Ramona has facilitated groups with journaling, puppetry, making collages - therapeutic activities for people in recovery
 - How to incorporate this into bonfire event?
 - Could have a crafting event sometime in the winter, recovery tools
- What about speakers at these events?
 - People from Oxford House would be good
 - Marie- knows several people who could do that

- Review of ROSC Community Survey

- Include a statement about “I know how to acquire services”
- Reword questions to avoid “struggling” in first questions
- Intricate Minds is a great community resource
 - Give free haircuts on Mondays
- Redundancy in 2nd vs 3rd questions for SUD
- Mental health resources in jail- need to ask about this
- Barriers- how often are these barriers to care?
 - Could almost rank the questions?
- Prefer not say and other on demographic questions

- Lt Conard presents on Sangamon County Jail MOUD services

- Lt Conard – Administrative Lt for Sangamon County Sheriff’s Office
- MAR program at the jail – just started 3rd year

- Can start and continue on services if in the jail
 - Continue if person is current MAR patient
 - Can start services if people identify if they need help
- If providers need access to patients while in custody, let Lt Conard know- he will resolve
- Jail headcount down from over 300 daily to avg 250
 - But intakes are up 30% from last year – so processing people in/out on faster basis
 - 6,000 – 15,000 people annually booked
- Have mental health and SUD counseling available
 - Have 2 full time counselors – they are at full capacity
 - Run group sessions
- Working on re-entry, job skills, etc.
- **Needs female AA coaches – please reach out to Lt Conard**
- ACH is medical provider
 - Says mental health needs are the biggest of any agency they serve
 - County does not have the resources to handle it
- SAFE-T act has changed how they operate
- If you need to know that someone is going to be released, you can call the facility
- Inmates have to request programming, no other special requirements
 - Sometimes people don't know to ask
- Don't charge for anything
- If you have clientele that you know are visiting jail, have them advocate
- Survey may help bring to light: there are a lot of things that are available, but everything is compartmentalized
- He can put brochures on kiosks/tablets
 - Brochure holder in the lobby that doesn't have much in it
 - Job training, placement, assistance, education, training
 - Counseling/coaching time to provide
 - Housing assistance
 - Warm handoff to community service
- Fifth Street Renaissance- can do community support groups
 - Teresa will connect with Lt Conard
 - Evenings are usually better, mornings are usually harder
- Approx. 25% of jail sheriff's office staff are CI trained

Sangamon County ROSC

General Meeting

9/24/24

Agenda

- Mission Statement
- Website & Social Media Updates
- Upcoming Events
- Update: Membership Sign-Ups & Sector Representation
- Discussion: Community Survey
- Presentation: Sangamon County Jail
- Member Updates

Reminder- New ROSC Coordinator!

Whitney Devine

Wdevine@fgcinc.org

Rosco@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Cell: (217) 891-7627

New Print Resources

Reach out to Whitney for some copies, or download on our website: <https://www.sangamoncountyrosc.org/print-resources>



Partners In Recovery

SCAN THE QR CODE TO GET INVOLVED!



Monthly Meetings:
Every 4th Tuesday our ROSC council discusses ways we can help the recovery community here in Sangamon County.
ALL ARE WELCOME!

Website:
[sangamoncountyrosc.org](https://www.sangamoncountyrosc.org)
Explore our website for Zoom links, event calendars, recovery resources, locations, and more.

Phone:
(217) 544-9858

Email:
rosc@fgcinc.org

If you or a family member is facing mental health or substance use challenges and need support, contact the Illinois Warm Line: 866-359-7953

Sangamon County
R.O.S.C.
Recovery-Oriented Systems of Care



SANGAMON COUNTY RECOVERY ORIENTED SYSTEMS OF CARE

VOLUNTEERS NEEDED

R.O.S.C.
Recovery Oriented Systems of Care

Mission: Serving the community of recovery through events, learning opportunities, and support.
* connect people with resources in the community that can help build recovery capital

ROSC COUNCIL MEETING:
4th Tuesday of every month @ 9 am, via zoom.
Meeting ID: 934 7793 3024
Passcode: 995647

RECOVERY IN ACTION MEETING
2nd Thursday of every month @ 5 PM (in person)
Location: Family Guidance Center
120 N 11th St. Springfield IL.

<https://www.sangamoncountyrosc.org/>
Contact us: rosc@fgcinc.org

Website & Social Media Updates

"Community Organization" page with links to websites:

Meet Our ROSC Community Organization Members

- The Phoenix Center** (phoenixcenterspringfield.org)
- Express Employment Professionals** (expresspros.com)
- The Salvation Army** Springfield, IL (salvationarmy.org)
- Washington Street Mission** (<https://washingtonstreetmission.org>)
- Helping Hands of Springfield** (helpinghandsofspringfield.org)
- University of Illinois - Springfield** (uis.edu)

Enhanced posting about ROSC meetings, community events, and orgs on Facebook:

Intro

The ROSC's mission is to engage the community in hopes that all community members will understand, or seek to understand, that addiction and mental health does not affect only the person afflicted, but also the family and the community as a whole.

Page · Nonprofit organization

(217) 891-7627

wdevine@fgcinc.org

sangamoncountyrosc.org

Not yet rated (1 Review)

Photos See all photos

HELPING OTHERS LPS RY.

If you have events or want us to highlight your org on our social media, reach out to Whitney!

Membership Report

Sarah Richardson

Membership Registration

+ 4 new members since last month:

August: 22 registered members

September: 26 registered members

Of registered members:

- 18 unique organizations
- 1 individual (not org-affiliated)
- 19 renewals; 7 new members

Organizations Represented:

- The Phoenix Center
- Salvation Army / Express Employment
- Sangamon County Sheriff's Office
- Sangamon County Health Department
- Fifth Street Renaissance
- Helping Hands of Springfield
- Peer Power
- University of Illinois Springfield
- Gateway Foundation
- Statewide ROSC
- Central Counties Health Centers
- Heartland HOUSED
- Illinois Human Performance Project
- Oxford House
- Family Guidance Centers
- BYO Church Springfield
- SIU School of Medicine
- Washington Street Mission/ Celebrate Recovery

Membership Representation: Sectors

ROSC Sectors (n = 26 people, can choose more than one sector)				
Person with lived experience 9	Recovery supports 15	Faith-based groups 5	Family 10	Service providers 16
Volunteer/civic organizations 3	Education/schools 3	Youth-serving organizations 2	Media 0	Business 7
State/local/tribal government 4	Substance use treatment organizations 4	Healthcare 3	Law enforcement 1	Judicial 0

*New membership this month was in education, youth serving, service providers, lived experience. **Sector representation is improving!***

Membership Enhancement

If you have contacts in the **Media, Judicial, Law enforcement** spaces in Sangamon County - invite them to join!

New Member Registration & Process

If you are interested in becoming a member OR need to re-register this year, please complete the survey: <https://forms.office.com/r/V1Fr6F3eeN>

Next new member orientation is October 18th at 12pm on Zoom

Join Zoom Meeting

<https://us06web.zoom.us/j/81264605484?pwd=nFISnubNwS8w2CjbMHL7ONNmn6d07n.1>

Meeting ID: 812 6460 5484

Passcode: 879238

Upcoming Events

Whitney Devine

Sangamon ROSC has new ideas for community events October '24 – January '25:

- **October/November:** Exercise event - possibly free gym day at Salvation Army facility
- **November:** Bonfire Potluck & Karaoke
- **January:** Charades and Pizza Party

Needs/Donations?

Other ideas?

Community Survey

Sarah Richardson

Community Needs Assessment

ROSC Deliverable: community needs assessment to understand **gaps** in recovery-related services in Sangamon County, and **community awareness** of services.

- 11/30/24 - community survey completed
- 1/30/25 - community asset map completed (*existing resource list: <https://www.sangamoncountyrosc.org/resources>*)
- 2/28/25 - needs assessment completed

Presentation: Sangamon County Jail

Lt. Conard