

Bond County Recovery Council Wednesday, October 9, 2024 10am-11:30am (probably only until 11am) Via Zoom/In Person at the SMART building 3<sup>rd</sup> Floor

# Meeting Agenda

Welcome and Introductions
 In Person: (Have sign in sheet)
 Toni Randall-Bond County Recovery Council
 Teresa Cornelious-HSHS
 Michelle Dettwiler-Macoupin/Montgomery County ROSC
 Brittney Carel- Macoupin/Montgomery County ROSC
 Julie Herr-RSUPIC Chestnut

## Via Zoom:

Monique Brunious-Bond County Recovery Council Jennifer Noel-Bond County Transit Sarah Rench-PLE Elyse Schoen-St Francis Way Alice Fitzsimmons-Lost & Found Johanna Gonzalez-SAMSA Veneta Wadlow-Riverbend Families Tonya Roberts-MERS Goodwill Lindsay Minor-St Francis Way Brittany Jacob Dunavant-Illinois Recovery Center Beverly Holland-Region 5 TA Julie Pohlman-Region 4 TA Sheena Langhauser-BJC Detox Andrea Patterson-Bright Point

### 2. Review Old Business

\*Completed Resource List-These are ready. They are much more extensive than the old ones and we are working on distributing them. We have some printed copies available here. These are a fluid document that will constantly be updated. This is an attachment in the Minutes Email. Please email me and let me know of anything that need to be changed or updated.

\*\*Meeting cards are available. Please take some with you to share. If you need them dropped off, please let us know. Will be updating again. These also are a fluid document. So excited that we will be adding to these soon again because more meetings have been added in Bond County. We will order 500 this time instead of 1000.

-September was Recovery Month. These are the things that we did:
\*Sunday, September 8<sup>th</sup>."Day of Prayer"
\*Saturday, September 14<sup>th</sup> "Recovery Picnic"-was a great event with tons of food and games. Everyone had a blast. We also had great speakers.
\*Saturday, September 21<sup>st</sup> "Game Night" 6-9pm. Big thank you to Dusty Hanner for leading this while Monique and Toni were out of town.
\*Saturday, September 28<sup>th</sup> "Rock'n for Recovery" going as a group. Bus is leaving at 4pm from the Senior Center. We had 12 people who rode the bus. Dan and Toni were the only ones who had attended before. It was everyone elses first time. Everyone had a ton of fun. Huge thank you to Patrick Miller for driving, Free Methodist Church for the use of the van, and Celebrate Recovery for donating gas money.

BIG THANK YOU TO EVERYONE who helped make our Recovery Picnic a success.

The following items were donated:

75 Pork Burgers & 75 Hot Dogs- Wes Pourchot & Wayne's Market

Potato Salad- Monique Brunious

Baked Beans- Capri IGA

Funeral Potatoes- Amanda Zinkgraf

Crockpot Corn- Amanda Zinkgraf

Veggie/Fruit Tray – Toni and Dan Randall

Green Beans-Dairy Queen

7 BIG bags Potato Chips- Finders Keepers Thrift Store

Hot Dog Buns-First Baptist Church & HSHS

Hamburger Buns-First Baptist Church & HSHS

Cookies- Bond County Senior Center & HSHS

Condiments-Marcoot Dairy

Paper Goods -Chestnut Health Systems

Kid juices- HSHS

Soda-First Baptist Church & Bibleway Church

Water-First Christian Church

10 bags of Ice-Lost & Found

Comment: "We are flying the plane as we are building it"....this is so true

We had a video with music about the SUMMER with the Bond County Recovery Council.

3. Presentation- We will be sending out an evaluation Survey Monkey. The more people that fill it out the better our data will be. What questions would people like to see on the evaluation?

-What is now taking place in Bond County that wasn't happening at the beginning of 2021?

-What kinds of presenters or topics would you like to see at future meetings?

-Is there any community organization that you think should be attending meetings that is not?

-Do you think that Stigma has changed in Bond County since the beginning of 2021?

-What do you think deters people from attending the BCRC meetings?

-How would you like to be involved?

-Do you think the council is inclusive?

-Are there other areas we should be working on?

-How do we engage other sectors?

-What organizations do you think should be spotlighted to help with their services? -Youth night?

4. Strategic Plan Work Group Updates

-RCO Development-meets the 2nd Tuesday of the month, 2-3pm via ZOOM. We are looking for a few more people to join this group. We are currently looking at RCO's and how that might look in Bond County. Rebecca Klitze, Kelly Jefferson, Patrick Miller, Shane Pinnell, Jon Magnuson, Amanda Zinkgraf, Sarah Rench, Samantha Hill, Rev Bilyeu, Dusty Hanner, Monique Brunious & Toni Randall. We are hoping to have a partnership with Next Network happening by January 2025. Next meeting will be November 12<sup>th</sup>. Would anyone like to be added to the group? Please email Toni

-Transportation-2:30-3:30pm, meet via Zoom on the 3rd Tuesday of the month. Melissa Marti, Michelle Miller, Jennifer Noel, Patrice White, Sarah Rench, Samantha Hill, Amanda Zinkgraf, Monique Brunious & Toni Randall. No meeting in October because Toni & Monique will be at a conference. The next meeting will be on November 19<sup>th</sup>. Would anyone like to be added to the group? Please email Toni

-Stigma-2-3pm, meet at Lost & Found in Greenville on the 4th Tuesday of each month. We are looking for projects to do within the community that will help to reduce Stigma. This would be a great time to join this group. We are going to be brainstorming on our next project to reduce Stigma. Alice Fitzsimmons, Rebecca Klitze, Kelly Jefferson, Patrick Miller, Dusty Hanner, Amanda Zinkgraff, Sarah Rench, Samantha Hill, Monique Brunious & Toni Randall. Next meeting October 22<sup>nd</sup>. Would anyone like to be added to the group? Please email Toni

### 5. New Business

-Red Ribbon Week-It is the last week in October. We had taken the lead on this for the past 3 years. This year, Tessa (School Counselor) and Taylor Hill (School Resource Officer) are handling the arrangements for this. We are going to offer to put the Red solar lights up that the entrances to the schools. We are also going to check into possibility of being at the football game.

-Parades that we will be walking in this yet this year: Keyesport Halloween Parade-Saturday, October 26<sup>th</sup> at 2pm. Sign up is noon-1:30. We will need people in order to do this. Please let us know if you would like to participate?

\*-New Celebrate Recovery-Started on September 15<sup>th</sup> at the Assembly of God Church in Sorento. Sunday's from 5:30-7:30. They will have dinner and childcare. We would love for anyone to share more about this meeting.

**-New Women's Group Meeting-**Thursdays at 6pm. Columbus Baptist Church in Keyesport. Need more information. No one seems to know if this is happening or not. Looking for a way to verify.

-SMART Recovery-Prairie Counseling Center, ONLY Tuesdays 6pm & (no more Wednesday group)

-**Partnership for Drug Free Communities** is holding a Meet & Greet from 10am to noon on December 4<sup>th</sup>. It will be at the RP Lumber Center, 6289 Tiger Dr in Edwardsville. This would be a great opportunity to see all the work they are doing. There will be food, drink and a ugly sweater contest. Please see the attached flyer and it will also be on the BCRC Facebook page.

## -Lost & Found new times-

Sunday-Men's Bible Study 4pm, Service at 6:15pm Monday-Men's Recovery Group 7pm Tuesday-Women's Recovery Group 6:30pm Thursday-Women's Bible Study 10am Friday-Sober Bar 7-11pm

-Lost and Found Game night-holding there first one October 12<sup>th</sup> at 7pm

**-Laundry Day**-Holding our first one on Saturday, November 2<sup>nd</sup> from 11am-1pm. Hoping this will become a monthly event the first Saturday of the month. HSHS is considering partnering with us to provide laundry pods & dryer sheets. **-Paint your Partner Night**-Saturday, October 19<sup>th</sup> from 6-9pm at the Bond County Senior Center. This promises to be lots of fun.

- 6. Update from any Groups & Organizations-none
- 7. General Reminders

-Advisory Board for People with Lived Experience. In 2024 we will be meeting every month on the first Wednesday of the month from 7pm-8:30pm. We meet at Greenville Senior Center. Free drinks & \$20 GC for attending & contributing. Next meeting at November 6<sup>th</sup>, 7pm-8:30pm.

-The Advisory Board will also be hosting Family Game night on the 3<sup>rd</sup> Saturday night of the month from 6-9pm at the Senior Center. Next Family Game Night is October 11<sup>th</sup>. Back to a regular schedule. This one will be our "Paint your Partner" night.

-Bond County Transit Program- Transit bus will take people to Vandalia on Tuesday (Walmart & Aldi) and Highland on Thursday (Walmart & Ruler) to more stores than what is in Greenville. It is a flat rate of \$10 to be picked up at your house and taken back after the trip. 15 bags of groceries allowed. Call Bond County Transit the day before to set up ride. Recovery council now has vouchers for those in the Recovery Community who do service work. They are also working on a route to Edwardsville in the future.

-AMARE Family Support, Jamie Armstrong Certified Recovery Coach. She can connect people to several groups & support networks. She works in St Clair, Madison, Christian & Jersey. She can work with families from Bond County virtually. For more information reach out to her at Jaime Armstrong jarmstrong@amarenfp.org

-REFLECTIONS-Prairie Counseling Center, 1<sup>st</sup> Wednesday of the month at 10am.

-HEALERS group meets on the 2<sup>nd</sup> & 4<sup>th</sup> Saturday of the month at the Senior Center at 11am. New materials have arrived. Good stuff happening here.

8. FREE Virtual Narcan Training each month by Chestnut. For more information email <u>SR-NARCAN@chestnut.org</u>. The Recovery Council also has FREE Narcan for anyone who needs it.

#### Future Meeting Dates for 2024:

November 13, 2024 December 11, 2024

BCRC Vision: Working together to build and maintain safer and healthier communities of recovery and hope.

BCRC Mission: To empower the Bond County communities to support prevention and recovery through awareness, policy, education, stigma reduction and access to quality services.