

### **ROSC Strategic Plans FY25**

**Ongoing Activities 2022-2026** 

#### Goal A: Develop and maintain DuPage County ROSC Council meetings.

Objective 1: Develop ROSC Council, meeting monthly. Goal: 30 members in attendance at every meeting (2022-ongoing)

Activity 1: Host meetings with new partners and members to build participation

Activity 2: Set ROSC Council meeting calendar

Activity 3: Identify key organizations and individuals to join

Activity 4: Establish and review yearly new member orientation that clarifies

membership roles, terms of service, responsibilities, meeting attendance requirements

Activity 5: Hold ROSC Council Meeting at different Community site quarterly, to

expand beyond just Serenity House.

#### Objective 2: Identify existing resources and gaps to address goals (2022-ongoing)

**Activity 5:** Implement and refine a yearly strategic recruitment plan to ensure DuPage ROSC Council involvement is diverse and strengthens the foundation to build RCO Council.

**Activity 6**: Establish efforts to strengthen existing partnerships and assist the DuPage ROSC Council in changing community norms regarding negative perceptions of individuals with SUD and COD; welcome individuals to recovery.

**Activity 7**: Develop communication plan, goals and objectives to expand existing targeted area community stakeholders, businesses, schools, law enforcement, persons with lived experience, and their families.

**Activity 8**: Continue yearly focus groups to identify needs of specific areas in recovery community (ie: justice involved individuals, those using Medication Assisted Treatment, etc)

### Objective 3: Enhance the leadership skills of the ROSC Council Members (2024-ongoing)

**Activity 9:** Develop a transformative sustainability plan to maintain strategies and outcomes of ROSC memberships.

**Activity 10:** Conduct future meetings, establish committees and community partners for strategic planning, training on the strategic prevention framework, meeting management, presentation skills, cultural competency, media advocacy, and sustainability.

**Activity 11:** Design and adopt a ROSC Council leadership succession plan and RCO leadership plan.

**Activity 12:** Identify members with leadership potential and invite onto Sustainability Committee

**Activity 13:** Work with Faces and Voices of Recovery to offer Leadership trainings for community members

### Objective 4: Strengthen Collaboration with other ROSC Coalitions in Chicagoland area and the State of Illinois (2022-ongoing)

**Activity 14:** Attend all ROSC Council meetings in collar counties, as well as downstate ROSCs when applicable.

**Activity 15:** Implement a ROSC joint public awareness effort/media campaign on a common component of ROSC.

**Activity 16:** Partner with other ROSCs to sponsor educations and trainings

### Goal B: Increase the Awareness of the ROSC Council: Its Mission and Purpose

Objective 5: Track the number of: ROSC meeting attendees, educations and trainings, presentations, monthly ROSC Council updates completed, and participants in key ROSC Council meetings (2022-ongoing)

**Activity 17:** Conduct community outreach to increase visibility of ROSC Council and awareness of needs.

**Activity 18:** Create shared ROSC Council Facebook, Instagram, and Tik Tok pages and develop forms to include information from all council recovery services.

Activity 19: Provide outreach information and literature for council members

**Activity 20:** Committee members provide presentations to organizations and partners in their service, business, school and other community stakeholder areas.

**Activity 21:** Deliver a monthly ROSC Council update to council representatives, action team members, and their organization's leadership team via email.

Activity 22: Create and deliver specific messaging about ROSC vs RCO, and ROSCs

changing role in coming year

#### **Goal C: Increase Credibility of ROSC Council**

Objective 6: Increase education and understanding of the importance of ROSC Council Membership (2022-ongoing)

**Activity 23:** Conduct a community presentations to increase knowledge of members about Recovery Oriented Systems of Care and the importance of the DuPage ROSC Council with a trends presentations.

**Activity 24:** Develop and distribute an Annual Progress Report of the ROSC Council with presentation at Council meeting

**Activity 25:** Host volunteer training for all Council members/volunteers addressing Recovery Oriented Systems of Care.

**Activity 26:** Conduct focus groups for specific demographics within recovery community

Activity 27: Engage business community in DuPage County: presentations for

Chambers of Commerce, small business associations, Rotary Clubs etc.

Activity 28: Engage local government: presentations for township meetings, etc.

#### **Goal D: Increase ROSC Knowledge Base**

Objective 7: Increase perception of Peer Educators, PLE, SUD involvement and participation in ROSC Council and the development of an independent RCO. (2022-ongoing)

**Activity 27:** Work with DuPage RCO to create communication and outreach on Peer Support: what it is, the importance, how to access, etc.

**Activity 28:** Hold quarterly CRSS trainings through the Connecticut Community of Addiction and recovery (CCAR).

### Goal E: Develop additional support systems for people in recovery and their families. (2023-ongoing)

Objective 9: The ROSC Council will expand awareness of recovery community

**Activity 29**: Work with our Persons with Lived Experience (PLE's) to create a directory of additional alternative recovery meetings within the county: 12 Step, SMART, Refuge, Celebrate, etc in addition to resources for family members.

**Activity 30:** Hold focus group/conversations with family members and loved ones of people in recovery to identify their needs and how to meet those needs.

Objective 10: ROSC Council will work with DuPage RCO to expand prevention education and stigma reduction programs within DuPage County and surrounding school districts and develop a support groups for children of parents with substance use challenges, as well as students at-risk of substance use challenges

**Activity 31:** Meet with local school administrators to discuss possible options for support for students.

**Activity 32:** Share information and collaborate with DRCO to plan prevention education programs for DuPage Schools

**Activity 33:** ROSC will engage with PLEs to provide speakers with lived experience for RCO prevention education work in schools

**Activity 34:** ROSC will engage with school administrators, as well as local organizations working in prevention education, to provide options for harm reduction trainings for school staff as well as students.

Activity 35: ROSC will plan resource fair event at a local school, targeted at parents.

# Goal F: The ROSC Council will assist in increasing SUD/COD intervention and treatment support options in the county. (2024-ongoing)

Objective 11: The ROSC Council will facilitate with DuPage RCO and Serenity House to explore Recovery Coaching in hospitals, treatment centers, and other stakeholders.

**Activity 36**: Continued Outreach to key stakeholders to present plans for free Peer Support Services through DuPage RCO and Serenity House CORS grant

Objective 12: The ROSC Council will coordinate efforts to improve transportation for treatment services.

**Activity 37**: Identify possible sources of funding for transportation services

**Activity 38**: ROSC will meet with community partner sites to determine feasibility of transportation assistance through DuPage ROSC car

**Activity 39**: ROSC members will provide transportation through ROSC Car when available and applicable.

### Goal G: The ROSC Council will work to decrease stigma related to substance use and mental health challenges in DuPage County. (2024-ongoing)

Objective 13: The ROSC Council Administration will find opportunities for persons with lived experience to share their stories with the public.

Activity 40: Commit time at ROSC meetings quarterly to spotlight local person in recovery

**Activity 41**: ROSC will work with DRCO to find persons with lived experience to speak at local schools for prevention education

**Activity 42**: ROSC will create a weekly spotlight on a member of the recovery community for social media channels

**Activity 43**: ROSC will create a promotional video featuring members of the DuPage County recovery community talking about their lived experience

#### Objective 14: The ROSC Council will work on another stigma reduction campaign within the next year

**Activity 44**: ROSC will work with DuPage Health Department to update the Fentanyl Awareness campaign from 2022

**Activity 45**: ROSC will work with the DuPage Health Department's Behavioral Health Collaborative to create new messaging targeting co-occurring substance use and mental health challenges.

**Activity 46**: ROSC will identify and work with members with lived experience to feature in the advertising

Activity 47: ROSC will host an event with the Health Department to kick-off the campaign

## Goal H: The ROSC Council will work to improve access to recovery services for persons incarcerated in DuPage County. (2023-ongoing)

Objective 15: The ROSC Council will expand activities within DuPage County Jail.

Activity 48: Continue four recovery related classes led by persons with lived experience

**Activity 49**: ROSC will work with RCO to add two more classes within the next year (SMART Recovery and Refuge Recovery)

**Activity 50**: ROSC will work with DRCO to provide recovery support services for those requesting them in DuPage County jail

#### Objective 16: ROSC will work to create industrial painting training program inside DuPage County Jail

**Activity 51**: Work with partners in jail administration to discuss feasibility of specific jobs training programs

Activity 52: Identify funding sources for painting supplies (\$2000 secured as of 10/2023)

Activity 53: Work with College of DuPage to determine certification process for class graduates

Activity 54: Training program implemented quarterly in FY24

#### Objective 17: ROSC will expand current work with justice-involved individuals to surrounding areas

Activity 55: ROSC will work with DuPage RCO to facilitate classes inside Kane County jails

# Goal I: The ROSC Council will work to improve access to harm reduction materials for DuPage County residents. (2023-ongoing)

Objective 17: The ROSC Council will provide Narcan wall-boxes for community partners.

**Activity 56**: Continue to supply Narcan for boxes at seven community partner sites (West Suburban Fellowship Club, 360 Youth Services, Stony Brook Clinic, Wheaton PD, Glen Ellyn Library, Outreach House)

**Activity 57**: ROSC will work with RCO and Hope For Healing to identify three more partner sites for box installation within the next year

**Activity 58**: ROSC will work with DRCO to provide harm reduction trainings for partner sites

**Activity 59**: ROSC will work to handle referrals from QR codes on boxes seeking further services

#### Objective 18: Lower stigma related to harm reduction services in DuPage County

Activity 60: Use de-stigmatizing language when talking about harm reduction at ROSC events

**Activity 61**: Frame harm reduction services as a public health matter when providing trainings and educations for community

**Activity 62**: Provide at least two presentations from local harm reduction practitioners at ROSC meetings within FY25

Activity 63: Add section about stigma into current Narcan training presentation

Goal J: The ROSC Council will expand the type of presentations and educations for community (2024-ongoing)

Objective 19: The ROSC Council will expand the scope of presentations and spotlight more pathways to recovery.

**Activity 64**: ROSC will assess stakeholders to determine what type of educations they're seeking.

**Activity 65**: ROSC will provide presentations on less-traditional pathways to recovery (psychedelics, ketamine therapy, EMDR, nature therapy, holistic approaches, etc)

Activity 66: ROSC will spotlight paths to recovery that may be stigmatized (methadone).

**Activity 67**: ROSC will continue to promote multiple pathways to recovery in all planning and presentations.

**Activity 68**: ROSC will provide quarterly free trainings and educations to the community, providing CEUs

# Goal K: The ROSC Council will increase collaborative efforts among organizations to provide improved access to services (2023-ongoing)

#### Objective 20: The ROSC Council will maximize use of What's App Referral Hub

**Activity 69**: Promote services available through Referral Hub on social media, request stakeholders promote via their channels

Activity 70: Create flyer with information on Referral Hub, how to access it, etc

**Activity 71**: Create sub-groups on Referral Hub for specific types of referrals (eg: detox, IOP, therapists, etc)

**Activity 72**: Expand types of referrals taken on Referral Hub to include other areas on recovery continuum: jobs, legal, spiritual, housing, etc.

**Activity 73**: Collect data weekly on the types of referral requests, outcomes, etc to identify strengths and gaps in the service

**Activity 74**: Spotlight the most active users with mention/shout out at monthly council meeting

Activity 75: ROSC will coordinate with DRCO to provide RSS follow up on referral requests.

**Activity 76**: ROSC will create form on ROSC website for general public to use in seeking any type of substance use or mental health services.

# Goal L: The ROSC Council will fully migrate any and all tangible services provided over to DuPage RCO and partner organizations (2024-ongoing)

#### Objective 21: The DuPage ROSC will educate partners on the ongoing roles of ROSC and RCO

**Activity 77**: ROSC will have ongoing messaging at council meetings on role of ROSC and RCO

**Activity 78**: Create updated flyers with messaging

**Activity 79**: ROSC will conduct outreach with current partner organizations to educate them on RCO taking over services: harm reduction, jails, etc.

**Activity 80**: ROSC will work with RCO to create videos explaining the changes, to be shared on socials and in email communications.

### Objective 22: ROSC will work with RCO and other community partners on sustainability and succession plans

**Activity 81**: ROSC will identify organizations for possible collaborations on pre-existing services that could take over said services in the next year

**Activity 82**: ROSC will help RCO and other partners in establishing framework for services, including securing funding sources if needed.

### Goal M: The ROSC Council will attempt to move into more advocacy work (2025ongoing)

#### Objective 23: DuPage ROSC will support existing advocacy groups

**Activity 83**: ROSC will identify organizations currently doing advocacy work in substance use and mental health in DuPage and surrounding areas

**Activity 84**: ROSC will perform outreach to those organizations and present at their meetings

Activity 85: Collaborate with advocacy groups on messaging, support at local events

**Activity 86**: ROSC will seek to join advisory councils whenever possible

#### Objective 24: DuPage ROSC will attempt advocacy campaign in 2025

**Activity 87**: ROSC will work with members to identify areas in need of advocacy work (ie: justice-involved, housing, etc)

Activity 88: ROSC will select specific area of need for campaign

**Activity 89**: ROSC will identify organizations currently working in that specific area, and engage to gather data, information, etc as well as buy-in for collaborations

**Activity 90**: ROSC will work with partners on creating messaging for campaign, taking as much input as possible from stakeholders

**Activity 91**: ROSC will create visuals, literature, etc for dissemination through socials, email, as well as physical copies