

# Ford County ROSC Council Meeting Minutes

***Tuesday, October 22nd, 2024, at 8:30 AM (Zoom)***

**Definition of ROSC:** A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

**Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.**

## **Attendance:**

Frankie Ward (Ford County ROSC, Chestnut Health Systems)  
Kari Knapp (Chestnut Health Systems, Associate Director Community Health)  
Barbara Brumleve (Ford County ROSC, McLean County ROSC, Chestnut)  
Kami Garrison (Chestnut Health Systems– Region 3 TA – Statewide ROSC)  
David King (Community Outreach Manager – Carle Health)  
Christine Pierce (Outreach – Carle Health)  
Jennifer Harrison (Director of Ford County Probation)  
Paul Abraham – (Administrator - Ford County Health Department)  
Jeanette Davis (Logan/Mason ROSC)  
Tristan McGrew (Logan/Mason ROSC)  
John Schneider (Chestnut Health Systems, Celebrate Recovery, Livingston ROSC)  
Abby Behrens (Case Manager Coordinator-The Butterfly Project - Brightpoint)  
Odette Hyatt-Watson (Chief Executive Officer - East Central Illinois Community Action)  
Tia Schum (Piatt County ROSC)  
Megan Ramirez (Consortium Coordinator - Gibson Area Hospital)  
Carrie McKinzie (Professional Relations Manager - Gateway Foundation)  
Melissa (Community Living Advocate – Life CIL)  
Shelbie Kearfott (Rosecrance/Prevention)  
Caitlyn Kurtz (Regional Council Manager - Birth to Five)  
Dylan Adair (Case Manager - Rosecrance)

## **Agenda:**

- Introductions
- Spotlight: Overview of Communication and Outreach Plan
- Updates/Upcoming Events
- Available Trainings
- Agency Updates/Questions

Barb Brumleve introduced the agenda, which included reviewing the previous communication and outreach plan and discussing target audiences for the year. Frankie Ward highlighted the importance of collaboration in refining their outreach efforts and listed last year's target audiences, which included service providers and the faith community. She encouraged input on potential new audiences and strategies for effective engagement.

### **Main Topic: Communication and Outreach Plan**

#### **Slido Engagement and Strategy Discussion:**

Kari Knapp guided participants on using Slido to rank community sectors, while Frankie Ward highlighted the need for targeted outreach strategies. Participants discussed the significance of engaging people with lived experience and schools, with several attendees contributing ideas. The session aimed to gather insights for developing a comprehensive communication and outreach plan.

#### **Youth Prevention Initiatives and Collaboration:**

Shelbie Kearfott shared plans for a youth council at GCMS middle school to enhance engagement in prevention education, targeting students before they reach high school. The council aims to involve students in community activities, such as drug take-back days and National Prevention Week, while also providing education and training for staff on current trends in substance use.

John Schneider asked Shelbie Kearfott-Rosecrance about the middle school program's name and how to incentivize student participation. Shelbie noted that the program is still unnamed and aims to be fun and engaging, focusing on broader life goals rather than just substance use. She also mentioned reaching out to at-risk students and collaborating with local businesses for support.

#### **Addressing Disability in Mental Health Discussions:**

Frankie Ward expressed enthusiasm for discussing the connections between mental health and physical disabilities, drawing from her personal experience with her father's challenges. Melissa from CLA LIFE CIL pointed out that discussions often focus solely on mental health, neglecting the importance of physical disabilities. She stressed the need for a more comprehensive approach that includes both aspects.

#### **Outreach Strategies for Community Engagement:**

Christine P from Champaign County discussed the significance of outreach in building community relationships, advocating for a visible presence among local organizations. She recommended starting with a few select groups to foster connections through informal conversations rather than direct requests for assistance. Frankie Ward from Ford County ROSC agreed, noting that she aims to enhance her outreach skills and appreciates the approach of introducing oneself without immediate expectations.

Megan Ramirez highlighted her approach to community outreach by engaging with different stakeholders to understand their needs and challenges. She noted that many issues overlap among

various groups, suggesting a collaborative approach to problem-solving. By working with law enforcement and other agencies, she aims to foster positive relationships and improve outreach effectiveness.

### **Prioritizing Community Outreach and Stigma Reduction:**

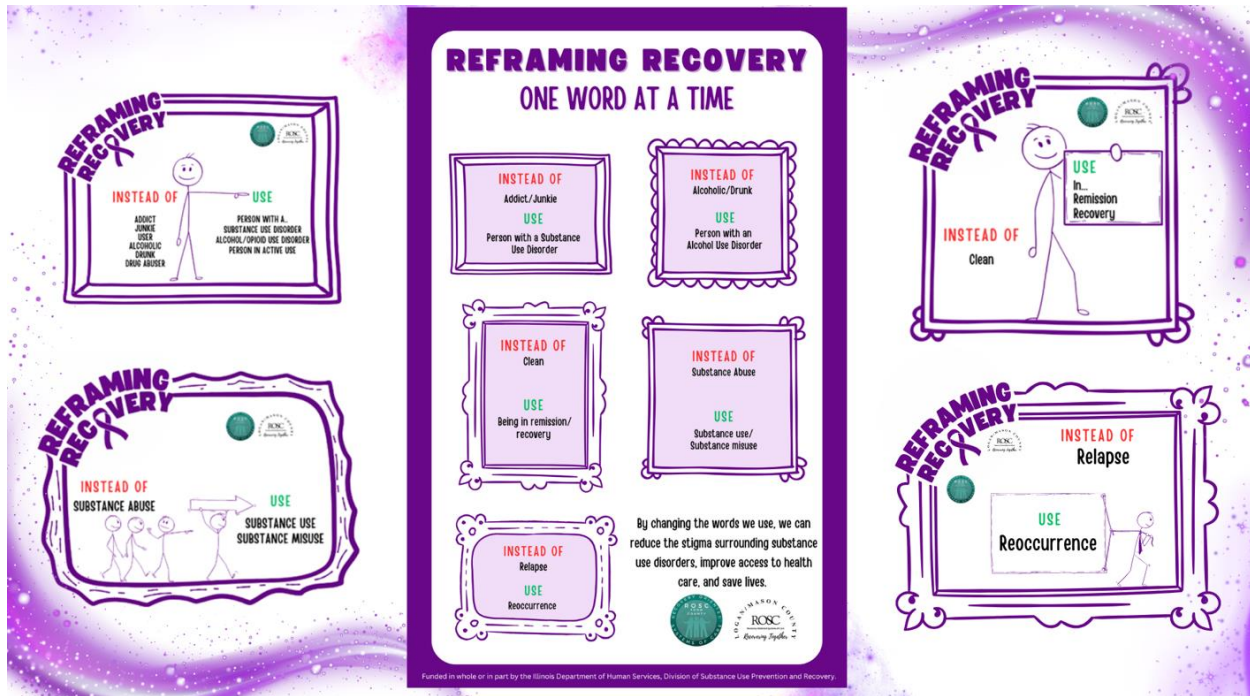
David King questioned the purpose behind the ROSC's priorities, expressing concern that without a clear strategy, efforts could become diluted and ineffective. Frankie Ward responded by stressing the importance of understanding the rationale for targeting specific groups, including individuals with lived experience and the general population, to effectively address stigma. Both acknowledged the collaborative nature of their work and the need for a focused approach.

### **Action Items:**

- \* Frankie Ward will coordinate the development of the communication and outreach plan for FY25.
- \* Frankie Ward will set up a meeting with Shelbie Kearfott to discuss collaboration on youth prevention efforts.
- \* Shelbie Kearfott will engage with the youth council at GCMS middle school and explore collaboration opportunities with the ROSC.
- \* Barb Brumleve will share the reframing recovery campaign posters with attendees for distribution.
- \* Odette Hyatt-Watson will provide information about the community outreach event at the Elks Lodge on November 14th.

### **UPDATES/EVENTS:**

Frankie Ward provided an update on the launch of the reframing recovery campaign, which will include monthly themes and social media posts. Barb Brumleve mentioned the distribution of posters in the community to promote the campaign.



**Upcoming Trainings:**

## AVAILABLE TRAININGS

 <b>RECOVERY AND THE HOLIDAYS</b> Recovery and the Holidays: Addressing the Unique Challenges Peers Face PRESENTED BY: Jay Hughes DATE: Wednesday, November 6, 2024 TIME: 12:00 pm - 1:30 pm CEUs: 1.5 CEUs Approval Pending TYPE: Virtual (webinar) LOCATION: Zoom <a href="#">REGISTER</a>	 <b>LEADING WITH PURPOSE</b> Leading with Purpose: Building Communities that Thrive PRESENTED BY: Kym Laube DATE: Tuesday, November 26, 2024 TIME: 12:00 pm - 1:30 pm CEUs: 1.5 CEUs Approval Pending TYPE: Virtual (webinar) LOCATION: Zoom <a href="#">REGISTER</a>	 <b>RECOVERY AND THE HOLIDAYS</b> Recovery and the Holidays: Self-Care and Trauma Informed Approaches for a Balanced Season PRESENTED BY: Jay Hughes DATE: Wednesday, December 4, 2024 TIME: 12:00 pm - 1:30 pm CEUs: 1.5 CEUs Approval Pending TYPE: Virtual (webinar) LOCATION: Zoom <a href="#">REGISTER</a>
--	---	---

[COALITIONSUPPORT.ORG](http://COALITIONSUPPORT.ORG)

We hope to see all of you on **November 26th, via zoom, 8:30 AM.**

As always, please reach out if you have any questions, ideas for collaborations, etc. Thank You!!



## CONTACT AND SOCIAL MEDIA



[Ford-County-Recovers-a-ROSC-Community](#)



[Ford.County.ROSC](#)



[Ford County ROSC - YouTube](#)

Frankie Ward, Recovery Specialist  
[fward@chestnut.org](mailto:fward@chestnut.org)

Kari Knapp, Associate Director of  
Community Health [kmknapp@chestnut.org](mailto:kmknapp@chestnut.org)

Barb Brumleve, Community Health  
Specialist [bdbrumleve@chestnut.org](mailto:bdbrumleve@chestnut.org)

Ford County ROSC Team  
[FordCoutyROSC@gmail.com](mailto:FordCoutyROSC@gmail.com)

