

Sangamon County ROSC Meeting

10/22/2024

Location: zoom

Attendees:

- Sarah Richardson, FGC
- Whitney Devine, FGC
- Bobby Baker, SIU
- Nicholas Banning, SIU
- Rick Nance, FGC
- Jamila Patterson, The Outlet
- Marie Riley, Sangamon County Dept. of Public Health
- Stephanie Carson, Gateway
- Steve Ohl, Washington Street Mission
- Donna Reeves, Central Counties
- Julie Pohlman, Statewide ROSC, Region 4 TA
- Shymeka Kerr, Heartland Housed
- Jamie Reidle, Heartland Housed

Agenda:

- Membership Update
- FGC Staffing Update
- Updates on Community Survey questions
- ROSC Event Updates
- Open floor to ROSC members to share upcoming events, ideas, needs, etc.
- Tiara Standage (Speaker) presenting on Intricate Minds

Next Steps:

- Whitney will complete Fitness Event flyer and send out to ROSC members. She will also continue to post event updates on ROSC FB page.
- Whitney will coordinate with Intricate Minds to reschedule their presentation- due to technical issues today.

Meeting Notes:

- Membership Updates:
 - 3 new members this month
 - Still lacking membership from media and judicial sectors
 - New Member Orientation occurs third Friday of each month at 12pm- zoom link is on the website, reach out to Whitney if you would like more information
- Staffing Updates:
 - Shared that Rick Nance will be transitioning away from ROSC duties effective November 1 2024.
 - Rick spoke and shared about his retirement and gratitude for being a part of ROSC.
 - Rick shared his email (Rick1.Nance@outlook.com) and phone number with Group; and extended that he will still support and answer questions via those contact methods for the next 6 or 7 months

- Community Survey Updates-
 - Gave overview of 10 questions that have been added to survey; questions are required to be covered on survey by SUPR.
 - FGC submitted our community survey to SUPR for approval in mid-October, once we receive approvals we can start to disseminate
- Upcoming events
 - Fitness Event
 - Sat December 7th 11:30 AM-1:30 PM
 - Event will include 3 Instructor led classes donated by FitClub.
 - Flyer is in process of development, waiting for confirmation on which FitClub location event will take place at.
 - Winter Drive Event
 - Talked about items we have collected so far for drive.
 - Need of more winter items particularly gloves.
 - Can drop off winter items at 2924 Stanton St. Springfield, IL 62703
Tuesday-Thursday 8 AM-4:00 PM
 - Pick up of donated items can also be arranged by contacting Whitney at 217-891-7627
 - Flyers have been ordered and will be distributed – contact Whitney for copies to distribute/post
 - Whitney Discussed progress with future Karaoke/cookout/speaker event
 - Still waiting on venue approval
 - Cookout may not be doable at this point, as time is limited and it's getting to be too cold.
 - Whitney Asked ROSC members to send any leads on potential event venues they are aware of, that would be willing to donate their space.
 - Whitney shared that she has reached out to Stella Cafe to see if this space could be donated and used for events on an on-going basis; waiting for owner approval.
- Went through meeting attendee introductions, each person sharing their name and a bit about their organization.
- Whitney announced that the scheduled speaker for the day was having technical problems; so that presentation is postponed; to be rescheduled.

Sangamon County ROSC

General Meeting

10/22/24

Agenda

- Update: Membership Sign-Ups & Sector Representation
- FGC Staffing Update
- Update: Community Survey
- Upcoming Events
- Member Updates
- Presentation: Intricate Minds

Reminder- ROSC Coordinator Contact

Whitney Devine

Wdevine@fgcinc.org

Rosco@fgcinc.org

Family Guidance Centers, Inc.

2924 Stanton Street

Springfield, IL 62703

Cell: (217) 891-7627

Website & Social Media Updates

"Community Organization" page with links to websites:

Meet Our ROSC Community Organization Members

- phoenix center**
The Phoenix Center
(phoenixcenterspringfield.org)
- Express EMPLOYMENT PROFESSIONALS**
Respecting People. Impacting Business.™
Express Employment Professionals
(expresspros.com)
- THE SALVATION ARMY**
DOING THE MOST GOOD™
The Salvation Army
Springfield, IL (salvationarmy.org)
- Washington Street MISSION**
Washington Street Mission
(<https://washingtonstreetmission.org>)
- HELPING HANDS OF SPRINGFIELD**
Helping Hands of Springfield
(helpinghandsofspringfield.org)
- UNIVERSITY OF ILLINOIS SPRINGFIELD**
University of Illinois - Springfield
(uis.edu)
- CENTRAL**

Enhanced posting about ROSC meetings, community events, and orgs on Facebook:

Intro

The ROSC's mission is to engage the community in hopes that all community members will understand, or seek to understand, that addiction and mental health does not affect only the person afflicted, but also the family and the community as a whole.

Sangamon County ROSC
September 18 at 10:23 AM · 🌐

#RecoveryIsPossible. Volunteering, helping a friend or neighbor, and teaching someone a new skill fosters a feeling of connection and recovery. You can make a difference in someone's life. samhsa.gov/find-support/helping-someone

#RecoveryMonth

HELPING OTHERS LPS RY.

Info · Page · Nonprofit organization

📞 (217) 891-7627

✉ wdevine@fgcinc.org

🌐 sangamocountyrosc.org

★ Not yet rated (1 Review) ⓘ

Photos See all photos

SC-ROSC FEBRUARY 9TH GAME NIGHT ALL SIZES COFFEE & TEA

If you have events or want us to highlight your org on our social media, reach out to Whitney!

Membership Report

Sarah Richardson

Membership Registration

+ 3 new members since last month:

September: 26 registered members

October: 29 registered members

Of registered members:

- 18 unique organizations
- 1 individual (not org-affiliated)
- 19 renewals; 10 new members

Organizations Represented:

- The Phoenix Center
- Salvation Army / Express Employment
- Sangamon County Sheriff's Office
- Sangamon County Health Department
- Fifth Street Renaissance
- Helping Hands of Springfield
- Peer Power
- University of Illinois Springfield
- Gateway Foundation
- Statewide ROSC
- Central Counties Health Centers
- Heartland HOUSED
- Illinois Human Performance Project
- Oxford House
- Family Guidance Centers
- BYO Church Springfield
- SIU School of Medicine
- Washington Street Mission/ Celebrate Recovery

Membership Representation: Sectors

ROSC Sectors (n = 29 people, can choose more than one sector)				
Person with lived experience 11	Recovery supports 16	Faith-based groups 5	Family 11	Service providers 16
Volunteer/civic organizations 3	Education/schools 3	Youth-serving organizations 2	Media 0	Business 7
State/local/tribal government 4	Substance use treatment organizations 6	Healthcare 3	Law enforcement 1	Judicial 0

New membership this month was in SUD treatment, family, person with lived experience

New Member Registration & Process

If you are interested in becoming a member OR need to re-register this year, please complete the survey: <https://forms.office.com/r/V1Fr6F3eeN>

Next new member orientation is November 15th at 12pm on Zoom

Join Zoom Meeting

<https://us06web.zoom.us/j/81264605484?pwd=nFISnubNwS8w2CjbMHL7ONNmn6d07n.1>

Meeting ID: 812 6460 5484

Passcode: 879238

FGC Staffing Update

Sarah Richardson

Please join us in thanking Rick Nance for his contributions to Sangamon County ROSC.

Rick will be transitioning away from ROSC duties at the end of October 2024.

Update: Community Survey

Sarah Richardson

SUPR-Required Questions

SUPR issued the following questions that we are required to add into our community survey. FGC submitted these together with our other questions to SUPR in mid-October.

All question responses: Strongly Disagree / Disagree / Neutral / Agree / Strongly Agree

1. People who use drugs deserve respect.
2. People with a mental illness deserve respect.
3. Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders e.g., methadone or buprenorphine to treat opioid use disorder) is an effective treatment for substance use disorders.
4. It is difficult to find healthcare providers who offer Medication Assisted Recovery-MAR (which is the use of medications to treat substance use disorders e.g., methadone or buprenorphine to treat opioid use disorder) in my community.

SUPR-Required Questions

5. Harm reduction services like Narcan and syringe service programs reduce the risks of drug use.
6. It is difficult to find harm reduction services like Narcan and syringe service programs in my community.
7. It is difficult to find mental health and substance use treatment services in my community.
8. We should increase government funding on treatment options for mental health and substance use disorders.
9. Everyone in my community can get help for mental health regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.
10. Everyone in my community can get help for substance use regardless of income level, insurance status, race, ethnicity, primary language, disabilities, gender identity, sexual orientation, or citizenship status.

Upcoming Events

Whitney Devine

Fitness Event

Date: Saturday, December 7th, 2024

Time: 12:00 PM-1:30 PM

Location: Fitclub

Flyer to be released shortly, help us promote - individuals must pre-register to attend

Details: Event for people in recovery and their family members 18 years and up.

- 3 Instructor-led classes that individuals can experience (ex: yoga class, hip hop cardio class, and cycling) -Exact classes confirmed after RSVP secured.
- Healthy sack lunch to go; to secure with Hyvee

How to get involved: Contact Whitney Devine (ROSC Coordinator) at 217-891-7627; or Email: wdevine@fgcinc.org

Winter Clothing Drive

Event Date: 12/10/24

Donations Accepted: 10/9/24-12/9/24

Time: Donations Drop off- Tues, Wed, Thurs 8:00 AM-4:00 PM

Location: Drop off at 2924 Stanton Ave. Springfield, IL

- Pick up also available upon request

Details: Collecting winter items- hats, scarves, thick winter socks, thermals, "Hot Hands", Hot Chocolate packets etc.

- All donated items will be given out to individuals in need during Community Connections event at the Washington Street Mission December 10th [8:30 AM-10:30 AM]

How to get involved: Contact Whitney Devine (ROSC Coordinator): 217-891-7627; or Email: wdevine@fgcinc.org

Winter Items Drive

10/9/24-12/09/24

Sangamon County ROSC is accepting donations of new and 'gently-used' winter items for a "Give Away" and Community Resource Event.

Donations Needed:

- Winter Hats
- Scarves
- Gloves and Mittens
- Thick Winter Socks
- Thermals
- long underwear
- "Hot Hands"
- Hot Chocolate Packets



Drive Beneficiary

Washington Street
MISSION

DONATION DROP OFF-LOCATION:

Family Guidance Center

2924 Stanton Ave Springfield IL

DROP OFF TIMES: TUES, WED, THURS 8 AM-4:00 PM

For more information contact:

Whitney Devine (ROSC Coordinator)

wdevine@fgcinc.org ; 217-891-7627

Member Updates

Whitney Devine

Presentation: Intricate Minds

Tiara Standage