

# Introduction and Objectives of the Communication/Outreach Plan

### Will and Grundy County

**Purpose**: This Community outreach is a strategic approach that HLM Recovery180 R.O.S.C will employ to actively engage Will and Grundy Counties. Our goal is to build strong relationships, raise awareness about their services or causes and work collaboratively to address SUD, Mental Health, and other shared challenges, as well as provide the means and resources to solve them.

**Benefits of being involved in community outreach:** Being involved in community outreach plans can offer a wide range of benefits, both for individuals and the community as a whole.

## Here are some of the key advantages:

- Positive Impact
- Sense of Purpose
- Networking
- Skill Development
- Increased Empathy and Understanding
- Personal Growth
- Building a Stronger Community
- Enhanced Problem-Solving
- Increased Civic Engagement
- Legacy and Long-Term Impact

#### **Key Components of the Communication/Outreach Plan**

## Communication of the ROSC Council's Strategic Plan and Progress

- Method: Publish updates on the council's strategic plan, including the communication/outreach plan, and its progress.
- Channels:
  - ROSC Council Website: Use dedicated sections to post monthly updates on the strategic plan.
  - o Email Newsletter: Monthly summary emails with highlights from updates and progress.
  - Social media: Regular posts on progress, spotlighting completed milestones.
- Frequency: Monthly

## **Monthly Meeting Notes and Event Announcements**

- Method: Share notes from monthly meetings, upcoming events, and other relevant announcements.
- Template Compliance: Follow the specified template for posting on the GSU/ROSC council website.
- Distribution Channels:
  - Website: Post meeting notes and event details.
  - o Email Notifications: Send out summaries to subscribed members.
- · Frequency: Monthly after each meeting

## **Community Resource List and Needs Assessment**

- Purpose: To make the community aware of available resources and assess gaps in services for individuals in recovery.
- Method:
  - o Annual Report: Publish the result of the community needs assessment.
  - Online Resource Library: Maintain a list of community resources on the ROSC council website.
  - o Social Media Highlights: Regular posts spotlighting various resources.
  - o HLM Website
- Frequency: Annual for assessment, continuous updates as new resources emerge.

## **Action Plan: Community Outreach**

Goals and Target Audience	Method/Next Step	When?	Progress
The engagement of local leaders contributes to the success, sustainability, and positive impact of initiatives within the community. Their influence extends beyond their individual roles, making them valuable partners in community development efforts.	Fulfilling stakeholders for the ROSC council is crucial for the overall success and sustainability of a robust resource network.  Method: Community Networking, social media, and monthly council meetings.  Identify and Prioritize Needed Stakeholders based on their influence, interest and impact within the SUD and Mental health Community  Layout clear goals and objectives to ensure stakeholders understand how their involvement contributes to the achievement of our goals.  Conduct workshop meetings to facilitate collaboration. The sessions are intended to brainstorm ideas, solve problems, and build a sense of ownership among stakeholders.	3 <sup>rd</sup> and 4 <sup>th</sup> quarter	Haven't officially started yet, but networking is ongoing
Faith-based Community  Engaging faith-based communities in addressing substance use disorder (SUD) and mental health	The goal of engaging faith- based community is to provide awareness, education, guidance, and resources that	1 <sup>st</sup> and 2 <sup>nd</sup> Quarter	We are reaching out to the faith- based community setting up conversation to provide education on their unique opportunity to provide support

offers unique benefits that strengthen prevention, support, and recovery efforts. These communities often hold a respected role, trust, and influence within populations, and their involvement can lead to positive outcomes by providing spiritual, emotional, and practical support.

will reduce stigma and open the door for more conversation.

Method: Direct Community Engagement with churches and hosting meetings specifically for faith-based leaders, Interactive education, Open forum discussions

Cultural Relevance -Faithbased communities may offer culturally relevant approaches to addressing SUD and Mental health challenges, considering the unique cultural and spiritual context of individuals

Prevention initiatives-Faithbased organizations can actively participate in prevention initiatives, educating their members and wider community about risks and promote healthy choices.

promote healthy choices.

Stigma-In some cases,
engaging faith communities can
help reduce the stigma
associated with SUD and
Mental health. Which can
encourage individuals to seek
help without fear of judgement.

to their congregation in the area of recovery. We also promote Illinois Faith & Recovery Collaborative. This is ongoing

### **Youth Coalition**

Engaging youth in substance use disorder (SUD) and mental health initiatives has numerous benefits. Youth bring fresh perspectives, influence peers, and are directly impacted by these issues, making their involvement essential to creating relevant, effective solutions.

#### **Parents**

Engaging parents in substance use disorder (SUD) and mental health initiatives brings numerous benefits to prevention, treatment, and recovery efforts. Their involvement plays a critical role in creating supportive home environments, fostering early intervention, and promoting resilience in families.

**The goal** of engaging youth health promotes early awareness and prevention.

Method: Educate, build

protective factors, encourage healthy choices by creating leadership opportunities and creating peer support networks. **Collaboration** with schools and communities to implement and strengthen prevention initiatives that could target peers and use their platforms and communication methods to

Social Support network that provides a sense of community and foster a supportive environment that is culturally relevant.

effectively reach youth

demographics.

Prevention efforts, youth coalitions can contribute to the long-term impact on societal attitudes towards SUD and mental health creating a culture of awareness and support.

1st and 2nd quarter

Ongoing:

We are hosting Clips and Conversations in the Minooka school system as well as faith-based youth groups.
We are networking within our counties to connect with different youth groups.

Employment and Workforce	The goal is to promote long-	3 <sup>rd</sup> and 4 <sup>th</sup> quarter	Haven't officially started yet,
Development	term recovery, stability, and	'	but networking is ongoing
Engaging the employment and	self-sufficiency for individuals		
workforce development sector in	affected by SUD and mental		
substance use disorder (SUD) and	health challenges. The		
mental health efforts brings several	partnership seeks to create		
critical benefits. This collaboration	supportive employment		
helps individuals achieve long-term	pathways that empower		
stability in recovery and builds a	individuals, reduce stigma and		
supportive environment for mental	foster recovery friendly		
health in the workplace.	workplace.		
	Method: Form partnerships		
	with workforce development		
	organizations, host educational		
	workshops for employers, and		
	create public awareness		
	campaigns highlighting success		
	stories.		
	Upskilling and career		
	advancement opportunities		
	workforce development		
	programs can provide		
	individuals in recovery or with		
	mental health challenges		
	opportunities for upskilling,		
	leading to higher-paying jobs		
	and more satisfying career		
	paths.		

Measures of Success	
Local Community Leaders	<ul> <li>⇒ Participation in Meetings/Events: Track attendance and active participation of local leaders at monthly council meetings, and SUD/mental health events.</li> <li>⇒ Resource Allocation: Evaluate funding or resources that leaders contribute to SUD/mental health programs, such as donations, space, or promotional support.</li> <li>⇒ Public Communication and Endorsements: Track public statements, social media posts, or endorsements related to SUD and mental health efforts by local leaders.</li> </ul>
Faith-Based Community	<ul> <li>⇒ Program Involvement: Track the number of faith-based organizations involved in SUD/mental health programming, including support groups, educational workshops, or recovery events.</li> <li>⇒ Collaboration on Community Events: Monitor participation in or hosting of community-wide events, such as mental health awareness walks, SUD prevention fairs, or educational seminars.</li> <li>⇒ Certified Recovery Congregation: Track how many churches have become certified recovery congregations.</li> </ul>
Youth Coalition	<ul> <li>⇒ Youth Participation in Programs: Measure the number of youth actively participating in SUD/mental health programs, peer support groups, or prevention initiatives.</li> <li>⇒ Leadership Roles: Track youth involvement in leadership roles, such as youth councils, peer mentorship, or advisory roles for coalition activities.</li> </ul>

	<ul> <li>⇒ Social media and Peer Outreach: Measure youth-led outreach activities on social media or peer-to-peer initiatives, like campaigns, awareness videos, or events.</li> <li>⇒ Feedback and Input: Collect qualitative feedback from youth on SUD/mental health programs to assess engagement and relevance.</li> </ul>
Employment and Workforce Development	<ul> <li>Program Partnerships: Track the number of employment organizations partnering on SUD/mental health initiatives, such as job training for individuals in recovery.</li> <li>Advocacy and Education: Count the number of awareness sessions, workshops, or materials provided by employers to educate staff about SUD and mental health.</li> </ul>