

**Minutes**

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**Attendance and Introductions**

**Coles County ROSC Recovery Navigator, Whitley Grayson**  
**Coles County ROSC Recovery Coordinator, Dana Tell**  
**Wingman Ministries, Gary Stephen**  
**Community Member- Mikhail**  
**Community Member- Timothy**  
**Community Member- George**  
**Community Member- Kevin**  
**Community Member- Edna**  
**HH CORS Navigator- Brandy Schlanser**  
**HH BASE Coordinator – Dani Price**  
**HH BASE Navigator – Tyler Warner**  
**Pavilion Hospital – Scott Deweese**  
**Community Recovery Technical Assistance Specialist Region 4, Julie Pohlman**  
**SAIL Center for Independent Living, Brenda Ingle – Zoom**  
**SAIL Center for Independent Living, Carlee Parks- Zoom**  
**Gateway Foundation- Roberta Hinman- Zoom**  
**Hour House, Tami Clancy- Zoom**  
**West Central IL ROSC, Jeff McFadden – Zoom**  
**Vermillion Co ROSC, Wendy Lambert – Zoom**  
**Teri Moore, Circle of Care – Zoom**  
**DRS, Adam Flack- Zoom**  
**Family Guidance Center, Kristin Davis – Zoom**  
**HSHF, Jen Hurt – Zoom**  
**ROSC Supervisor, Jenna Hays- Zoom**

**Welcome and Introductions:**

Dana thanked everyone for coming to the meeting. She noted that it is noon. As a council we decided that we will try to stay on schedule because our council recognized that transportation is an issue in Coles County so we partnered with the LifeSpan Center to hold our meetings here so that anyone wishing to attend can use the Zipline to get here. We will wrap up the meeting by 1pm so that anyone riding the Zipline can be downstairs to catch the bus at 1pm and get to their original bus stop before 2pm.

### **Minutes and Agenda Approval:**

Dana asked the Council to look at the minutes from September. Whitley put them on the screen for those attending by Zoom. Dana asked for a motion to approve September's Minutes. Julie motioned and Brenda seconded. Dana asked for a motion to approve October's Agenda. Brenda motioned and Gary seconded.

### **Guest Speaker:**

Dana explained to the council that the council had decided that they wanted to hear from a person with lived experience at each meeting. These stories offer hope, remind us why we are here and help us to stay focused on filling in the gaps in our community. Whitley schedules the guest speaker each month so Dana asked Whitley if we have a speaker for this meeting. Whitley then introduced Mikail. Mikail gave his recovery story. His story was full of hope, strength and encouragement.

### **Navigator News:**

**Jail & Probation Update-** Whitley informed the Council that there hasn't been much change since she started offering weekly education groups at the Coles County Jail. She has been seeing the same people each week she has been there. Whitley will continue to help facilitate education groups at the Douglas County Jail as needed. She holds weekly education groups at Probation, LifeLinks, The Haven, and Hope. Additionally, she offers monthly education groups at the Mattoon Library and Charleston Library that are open to the public. The October education groups will focus on "Recovery Capital," next month is "Gratitude."

### **Goal Status:**

**Facebook-** Dana shared that the Facebook status is still Excellent, with 228 likes and 442 followers. She thanked everyone for liking, sharing and reacting to the posts that are on the page. She encouraged everyone to continue to share with their friends. Whitley encouraged everyone to invite all their friends.

**What 3 goals for fiscal year-** Dana asked the Council about the 3 goals. Dana read through our strategic plan (that was also attached to the email this morning) to share what is on the plan and what we have done so far. She then opened the floor up for discussion. Dana gave time for those attending to offer ideas. Dana offered information on Certified Recovery Congregation program the Statewide ROSC Program has been talking about. The council seemed interested in taking this goal on and offering it up to churches and faith-based organizations. Gary asked what the benefit to the churches would be, and asked to talk to a church who has become a certified Congregation. Some offered different churches like Truth and Grace, United Christian Church, Family Worship Center in Mattoon and Charleston, First Presbyterian Church in Mattoon and Charleston, Pleasant Grove Church, Buck Grove and Freedom Life.

**Disbursing the upcoming survey-** Dana asked for ideas on how we can disburse the Survey required for our deliverable. Whitley read the Effingham Survey as an example of what our survey may look like. Bonnie suggested CEFS if available in Coles County, the County Board Meeting, and therapist offices. Julie suggest Birth to Three program, and to offer paper forms and QR Codes so people can fill them out online. Whitley said Health Departments, Mental Health Departments, and walk in clinics. Jenna brought up talking about milk and honey who

may allow customers to fill out the surveys and turn it in to them to get a free something as an incentive to filling out the survey. Council continued talking about how supportive Milk and Honey is to those in recovery. Dana wrapped up the conversation by saying there were several places that were mentioned but she would need help in getting all these places on board. Dani suggested a master list that shows who is talking to who so that others know who they can approach about the survey.

### **Activity Updates:**

**Safe Passage** – Charleston Police Department and Mattoon Safe Passage Program is continuing to operate.

**Deflection Program**- Has launched and is operating in Coles County.

**Narcan training**- Dana mentioned that there was a training at EIU for the addiction class, and a health fair coming up where she would be doing Narcan training.

**Narcan Distribution sites**- We have 69 sites in Coles County. We continue to look for more places available to display Narcan, Fentanyl test strips, Xylazine Test Strips, and Detera Bags. Most of our sites have all of these. Most of these locations also display our monthly newsletters.

### **Past Events:**

**Proclamations**- Dana told the Council that the Mayors from Mattoon, Charleston, Ashmore, Oakland, Humboldt, Lerna and the Coles County Board signed Proclamations declaring September Recovery Month for 2024!

**Hobby Fair**- Dana shared that the Hobby Fair that we partnered with EIU Academy of Life Long Learning and the Coles County Council on Aging at the LifeSpan Center went very well. It was on September 9<sup>th</sup> from 10-2pm. We had 20 Hobbyist who displayed their hobby and shared what they do with their time. We had a great turn out from the community who came to see the different hobbies.

**The SAIL Expo**- Dana shared that the Coles County ROSC participated in the SAIL Expo and connected with the other almost 70 exhibitors. It was very well attended by community members and a great exposition of the organizations in and around our county.

### **Upcoming events:**

**October—Pop-up Narcan Sites**—Dana told the Council we are having pop-up Narcan locations where we can educate the community what Narcan is, how to use it and why they should carry it.

**November 7<sup>th</sup> is Drug Court Graduation**- Dana encouraged council members to bring items to the next council meeting on November 4<sup>th</sup> so we can make bags for each graduate.

**November- 100 Homeless Bags**- Dana told the Council that due to November being Homeless Awareness Month, we will make another 100 bags for people experiencing homelessness. Dana said these bags will go to places like the homeless shelter, Police Departments, Wingman

Ministries, Resurrection Point and the Mission House. We are currently collecting 100 of different items to put in the bags.

**Winter Clothing Drive**—Dana told the council that we are currently collecting winter clothing for our 3<sup>rd</sup> annual Winter Clothing drive. The items will keep them at the ELKS until November when we will have disbursement days after Thanksgiving before the weather gets cold. The ELKS received \$2000 to purchase items for the Clothing drive. Having multiple distribution days will allow people who need a coat to go there and pick out a coat that fits them. This will also allow them to go back multiple times if needed and no one will have to fill out paperwork or prove they are in need. Items can be dropped off at the Mattoon or Charleston Library.

**Community Meetings**- Dana mentioned the other community meetings. She encouraged others to attend the Interagency Meeting led by Ky Newsome who is looking for a new facilitator, and the Citizens Against Child Abuse by Kim White, and the Wellness Collaboration by Laura Bollan.

**Next Meeting:**

Time and Meeting Location: Our next meeting will be on Monday, November 4th at noon at lifespan center or by Zoom at the same time.

<https://zoom.us/j/96781724024?pwd=b3hFWDV1cExYa0pEa1BqTUx6ejJLUT09>

Meeting ID: 967 8172 4024

Passcode: 611963