

Attendees: Kristina Drum, Bobbye Scott, Jonathan Burns, Julie Pohlman, Andy Riggs, Cindy Hanley, Norm Wilson, Lisa Blackwell, Amber Clark, Camille Gordon, Adam Lovell

Minutes

Agenda Item: Introductions of attendees/Favorite Fall beverage

Spotlight speaker – Jody Heavilin/ Administrator, Alcohol Policy Resource Center/Prevention First. The Illinois Alliance on Reducing Underage Drinking was formed in early 2020. The alliance expanded its focus to include youth cannabis use prevention and formally changed names in 2022 to the Illinois Alliance on Reducing Youth Substance Use. The Illinois Department of Human Services, Division of Substance Use Prevention & Recovery takes the initiative allowing stakeholders to:

- Share current youth substance use prevention efforts being implemented in Illinois
- Share information on best practices to reduce youth substance use
- Share data and research on efforts to reduce youth substance use
- Review the Illinois STOP ACT report, Unify prevention efforts in the state of Illinois

Sustained efforts to reduce underage drinking are needed at multiple levels, including prevention, intervention, treatment, recovery, enforcement and research on policies, programs, and practices. This multifaceted approach is needed to maintain the current successes and continue to lower the prevalence of underage drinking, along with the many problems associated with alcohol use. Wider adoption, implementation, and enforcement of evidence-based policies and programs will support this effort.

Prevention First's Alcohol Policy Resource Center provides training, education, resources and tools on evidence-based alcohol policy strategies to municipal leaders, law enforcement and community coalitions focused on preventing or reducing underage drinking in communities throughout Illinois. Core services include webinars, law enforcement training, resources and tools, technical assistance, conferences, exhibits & meetings, and workshops. The Alcohol Policy Resource Center has Toolkits on the Prevention First website.

The Illinois Alliance on Reducing Youth Substance Use meet 4 times a year. The next meeting will be held on December 10th from 2:30 – 4:00 p.m. for a brainstorming session on ideas or

strategies for meeting people where they are ahead of time frames where heavy drinking and substance experimentation tend to be higher and ideas or strategies for addressing interconnected issues (substance use and sexual violence).

Recovery Navigator Update: Kyle is on leave with his precious baby boy and family until October 22nd.

Communication Campaign: We are partnering with Prevention First to host a virtual panel on October 16th, Addressing Stigma/ Families & Substance Use Disorder. This engaging panel aims to shed light on the often-overlooked stigma faced by families affected by Substance Use Disorder. The discussion will feature a diverse group of professionals and individuals with lived experience who will share their insights, experiences, and strategies for fostering understanding and support within the community.

Key Objectives of the Panel:

- **Define Family Stigma:** Gain a comprehensive understanding of family stigma and its implications for those dealing with Substance Use Disorder.
- **Recognize Impact:** Explore the profound impact substance use has on family dynamics and mental health.
- **Identify Strategies:** Learn effective strategies for reducing stigma and promoting a supportive environment for affected individuals and their families.
- **Mental Health Awareness:** Delve into the mental health challenges faced by family members and discover ways to offer meaningful support.

Opioid Relief Funds: Kristina and Kyle are scheduled to present at the Clark & Cumberland County Board Meetings in October regarding the Opioid Relief Funds. A revised application requesting all of the Opioid Relief Funds has also been submitted to the Cumberland County Board.

November is Homelessness Awareness Month: We will host a winter drive throughout the month of November, possibly into December. We will collect gloves, hats, handwarmers, socks, and underwear in all sizes for kids and adults. We can have collection boxes at HRC in Marshall, and the Cumberland County Health Department and will look into additional places.

Improving Meeting Attendance and Engagement: Kristina shared the survey results and suggestions on how to improve the meeting. Suggestions for increasing our presence in the community included more paper advertising, Facebook, radio, and more events like the picnic. Other suggestions included increasing action items and decreasing routine reporting. Tuesdays seem to be the best day overall, but there are several conflicts on the second Tuesday of the month. In addition, there were several that suggested the meeting start time should be a little later. Starting in December our council meetings will be held on the 3rd Tuesday of each month at 5 p.m., alternating between Marshall and Toledo with a zoom option.

Reminders/Tasks:

- Please Sign the MOUs and return them to Kristina Drum.
- Kristina will schedule additional opportunities to educate the community on the ROSC Concept.
- Who do we need at the ROSC Council meetings, and how do we get them here?
- We are planning events for the next Fiscal Year, such as the panel events. Council members are encouraged to participate in the planning to ensure their success.

Next Meeting: November 12th, 2024 4:30 p.m. at Calvary Tabernacle in Toledo

New Facebook Page: Please go like and follow The Clark/Cumberland County ROSC [Clark/Cumberland County ROSC Facebook Page](#)