



Southland Recovery Coalition ROSC Meeting Minutes

Date/Time: 10/23/2024 9:30 AM to 10:30 AM

LOCATION: Zoom

PRESENTER(S): Sgt. Assata Olugbala, Law Enforcement

TOPIC: Mental Health & Recovery: Suggestions & Strategies

ATTENDEES		AFFILIATION	ATTENDEES		AFFILIATION
1	Yvonne M. Orr	ICSC, Partner Agency	25	Kenneth Brown	Proactive Community Services
2	Kathryn Straniero	Together We Cope, Partner Agency	26	Ronald Bratcher	Cornerstone CDC
3	Kamil Walton	Cornerstone CDC, Deputy Director	27		
4	April Haymond	Higher Hts Initiative, Network Coord	28		
5	Leonard Noble	Cornerstone CDC, Workforce Dev Dir	29		
6	Kami Garrison	Statewide ROSC TA – Region 3	30		
7	Bridgett Carter	Carter & Carter, Engagement Consult	31		
8	Lamont Wallace	ICSC, Ideal Foundation Mentor	32		
9	May Salman	Together We Cope	33		
10	Maya Hardy	United Way of Metro Chicago	34		
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12	Souheir Rahman	Together We Cope	36		
13	Christine Cornacchia	Together We Cope	37		
14	Neesha Stringfellow	HLM Recovery Will Grundy ROSC	38		
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16	Toni Alexander	Cornerstone CDC	40		
17	Katie Huffman	Together We Cope	41		
18	Latrina Silas	IL Family Resource Center	42		
19	Denise Jones	Tender Touch, Executive Dir	43		
20	Capucine Walls	Cornerstone CDC, Workforce Coor	44		
21	Assata Olugbala	Law Enforcement (Guest Speaker)	45		
22	Glenn Knox	So Suburban Council on Alcoholism	46		
23	Myron Graham, CEO	So Suburban Council on Alcoholism	47		
24	Eula Burge	Proactive Community Services	48		

MEETING SUMMARY: The Southland Recovery Coalition ROSC Council Meeting covered crisis intervention strategies in law enforcement by Sergeant Assata Olugbala, emphasizing de-escalation and compassionate care. The United Mental Health Addiction and Recovery Coalition's annual conference had nearly 200 attendees, and Laura Garcia was honored for her community support. The Women's Wellness Walk in Bremen Township had nearly 300 participants. Denise shared about her successful play, "Beyond the Door," based on her life. The council discussed outreach strategies, including an "elevator pitch" for recruiting new members. The next meeting is scheduled for November 20, with an in-person meeting on December 18.

SOUTHLAND RECOVERY COALITION
 943 EAST LINCOLN HWY • FORD HEIGHTS, IL 60411
 708.758.2565 | WWW.SOUTHLANDRECOVERY.ORG

Changing Communities...Restoring Lives!
SRC ROSC COUNCIL PARTNER AGENCIES
 Cornerstone Community Development Corporation, NFP (Lead Fiscal Agent)
 Indigenous Community Service Center • Together We Cope (Partner Agencies)

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Minute Highlights:

Sgt. Assata Olugbala presented on Crisis Intervention Teams. Background: She's been in law enforcement for 30 years. Formerly worked for the Sheriff's department. Currently serves as a peer support team leader since 2018 and has been a peer support team member since 2008. Trained in Crisis Intervention techniques since 2008. Excited to offer some insight on police response to crisis intervention situations.

Overview

Peer support in law enforcement is offering support to officers who have suffered from traumatic incidents where it's on a level, where they don't need a clinician or something of that level, and once we do an assessment with the officer, if we feel that they need an assessment, we'll refer to a clinician.

There's power in communication! When a call first comes out, and the police are called to a home and we have knowledge, or if it's documented that that home has the history of mental health illness, the first thing the police department will do is look to send a crisis intervention officer. A lot of officers, not every officer, are Crisis Intervention trained, but they try to specifically send a crisis intervention officer to that scene.

Know Your History! There should be a history, and if there's history, they'll educate them before they arrive... what the history is and how they should approach a situation like that. So when the officer arrives, the primary goal is to safely deescalate the situation while providing compassionate care. So once the officer arrives, if they're officer from the district, most likely, they are already familiar with that home, the family member, or who the individual is experiencing a crisis. So we may try to have those resources available before we get there or if there's a person that they connect with, we'll try to make sure that that person is there, to help with deescalating the situation. No time matters but the care for the individual in crisis. It could be 30 minutes. It can be two hours... if we have to spend that time to calm that person down and to we're able to get them to care, or access resources that they need at that time.

Learning Directly from the Community One thing that law enforcement has done was to add a direct source training component within the last six, seven years. Now, when officers are going through our crisis intervention training (which is about 40 hours), and the last two days will include a person who may be a mental health patient or someone who's taking medication. They volunteer to come in to help the officers. So the officer is getting it from this actual source to give them scenarios. If the officers don't respond in a certain way, the volunteer will provide information and encourage them-- how they should respond, what they should say, what they shouldn't say, to get the best response from the individual in crisis at that time. So that has been a big component. It's been a really big help to answer questions, to actually get it from the source of how to approach a situation when the person is not violent, as opposed to a valid violent situation.

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As we know mental health is a prominent part of being in recovery, and it is important as practitioners that we do understand some of the tips that we can provide to those in the community about contacting CIT.

Announcements

Maya Hardy, Regional Director of Development for United Way of Chicago; serves as the Secretary and liaison to the Southland Human Services Leadership Council; manages the regions neighborhood networks. Reminded SRC Members about United Way's April Food Day in April and encourages them to look at the SHSLC's Council Newsletter. If members do have something to share in the newsletter, she asked to receive it in PDF format. Any fundraisers or events that the community should know about, she's happy to share it.

Bremen Township Women's Wellness Walk: SRC volunteers did pass out information on breast cancer awareness, information on Domestic Violence Awareness, which is both of those are being celebrated honored this particular month, and they had a few elected officials out as well.

Beyond the Door Stage Play (written by Denise Jones – SRC's inaugural Recovery Champion). Denise produced an award-winning production that garnered five BroadwayWorld Chicago Award nominations.

- Best Play
- Best Supporting Performer in a Play – Vanessa Abron
- Best Costume Design of a Play or Musical – Alexis Roston
- Best New Play or Musical
- Best Director of a Play– E. Faye Butler

These nominations are a testament to the collaborative genius behind the production, including the visionary direction of Tony Award-Nominated director E. Faye Butler, who brought over 30 years of theatrical excellence to the stage. As the play continues to make waves in the theater world, fans and supporters of "Beyond the Door" are encouraged to cast their votes in each of the nominated categories. **To vote, visit <https://bit.ly/vote4beyondthedor>.**

ACTION ITEMS:

1. Enjoy your Thanksgiving Holiday!!
 2. Invite people to the in-person meeting on December 18th at Cornerstone.
 3. Submit MOU if not already done.
 4. Let's make our newest ROSC Council members feel welcome and comfortable!
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UPCOMING ROSC COUNCIL MEETINGS:

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SRC ROSC Council Meeting Schedule

July 31, 2024	October 30, 2024	January 29, 2025	April 30, 2025
August 28, 2024	November 20, 2024	February 26, 2025	May 28, 2025 (Recovery Conference)*
September 25, 2024*	December 18, 2024*	March 26, 2025*	June 25, 2025

INDICATES: **upcoming meeting** in-person meeting

To be added to the SRC ROSC Council as a member, please email afsmith@cornerstone-cdc.org or yorr@cornerstone-cdc.org

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SOUTHLAND RECOVERY COALITION ROSC

(Recovery Oriented Systems of Care)

Virtual

Standing Monthly Meeting

FYI: SRC ROSC Council Meetings occur the last Wednesday of every month via Zoom unless noted otherwise in the FY25 meeting schedule below.

Mtg ID: 836 3638 1377 | Passcode: 746782

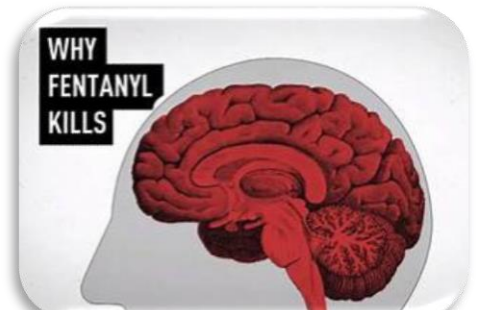


WEDNESDAY, NOVEMBER 20, 2024 | 9:30 A.M. TO 10:30 A.M.



Youth At Risk: An Honest Discussion about Fentanyl

Join this robust conversation about the devastation that Fentanyl is causing in our communities.



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