

Recovery Oriented System of Care



Johnson County ROSC Meeting

09/24/2024

Attendance

Tor Neal, Arrowleaf

Chyrstal Cantrell, PLE

Trina Martin, Arrowleaf

Stacy Simpson, PLE

Jennifer Worthen, PLE

Samantha Carver, Arrowleaf

Notes

- I. Welcome and Introductions
- II. Mission and Vision
- III. Discussion
 - a. To celebrate recovery month, everyone shared why recovery was important to them.

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- b. One by one, they began to share their personal experiences with recovery. One spoke of her journey through recovery, detailing the pivotal moment when she realized she needed help. One person recounted the struggles of navigating mental health, describing the small victories that made each day a little brighter. Each story was unique, yet there was a powerful thread of resilience that bound them together, creating an atmosphere of hope and understanding. They listened intently to one another, offering encouragement and solidarity, each experience enriching the group's collective journey toward healing.
- c. The shared experiences created an unspoken bond, deepening their understanding of one another and fostering an environment of trust. They realized that their struggles were not just individual battles but part of a collective journey toward healing. As laughter and tears mingled, a newfound sense of solidarity emerged, reminding them that they were not alone in their challenges. Together, they celebrated their resilience, leaving the circle with renewed hope and a commitment to support each other through whatever lay ahead.