

## Westside ROSC Council

Lead Agency: Chicago Recovering Communities Coalition

Friday, October 25, 2024

10am – 12pm

[Zoom Meeting Information](#)

<https://us02web.zoom.us/j/695761637?pwd=eVVOUzJlN3VUcXl6WFJzSnVNOVJXdz09>

Meeting ID: 695 761 637 | Password: 038839

### Meeting Minutes

**Welcome Extended by; Venessa Moreno:** Expressed appreciation for members present, and continued support, and to those who were attending ROSC meetings for the first time. Also mentioned that from now on ROSC will be offering CEU's.

**Participant Introductions:** Abby Brooks, Individual; Jocelyn Beckham, Adrian's Purpose Sober Living; Aimee Potter, VA; Angelina Sanchez, Brighter Behavior Choices; Borris Powell, Malcolm X College; Brison Blackwell, Bobby E Wright; Carolyn Hartfield, Consultant; Sandra Harrison, DVA Leadership & Development Training Consultants; Cristina Banda, The Illinois Family Resource Center; Francisco Celis Yanez, New Bethel; John Reed, WestCare; Charlotte Estell, Kalimba Foundation; Walter Houston, Kalimba House; Kami Garrison, Statewide ROSC Region 3 TA; Kimberly Haywood, Brighter, Behavior, Choices; Maria Gonzalez, Campaign For A Drug Free Westside Inc.; Mary Dowling, West Side Heroin/Opioid Task Force; Michael Murray, Individual; Nydia Gonzalez, Association House of Chicago; Orlando Beals, Restoration New Life Ministries Inc; Ruthie Williams, Faith Way Men's Independent Living Facility; Samantha Adamaitis, individual; Sandra Dubson, Mid Central Community Action; Tiffany Webb, Healthcare Alternatives System; Toniesha Roberts, Trilogy behavioral health; Wateka Kleinpeter, N/A; John Wright, CRCC; Chris Leavy, CRCC; Dora Wright, CRCC; Candyce Banford, CRCC; Aimee Rabe, CRCC; Venessa Moreno, CRCC; Darryl Harrison, DVA Leadership & Development Training Consultants; Michelle Meyer, Kane County Health Department; Sharon Cabrera, Kane County Health Department

Our council is made up of members including Hospitals, Treatment Centers, Mental Health Facilities, First Responders, Recovery Programs, Schools, Local Government, Employment Agencies, and importantly persons with lived experience.

**Goals and Objectives by; Venessa Moreno:** Westside ROSC Councils overall goal is to advocate and assist with guiding and monitoring the development of an integrated system of recovery by creating a shared vision to improve availability of services by building a sustainable ROSC Council. Our objectives 1. To create communities of recovery that encourage and integrate resources for the recovering individual, families, and friends. 2. Develop supportive recovery communities that foster growth, respect and understanding of those who have identified problems in the areas of substance use and mental health. 3. Implement effective communication that will allow for inclusion of PLE's (persons with lived experience) voices to be heard.

**ROSC Council Speaker:** Importance of Training and Development for Recovery Community Organizations; Presenter: Westside ROSC Council Team & Sandra Harrison, DVA Training

**Council Updates by Venessa Moreno:** Reminder that if we do not have an MOU with your organization the council would like to make sure to have an MOU with every organization at this meeting. As a goal of the Westside ROSC Council, we will always be working on bringing more speakers to provide community education each month.

## Topic Discussion:

The meeting focused on the importance of a recovery-oriented system of care for individuals with substance use disorders, emphasizing the need for a community-based, person-centered approach. The team also discussed the importance of professional development, decision-making, communication, team motivation, and the role of technology in their work. The conversation ended with an emphasis on investing in team members, understanding their strengths, and the significance of team building and development.

### Recovery-Oriented System of Care Importance

The speaker discussed the importance of a recovery-oriented system of care for individuals with substance use disorders. They emphasized that recovery is a lifelong process, like chronic conditions like diabetes or heart disease, and that it requires a range of personalized support. The speaker highlighted the need for a community-based, person-centered approach that builds on the strength and resilience of individuals, families, and communities. They also stressed the importance of partnerships and networks that increase recovery capital, promoting prevention, early intervention, harm reduction, treatment, and recovery support across a person's entire life. The central focus of this system is to create an ecosystem of supports and resources, placing the person at the center of the process. The speaker encouraged further information on the benefits of a recovery-oriented system of care by visiting the Peer Recovery Center of Excellence.

### Building Recovery Ecosystems and Connections

This portion of the meeting was led by DVA, a leadership and development training consultant. They discussed the importance of connection and building an ecosystem of resources, emphasizing the need for understanding and supporting each other's recovery journeys. They also highlighted the challenges faced in recovery, such as complicated relationships and the need for skill development. The conversation ended with a call for everyone to share a word that describes their recovery journey.

### Professional Development and Team Collaboration

In the meeting, the team discussed the importance of professional development, particularly focusing on health and wellness. They highlighted the need for adaptability in their roles, especially when transitioning from work to home life. Venessa and Aimee were commended for their effective communication and ability to listen and hear each other. The team also emphasized the importance of creativity in their work, using an activity to create a moment for team members to step outside of work and focus on each other. The team's pride in their work and their ability to work together was also highlighted.

### Decision-Making, Communication, and Trust

In the meeting, DVA discussed the importance of decision-making and communication in daily life and work. DVA used a game as an example, where team members had to create a square while blindfolded, highlighting the need for trust and teamwork. He also shared a personal experience where a team created an official prayer after discussing grief and recovery. DVA emphasized the importance of trust and teamwork in overcoming challenges and making decisions.

### Team Motivation and Charcuterie Board

In the meeting, DVA discussed the importance of team motivation and engagement in training and development. They highlighted a team-building activity where the team built a charcuterie board together, which was both fun and creative. The activity was led by Karen Thomas, a DVA team member. The team also shared their individual boards and motivational specializations, emphasizing the importance of teamwork and leaving behind a message of hope and inspiration.

### Introducing DVA and Referral Process

DVA team was introduced and mentioned that they would include the brochure in the meeting's follow-up. She also highlighted their referral process, offering a \$100 referral fee for anyone who books their services. Kimberly, who had been applauding the energy and training, expressed interest in bringing DVA's training to her facility. DVA reassured Kimberly about her growth and encouraged her to stay firm in her identity. The team also discussed the importance of technology and AI in their work, and DVA offered their contact information for further discussions.



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Supporting a Diverse Chicago West Side Community

## Investing in Team Members and Development

DVA expressed the importance of investing in team members and understanding their strengths to ensure the team's collective success. They highlighted the need for professional development and mentorship to enhance skills and knowledge. DVA also emphasized the significance of team building and development, stating that no one can achieve their vision alone. They acknowledged the role of DVA in their strategic plan and expressed gratitude for the team's support. The conversation ended with an invitation for further comments and a reminder of the next meeting's location.

## Closing Remarks

**Venessa:** Thanked the membership for sharing openly and respectfully and we will see everyone next month. Next Westside ROSC Council meeting will be hosted via Zoom November 22, 2024.

### **Please Join Us in Building a Sustainable Westside ROSC Council**

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