



Together We Thrive.

Northwest Suburban Recovery-Oriented Systems of Care (ROSC) Council Membership Protocols FY25

Overview

Kenneth Young Center's (KYC) mission is "We partner with communities to support people of all ages to navigate life's challenges through personalized prevention, intervention, treatment, and recovery." Our vision is "Together We Thrive." Kenneth Young Center's Northwest Suburban ROSC Council is comprised of members who provide community oversight and input from multiple sectors from the Townships of Schaumburg, Palatine, Hanover, and Elk Grove as well as neighboring communities in Chicago's Northwest suburbs. Our target population includes individuals ages 14-65 with a particular focus on veterans and youth/young adults.

About the Illinois Recovery-Oriented Systems of Care

Recovery-Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness, and quality of life for those with or at risk of substance use and/or -co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or "systems of care", with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

What is Recovery?

- A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential. (SAMHSA)
- Recovery from alcohol and drug problems is a process of change through which an individual achieves abstinence and improved health, wellness, and quality of life. The process of recovery is highly personal and occurs via many pathways. It may include clinical treatment, medications, faith-based approaches, peer support, family support, self-care, and other approaches. (SAMHSA)

Vision

- People can and do recover.
- Individuals and families determine the supports and services they need.
- Services and supports are continuous, cohesive across different phases of care and are coordinated across the various agencies involved in their delivery.
- Support for recovery is a community responsibility and value.
- There is inherent flexibility in the system so it can be responsive to different pathways to recovery.
- Measuring quality and outcomes is a system priority.



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Values

- Recognize the right of a person to direct their own recovery and that there are many models of, and paths to, recovery.
- Operate with integrity and a sense of personal responsibility.
- Include the "voice" of peers, family members, and the community in planning and decision-making.
- Implement programs with competency and good stewardship.
- Empower individuals and families.
- Embrace cultural diversity.

Goals

- Building a culture that builds and nurtures recovery.
- Building capacity and infrastructure to support a recovery-oriented system of care.
- Developing commitment to implement and sustain a recovery-oriented system of care.

Meetings

Meetings are held on the third Thursday of each month from 10:30 to 11:30 am. All monthly meetings are virtual via Zoom unless notice is given of a hybrid (in-person and virtual) meeting. Meeting minutes are uploaded to the GSU website.

Recruitment

ROSC Council staff and existing members will recruit potential members through phone calls and in-person meetings, distribution of brochures, social media, presentations, etc. The importance of recruitment is to have representation across community sectors, being inclusive rather than exclusive.

New members will receive an orientation that consists of the following:

- Information on the ROSC history, purpose and structure.
- ROSC Council's vision, goals and objectives, including the Council's Strategic Plan.
- Training in the ROSC Framework to help ensure that all council members understand key concepts such as person-centered care, recovery capital, and the importance of community-based services.

Membership

Stakeholders include, but are not limited to members of the following: individuals that live in the community, local hospital systems, primary care, mental health providers, law enforcement, states attorneys, drug courts, public defenders, Centers for Community Engagement, landlords, local business owner(s), local and state government representatives and policymakers, People with Lived Experience (PLEs), SUD prevention providers, SUD intervention providers (such as recovery homes), SUD treatment providers, SUD peer Recovery Support Services (RSS) provider(s), harm reduction



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provider(s), and others.

To join, please contact recoveryresources@kennethyoung.org.

Member Expectations

- Be active in the community providing resources for all individuals and families.
- Promote community involvement, unlimited pathways to recovery, peer supported recovery, and focus on values, person-centered services, client choice, and health & wellness.
- Participate in ROSC Council meetings and events.
- Promote the work of the Northwest Suburban ROSC Council.

Non-Member Participants

Recovery and system change require input from a wide array of stakeholders, including individuals in recovery, family members, service providers, and community organizations. All community members are invited to attend Council meetings and participate in events. Non-member participants are also encouraged to take part in ROSC Council trainings, Strategic Planning and Community Needs Assessment initiatives.

Community Needs Assessment

All ROSC Council members will complete a community needs assessment to properly identify current strengths and gaps in the service area to support individuals in recovery. This anonymous assessment will be completed annually and be made available in electronic and paper formats.

Strategic Plan

Using the community needs assessment, the members of the ROSC Council will develop/update a strategic plan in order to improve community support for recovery. ROSC Council members will adhere to the strategic plan as developed by the Council and will be an active part of plan revision as needed.

ROSC Council Expectations

- Identify and address the needs of the recovery community and promote infrastructure development of Recovery Community Organizations (RCOs) through training and education.
- Involve People with Lived Experience. Lived Experience means personal knowledge about substance use disorders (SUDs), including co-occurring mental health and substance use disorders (CODs) treatment, and recovery gained through direct involvement, which may include that individual's involvement as a patient, family member or loved one of a person receiving SUD/COD treatment services.
- Create an integration of systems within the ROSC, local hospitals, primary care, mental health, law enforcement, local business owners, local government representatives and policy makers, persons with lived experience and SUD intervention, treatment, prevention, and recovery



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support service providers.

- Build a menu of services and supports including all the components listed in the definition above: person-centered, building on strengths/resiliencies, coordinated, and community based.
- Organize the logistics of ROSC Council meetings, stipends to ensure the participation of people with lived experience, training cost or website administration costs.
- Build capacity for communities to provide advocacy, education, and recovery support services for people in recovery from SUDs and co-occurring (SUD/Mental Health) Disorders (COD).
- Inform, educate, and empower individuals and communities, expanding access to a comprehensive array of prevention, treatment, and peer recovery support service options.

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