

Lee/Whiteside ROSC Minutes

10/23/2024

3pm Minutes

Attendees- Gerald Lott (Executive Director), Lauren Metzler (SVVOR ROSC Co-Coordinator/ Operations Director), Stephanie Reitzel (SVVOR Peer recovery specialist), Justice Castro (SVVOR Peer recovery specialist), Clare Williams (SVVOR Secretary), Whitney Miller (LCSW Roberts Counseling), Diana Belicke (Community Relations Coordinator for Rosecrance Behavioral Health), Monica Allen (Shelter Operations Manager for YWCA of Sauk Valley).

Gerald

- Brief introductions of everyone, introduction of new attendees Diana Belicke and Monica Allen.
- Recover-Con was two weeks ago in Dekalb and it was great. AA held a workshop at the event which is a huge deal as they do not usually collaborate with other events.
- You can listen to the recordings of the speeches and look at the slides from the presentations on our website, www.recover-con.com
- I (Gerald) spoke at a few different conferences in and around our communities. We are one of the most progressive communities in our country, and we have many people in our corner.
- We are currently trying to get a recovery farm here in the area. Hopefully this will happen soon. There is a donor interested, which is exciting!
- We had 38 intakes last month and we are still seeing new people. We now not only help adults, but teenagers as well. We are expecting to get more peers coming in as the weather gets colder.
- We have our Sober Night Out this Friday. This will take place at Haunted Haven in Nelson, IL and we are only accepting 50 people. Currently we have 48 signed up. The flier will be attached to this email. In December we will be having a New Years Eve dance as our Sober event, possibly at Immanuel Lutheran Church in Dixon.
- Currently we are trying to reach out to other towns and counties like Princeton, IL and Morrison, IL
- Justice has scheduled a meeting with Morrison hospital to inform them on how we can collaborate.

Lauren

- Whitney and I are starting a grieving support group with our “trial run” happening in December. There are people already selected for invitation to the first meetings. We are going to make it an official meeting in January of 2025.
- On November 22 at 6pm we will be hosting a painting party with Primitive Falls in Sterling for Sober Night Out. We are having it the second to last Friday of the month, due to Thanksgiving being the following Thursday. Information is on the flier attached to this email. It is limited to only 30 people ages 10 and up. Sign-up through the Phoenix app to be the first 30.

Gerald

- Last year we did a community needs assessment survey. This year it is due by February 2025. We have some questions from the state we are adding to the survey, but we have some from last year that we need to be reworded.

Lee/Whiteside ROSC Minutes

10/23/2024

3pm Minutes

- What place do you associate with drug use in your community?
- Where would you define unhealthy spaces for drug use?
- Have you ever received professional help with substance use or mental health?
- Have you ever utilized a food pantry or community fridge?
- (separate spiritual, social, and cultural into three separate questions)
- **What can we do for ROSC?**

Diana (Rosecrance)

- We started the process of getting our name out there and finding ways we can assist. We help both adults and adolescents, residential care, and other forms of aid. We are newer to the county.

Whitney (Roberts Counseling)

- Lauren and I are working on the grief support group.

Monica (YWCA of Sterling)

- Once we approve people into our shelter, they have to work on getting on their feet. We would love for you to come and give a presentation on services you offer.
 - *Justice and Gerald will set this up*

Stephanie (SVVOR)

- I am working on expanding into smaller towns. There is a lady in Ashton who may want to join the ROSC meetings. Amboy is very supportive.

Justice (SVVOR)

- I am meeting with a nurse from Morrison Hospital next month.