

Ford County ROSC Council Meeting Minutes

Tuesday, November 26th, 2024, at 8:30 AM (Zoom)

Definition of ROSC: A Recovery Oriented Systems of Care (ROSC) is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resilience of individuals, families, and communities to experience recovery and improved health, wellness and quality of life for those with or at risk of substance use and/or co-occurring conditions. The central focus of a ROSC is to create an infrastructure, or “systems of care”, with the resources to effectively address the full range of substance use and/or co-occurring disorders within communities.

Our Mission: Bring the community together to build a recovery support system to improve health, wellness and quality of life, through education, stigma reduction, and access to resources.

Attendance:

Frankie Ward (Ford County ROSC, Chestnut Health Systems)
Kari Knapp (Chestnut Health Systems, Associate Director Community Health)
Barbara Brumleve (Ford County ROSC, McLean County ROSC, Chestnut)
Kami Garrison (Chestnut Health Systems– Region 3 TA – Statewide ROSC)
David King (Community Outreach Manager – Carle Health)
Jennifer Harrison (Director of Ford County Probation)
John Schneider (Chestnut Health Systems, Celebrate Recovery, Livingston ROSC)
Tia Schum (Piatt County ROSC)
Megan Ramirez (Consortium Coordinator - Gibson Area Hospital)
Carrie McKinzie (Professional Relations Manager - Gateway Foundation)
Tim Nuss (Ford County Board)
Jeremy Darnell (Superintendent-GCMS)
Nikki Meyer (Chestnut)
Jessica Johnson (Chestnut)
Johanna Gonzalez (Statewide ROSC)
Brycen McFadden (Oxford House)
Del Saam (Veteran’s Court)
Suzie Walker (Faces & Voices, Program Manager, Curriculum Development)

Agenda:

- Introductions
- Spotlight: Suzie Walker, Faces & Voices, Words Matter
- Updates/Upcoming Events
- Available Trainings
- Agency Updates/Questions

The meeting began with Barb Brumleve welcoming participants and facilitating introductions among attendees, including Suzie Walker. Each participant highlighted their roles in supporting recovery initiatives, with Suzie Walker, the Program Manager for Faces and Voices of Recovery, set to present on the significance of language in the recovery process. The introductions underscored the diverse expertise present, aiming to strengthen partnerships within the recovery community.

Main Topic: Words Matter, Suzie Walker of Faces & Voices

Suzie Walker addressed the various forms of stigma associated with addiction, such as public stigma, self-stigma, and institutional stigma, noting their detrimental effects on access to treatment and individuals' self-esteem. She stressed the importance of using person-first language when referring to individuals with substance use disorders and those in the criminal justice system, advocating for respectful terminology that acknowledges their identities and experiences. Walker further emphasized the role of compassionate language in recovery support settings, encouraging attendees to educate themselves on appropriate language to empower individuals rather than perpetuate stigma.

ROSC Breakout Rooms: During the meeting, Kari Knapp opened breakout rooms for discussion and shared a link to the updated survey draft.

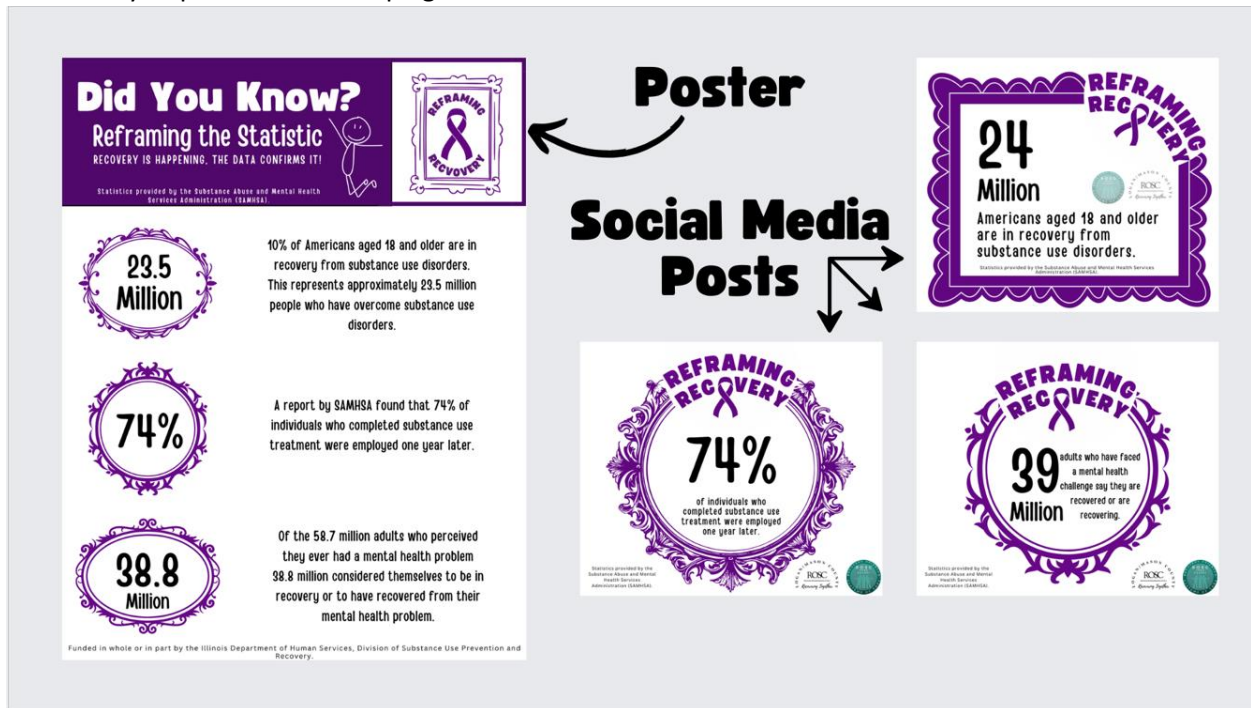


Frankie Ward led a discussion on feedback for the survey questions, with Johanna Gonzalez and Megan Ramirez suggesting revisions for clarity. Plans for the stigma reduction campaign were discussed, including social media outreach and community event engagement. Megan Ramirez provided updates on grants related to substance use disorders, emphasizing collaboration for effective fund allocation. The meeting concluded with brainstorming outreach strategies, including distributing questionnaires to local

schools, and refining language in materials for clarity and effectiveness, fostering a collaborative spirit and community engagement throughout the session.

UPDATES/EVENTS:

Frankie Ward provided an update on the launch of the reframing recovery campaign, which will include monthly themes and social media posts. Barb Brumleve mentioned the distribution of posters in the community to promote the campaign.



Agency Updates:

Meghan Ramirez of Gibson Hospital shared that they have several grants right now that are either already approved, or they are adding a bunch of info into so we can express the dire need for it. Different things concerning just basic SUD, OUD, AUD. We have a whole grant centered on that. We have another one that we're looking into for a mitigation mobile unit. Don't be surprised if Meghan contacts you to learn more about your agency and the community. She shared they have funds and would like to put to the best use.

Tim Nuss extended an invitation to anybody and everybody to the Ford County board meetings. They meet the 2nd Monday of every month at 7pm in the basement of the sheriff's office. You'll always have a platform there to get any and all information out. We have the press there. We have representatives from all over Ford County to help get that information out. I hope you'll start utilizing that as a tool for getting information out. And I also wanted to wish each and every one of you a happy and safe Thanksgiving.

Upcoming Trainings: [Substance Use & Mental Health - Training & Seminars](#) | [CCE Illinois](#)



TRAINING OPPORTUNITIES



RECOVERY AND THE HOLIDAYS

Recovery and the Holidays: Self-Care and Trauma Informed Approaches for a Balanced Season

PRESENTED BY: Jay Hughes
DATE: Wednesday, December 4, 2024
TIME: 12:00 pm - 1:30 pm
CEUs: 1.5 CEUs Approval Pending
TYPE: Virtual (webinar)
LOCATION: Zoom

REGISTER



TAKING CARE OF THE LEADER

Taking Care of the Leader: Guarding Your Why to Avoid Compassion Fatigue & Burnout

PRESENTED BY: Amy Bechtol
DATE: Wednesday, January 22, 2025
TIME: 12:00 pm - 1:30 pm
CEUs: 1.5 (approval pending)
TYPE: Virtual (webinar)
LOCATION: Zoom

REGISTER

SUD Resilient Communities ECHO

November 13, 2024 through June 25, 2025
2nd Wednesday of each month | 10:30 AM-11:30 AM | Virtual
*Session occurs on the 4th or 5th Wednesday

The SUD Resilient and Responsive Communities ECHO will consist of interactive learning sessions to explore Substance Use Disorder (SUD) in the context of community strengths. We will discuss how different communities are learning to be more responsive and resilient around issues of addiction that our loved ones and neighbors may be facing with actual case presentations.



To register, scan the QR code or visit, <https://echo.org/public/program/PRGM17256594025745E180L4A7>

December 11, 2024
Community Organizations Fostering Recovery.

January 8, 2025
Resilience Building for People With a History of Trauma

[Substance Use & Mental Health - Training & Seminars](#) | [CCE Illinois](#)

We hope to see all of you a week early on **December 17th, via zoom, 8:30 AM.**

As always, please reach out if you have any questions, ideas for collaborations, etc. Thank You!!

CONTACT AND SOCIAL MEDIA



[Ford-County-Recovery-a-ROSC-Community](https://www.facebook.com/Ford-County-Recovery-a-ROSC-Community)



[Ford.County.ROSC](https://www.instagram.com/Ford.County.ROSC)



[Ford County ROSC - YouTube](https://www.youtube.com/FordCountyROSC)



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