



## Livingston County ROSC Meeting Minutes

Thursday November 7<sup>th</sup>, 2024, 12-1 pm via Zoom

### **Attendees:**

- Dylan Adair
- Ryan Bohm, Sheriff
- Abby Behrens, Brightpoint
- Melissa- Life CIL
- Kari Knapp, Chestnut Health Systems
- Autumn Olowo, Chestnut Health Systems
- Bahiyah Khalilallah, Chestnut Health Systems
- Erin Broerman, Safe Journeys
- Kami Garrison, Chestnut Health Systems
- Jessica Johnson, Chestnut Health Systems
- Sandra Beecher, Gateway
- Rhonda Looney, PLE/IHR
- Taylor Hartman- Mental Health Board/Youth Commission
- Chrystal Little, Health Department
- Caitlin Henson, IHR (SUPP)

\*Note: You can view the recording of this meeting at:

<https://www.youtube.com/@livingstoncountyrosc9004>.

- **Welcome and Introductions**
  - Name, organization, icebreaker question
- **Quarterly Newsletter**
  - Highlighting updates from the ROSC and the Recovery Community. Sent out at the end of October via email and shared on social media.
- **ROSC Community Survey**
  - The purpose will be to learn about the perceptions on substance use challenges and recovery in Livingston County.
  - This will guide the ROSC Council's Strategic Plan.
  - The Community Survey is being completed by every ROSC Council in the state of Illinois, all with the same goals and on the same timeline.
- **Community Survey Guidelines**
  - The State of Illinois has provided the ROSC Councils with 10 survey questions and demographic information we must include in our community survey.

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- ROSC Councils can create up to 10 additional questions to add to their survey.
- **Survey sent to State for approval:** November 30<sup>th</sup>, 2024
- **Data collection period:** Early December-Early January 2025
- The Community Survey will guide our Community Needs and Resources Assessment that must be completed by **2/28/2025**.
  
- **Slido poll: *What questions/topics around substance use and recovery do we want to learn more about?***
  - Where to access resources (3)
  - Transportation (4)
  - Local sober events
  - Do people feel like there's adequate resources (2)
  - How to present info to teen population
  - Where/how do people receive info for ROSC events
  - Meetings and how accessible they are (2)
  - Have they heard of ROSC?
  - Community thoughts on substance use
  - Do they know what substance use is?
  - Age of experimentation to do more prevention or treatment sooner
  
- **Boots on the Ground**
  - We need to collect a representative sample. Make sure the survey respondents we get accurately reflect the key demographics of our community.
  - This is possible with the help of the ROSC Council!
  
- **Small group breakout discussion**
  - ***How will you/your organization help share this survey in Livingston County?***
    - Share survey with agencies
    - Emails/QR codes
    - Social media/Websites
    - Flyers in local businesses
    - Apartment complexes
    - School districts/superintendents
    - Faith-based communities
    - Finding community champions
    - Senior centers Unhoused population
    - Coworkers
    - People attending events/presentations
    - IHR's substance use department
    - Mailers
    - Library/HCC/ Workforce center,
    - Grocery stores, courthouse, Casey's bulletin boards, gas station bathrooms, nail/hair salons, OSF/Doc Offices/prompt cares, rec center, pregnancy resource center

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- Talking with Deb at United Way about Public bulletin boards
- Add survey to water bill newsletter
- ***What are some potential barriers to getting people to complete the survey and how can we plan ahead?***
  - **Barriers:**
    - QR code not reaching all demographics- have people fill out survey right there on paper
    - Accessibility
    - Personal grudges with organizations
    - Stigma/denial of the issue
  - **Ways to Address Barriers:**
    - Keep survey short, add a time frame
    - Have an appropriate reading level
    - Avoid acronyms
    - Delivery of survey: volunteer groups to help people fill out surveys
- **Next steps for survey**
  - ROSC will receive a draft of the final survey questions, for review.
- **Member updates**
  - Melissa: LifeCIL is moving offices to Downtown, to the building that is currently Home Wishes. Open to the public between November 25-Dec. 3<sup>rd</sup>. There is a driver list of people who need transportation to appointments.
  - Caitlin Henson: In process of partnering with Sheriff's Department and Mr. Ridder to host Drug Takeback Day at Walmart. The final date is TBD.
  - Chrystal: November 16<sup>th</sup> from 8-12 pm, LCHD is hosting Schriener Children's Hospital to be screened for anything orthopedic/sports injury, etc. No insurance information needed.
- **Next meeting**
  - Thursday December 5<sup>th</sup> from 12-1 pm via Zoom
  - Next in-person meeting: January 9<sup>th</sup>. Time and location TBD.
- **Upcoming Trainings:**
  - <https://www.coalitionssupport.org/trainings>

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