

## Meeting Minutes LC ROSC November 21, 2024

10:30 am

Dr. Mary Roberson opened the meeting at 10:30, she shared NIRCO's, Attitude of Gratitude for the month of November 2024.

Everyone was asked to share something they are grateful for.

She shared our Community Survey deliverable from SUPR and encouraged everyone to complete the survey when received.

Barbara Young introduced the presenters from Circle of Care.

Presenters:

Karen Cook-

Terri Moore- Program Planner

Training Being Offered- Grief and Substance Use Disorder Training

CEUs will be available

The training schedule is offered by our ROSC Regions. However, if someone is not available for both days, they can register for the training during another region's time. (9:00 am- 3:00 pm).

At the time of the meeting 300 people are currently registered.

Comfort Bags for Children will include:

Memble Balls

Wooden Hearts

Book-7C Bookmarks

Book-The Feelings Book

Book- In My Heart

Book- Ink About It

The Comfort Bags will be translated in Spanish as well.

-“Handle With Care”- This program collaborates with Law Enforcement, Educators and Mental Health Providers when children experience something in the home.

The presenters encouraged Regional SUPRS to have conversations with them to schedule training.

Karen Cook shared her testimony of losing both parents at a young age and wished this kind of services were available for her. It was what she needed.

Terri Moore shared her email address: [Terrim@hourouserecovery.org](mailto:Terrim@hourouserecovery.org).

Dr. Mary opened the meeting for questions:

Chris Thompson- Thanked the presenters.

Q1. He asked if there was a primary service area?

A. The project is Statewide, all 102 Counties.

Ellen Ewing asked for contact information. It was provided in the Chat box.

Karen Cook stated that this program will not eliminate traumatic events but will diminish them.

NIRCO communicated that we are willing to be a host site for the distribution of the Comfort Bags.

Debra Bobo shared that this program would help her grandchildren deal with the grief of losing her husband.

Shelly with Gateway shared Lake Villa's new Detox in Gurnee with out-patient services.

Muriel Adams shared her grief experience during the loss of her husband.

Ellen Ewing shared that the North Chicago Superintendent and the North Chicago Public library would most likely be willing to be a drop off place.

Devin Steiber shared his personal experience with his daughter and mother.

Final Observations and Comments:

Karen Cook admonished us to send information of other grief support groups to be included in their resource directory.

National Data- Over 300,000 children have been affected by a loss due to SUD. Prayers were prayed over the bags. She then thanked Dr. Mary for the invitation to share and will forward the slides and the training flyer.

Members were encouraged to share their upcoming events:

CJ Jarvis: Home For The Holidays, 12/7/2024 @ Double Tree in Mundelein, IL.

Gayle Nelson- Violence and Trauma event, the flyer was put in the chat for more information. NIRCO-

The Art of Recovery, November 22, 2024, 5:00-7:00 pm.

Shelly Raiman- Thanked everyone for sharing information about the new Detox Center which opened 9/29.2024.

Dr. Muriel Adams- shared her A River Runs Through, upcoming program in Spring of 2025. There will be three co-horts that will explore climate change, how it effects the community and neighborhoods.

She also shared the Urban Stewardship Program, and applications are available January through February.

Dr. Mary Roberson- NIRCO turns 5 years old! November 27 is NIRCO's birthday.

She also shared our NIRCO's Warm Handoff Project.

Meeting ended.