



Date: November 26th, 2024

Time: 11am CST

Location: Zoom

Meeting Agenda:

1. Prayer-Avery Kyle
2. Gratitude Sharing-Everyone
3. Updates from State of Illinois-Tarcia
4. Introduction of guest speaker-Neesha
5. Guest Speaker: Jake Messikomer
6. Next Meeting: December 17th, 2024, at 11:00 AM CST @ Eat the Bone BBQ/Virtual

HLM Recovery R.O.S.C Will/Grundy Council Meeting

The HLM Recovery R.O.S.C. Will/Grundy Council Meeting focused on gratitude and upcoming community events. Participants shared what they are thankful for, highlighting personal achievements and family health. Key events include a holiday party on December 17, a winter coat drive, and a foster palooza on December 21. The Illinois Family Resource Center is gathering data through surveys for youth, families, and providers affected by substance use disorders. The ROSC referral hub was emphasized for its resource-sharing capabilities. Jake Messikomer from Acadia Health Systems discussed his role in connecting clients with appropriate treatment facilities, emphasizing the importance of comprehensive support systems.

Transcript

<https://otter.ai/u/jc-lrSRfn3yhFYtMGYTAInQ-DYA?view=transcript>

Action Items

- [] Neesha Stringfellow - RSVP for the holiday party and winter coat drive.
- [] Reach out to Cristina Banda to participate in the surveys for youth, families, and providers impacted by substance use disorders.
- [] Join the ROSC referral hub WhatsApp group and/or request a copy of the resource guide.

Outline

Opening Remarks and Gratitude Sharing

- Avery Leak opens the meeting with a prayer, asking for blessings for the effort and lives of those they serve.
- Neesha Stringfellow welcomes everyone and explains the purpose of the meeting, which is to share gratitude and updates.
- Participants are asked to share one thing they are thankful for, starting with Allison Thomas from Rosecrance Health Network, who is grateful for her organization.
- Patty Johnstone, the living room director for Trinity Services, shares her gratitude for moving into a new home and getting a new puppy.
- Ben Rudolph, a technical assistant for ROSC, expresses gratitude for his life, breath, and heartbeat.

Continued Gratitude Sharing

- Jarrett Burton, coordinator for DuPage ROSC, is grateful for another year of sobriety and the time to be present at the meeting.
- Tim Brown, program director at Gateway Foundation, is thankful for his family.
- Cristina Banda from Illinois Family Resource Center is grateful for her family's health.
- Connie DeWall, program manager for Will County substance use initiatives, is eternally grateful for her sobriety.
- Blake Worman from DuPage ROSC is thankful for waking up in a warm bed every day.

Further Gratitude Expressions

- Cristina Ramirez from HLM Recovery 180 is grateful for her family, both her work family and her biological family.
- Jenny Demko, Grundy County prevention specialist, is thankful for her daughter's new diagnosis and her son's first home.
- Avery Leak is grateful for the mental health and recovery industry, which has opened new doors for him.
- Tarcia is thankful for her daughter being home for the season, completing their family.
- Jan Dombrowski from Heroin Epidemic Relief Organization is grateful for her family and the friends she has met through her work.

Introduction of Upcoming Events and Community Engagement

- Neesha Stringfellow transitions to discussing upcoming community events and the importance of sharing these opportunities through social media and ROSC partnerships.
- The holiday party and council meeting on December 17 at Eat the Bone Barbecue is highlighted, with an RSVP requirement for lunch.
- The winter drive for coats and winter wear for the RCC J is mentioned, with donations accepted from December 11 to December 22.
- The importance of the grief and grief care support groups, especially during the holidays, is emphasized.
- The I Belong holiday celebration event by Trinity Services is introduced, with Patty Johnstone providing more details.

Community Events and Support Group Highlights

- Foster Palooza on December 21 at Minooka Junior High is discussed, with Jenny Demko inviting families in need to attend.
- The Community Health Fair in Bolingbroke on November 30 is mentioned, with a focus on meeting the healthy needs of the community.
- The importance of the ROSC referral hub and the DuPage ROSC referral hub is highlighted, with a call to action for participants to join and contribute to the resource guide.
- The upcoming CPR training sessions, especially during the holidays, are mentioned, with a focus on the importance of knowing how to use Narcan.
- The Circle of Care training for supporting children who have lost loved ones is introduced, with a call for participants to get trained and provide this support in their communities.

State of Illinois Updates and Community Assessment Survey

- Tarcia provides updates from the state of Illinois, including the upcoming community assessment survey that will go live on December 15.
- The survey will be circulated through QR codes, paper copies, social media, and partnerships with local businesses, schools, and churches.
- The importance of gathering data on substance use disorders and the impact on youth, families, and providers is emphasized.

- The state alert about BTMPS (benzoylecgonine, methamphetamine, phencyclidine, and other substances) found in fentanyl and other opioids is mentioned, with a call to share this information widely.
- The need for ideas and help in circulating the community assessment survey is reiterated, with a call for participants to step up and support the effort.

Introduction of Keynote Speaker Jake Messikomer

- Neesha Stringfellow introduces Jake Messikomer from Acadia Health Systems, highlighting his background and experience in the behavioral health field.
- Jake Messikomer begins his presentation by sharing his nervousness about public speaking and his admiration for the participants' work in the community.
- He discusses the journey of patients and families seeking treatment, particularly for those needing residential treatment.
- Jake shares personal stories of friends and family members who have experienced mental health and substance abuse challenges, emphasizing the importance of support systems.
- He explains his role as a treatment placement specialist, working with clients, families, counselors, and behavioral health organizations to navigate the complex process of finding appropriate treatment.

Attendees:

Neesha Stringfellow-Heartlife Ministries
 Tarcia Leak-Heartlife Ministries
 Avery Kyle-Heartlife Ministries
 Ben Rudolph- ROSC Region 2 Mentor
 Blake Worman-Dupage ROSC
 Cheryl Habeeb-Nami Will-Grundy
 Connie DeWall-Will County Department of Health
 Corinne Broadus-Northern Illinois Recovery
 Cristina -Illinois Family Resource Center
 Cristyna Ramirez- ECS
 Danny Sourbis- Dupage
 Dr. Mary Roberson- LC ROSC Council
 Elizabeth Protich
 Ginni Demko-Grundy County
 Jacqueline Ramirez
 Jake Messikomer- Acadia
 Jarrett Burton-Dupage ROSC
 Patty Johnstone
 Sarah Grunden
 Dr. Sunya Watson
 Timothy Brown
 Annie Ramos
 Jan Dombrowski-HERO
 Allison Thomas- Rosecrance